

# FAT QUARTERLY

Publication of the Eastern Long Island Quilters' Guild

October 2022

## Please Join Us at These ELIQG Activities:

**Wednesday, October 12<sup>th</sup>** (open 6:30; starts 7PM at the Old Steeple Church)

Meeting – President's Challenge – details on page 3. Prizes!

**Saturday, November 5<sup>th</sup>** (open at 9:30; starts 10 AM at the Old Steeple Church)

Meeting – Mystery Quilt Reveal – details on page 3 & 4. Prizes!

**December Christmas Party** (date/time/place/things to bring TBD)

**February 10<sup>th</sup> - 12<sup>th</sup>, 2023** Camp DeWolfe Quilt Retreat (Wading River on the Sound)

Room & food: \$280/person. Payment to Treasurer Nancy Raynor is overdue.



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### ELIQG Board

President .....	Karen Nicholson
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2nd VP/Emails .....	Yvette Acevedo
Recording Secretary.....	Bettina Tripp
Corresponding Secretary.....	TBA
Treasurer .....	Nancy Raynor
Membership Chair.....	Sharon McKenna
Newsletter Editor.....	Jo Anne Powell
Website Chair.....	Colleen Shea
Mystery Quilt .....	Kathy Lake

# September's Opulent Ornament with Paula Nadelstern

Paula sold kits with her Bernatex kaleidoscopic fabric.

1. Cut out two circles, *illustration 1*. There are four of my kaleidoscopic patterns; choose two identical designs or combine two different ones. Choose two of the same colorway or two different.

2. Think of the 6" styrofoam ball as the earth; identify the north pole, south pole and equator. Insert a steel flathead pin in the exact center of one of the kaleidoscopic circles and stick it deep into the north pole of the ball.

3. Smooth the fabric down around the ball, pinning at four equi-distant points along the equator. Add another pin halfway between each of the first four pins.

4. Notice how a ruffle of fabric is created toward the equator, *illustration 2*. Cut through the center of each ruffle from equator toward the pole, snipping away just enough to smooth and even out the fabric around the equator until it lies flat on the ball. Use pins as needed to create a smooth fabric surface on both hemispheres of the ball. Add as many pins as you need; they'll ultimately get camouflaged under the next layer. Re-pin as needed to flatten the surface.

Tug the fabric into submission. You may have to pleat excess fabric into a tuck or trim surplus. Beading will resolve minor issues.

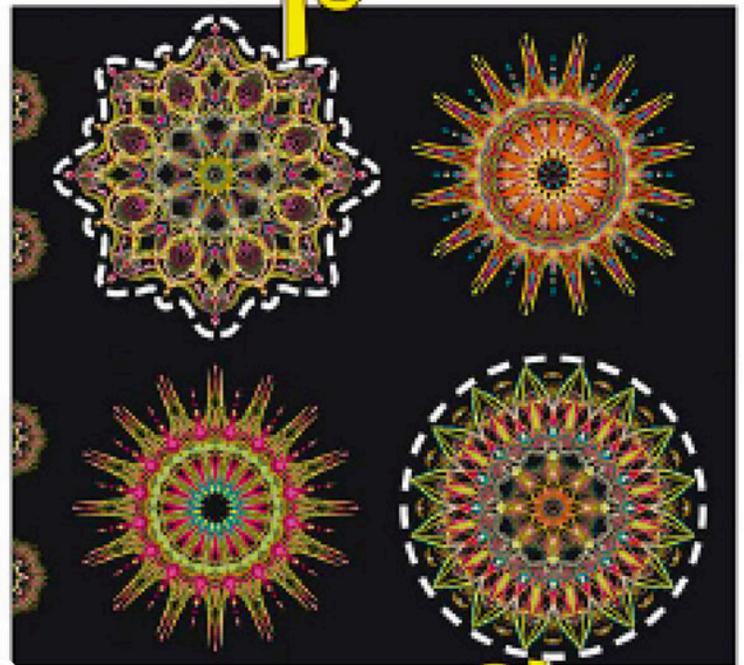
5. Repeat at the south pole. Overlap the two circles without great concern to match patterns on the equator.

6. If needed, cover the equator seam with starbursts cut from along the selvage, *illustration 3*. Pin into place, using decorative or flat steel head pins, *illustration 4*.

7. Embellish with pins having colorful heads or with stacked beads & sequins to highlight the kaleidoscopic patterns, while camouflaging and reinforcing raw edges.

8. Finish by securely attaching a small plastic ring, large eyed needle, or other loop 2" from the north pole for visual interest. —A wonderful hostess gift!

Illustration 1 Cut along contour of design



Cut along perimeter of design



Illustration 2



Cut through the ruffle to smooth it out flat

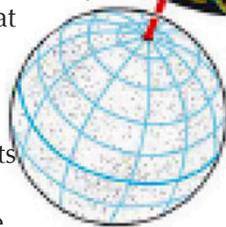
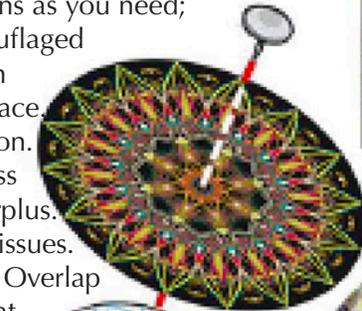
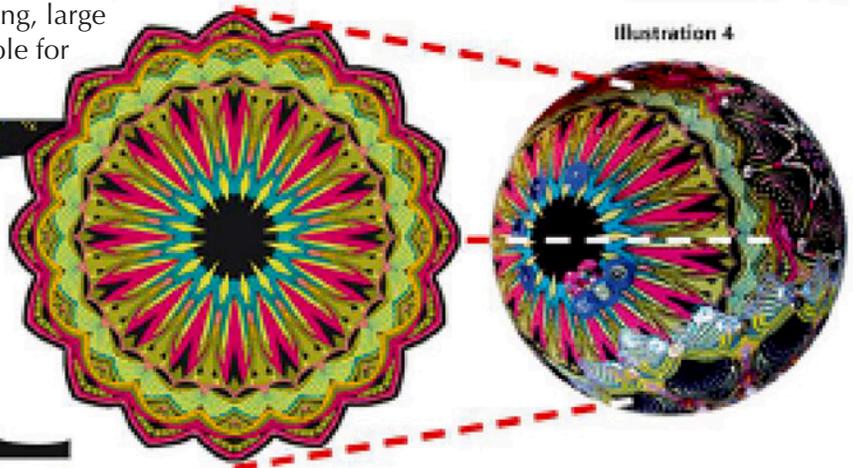


Illustration 3



Illustration 4



# You're Invited to Huntington Quilters' Guild Oct. 4<sup>th</sup>

The meeting location is 189 Burr Rd., East Northport at 7:30 when Jo Anne Powell will present her trunk show of **Family Tree Quilts**.

Family experiences are as different as there are people on earth. Quilts can be that unique as well! In addition to the variety of fabrics at our disposal, the design and very concept can make a quilt stand apart. One could start with a list of forebears, photos of grandchildren, a traditional tree block, or even an image of the treehouse where you may had fond childhood memories. Whether the focus is family or tree, you should have fun with it!

JoAnne will show a suitcase full of her varied Family Tree Quilts, encouraging others to give it a try!

**This playful family tree, complete with apple-sized baby photos was created for her third granddaughter.**



# October President's Challenge Due October 12<sup>th</sup>

Have you started your President's Challenge yet? The parameters leave a lot of room for creativity and the rules are simple:



Pick a magazine from the President's Mystery Bag. Select a number from the President's Number Bag. Find the page number in the magazine. Find something on that page to inspire your quilt.

It could be from a picture on the page.

Or a part of a picture on the page.

A word or words on the page.

Certain colors.

Be creative and have fun!

The quilt can be any size or shape.

**The President's Challenge is due October 12th.**

Save your magazine to share at the October meeting. The label on back of quilt should have magazine used, your name and the name of your quilt. Your quilt should have a sleeve on the back. Prizes will be given at the October meeting!

# Mystery Quilt Reveal November 5<sup>th</sup>!

Even if your Mystery Quilt isn't quite bordered, bound or is missing a sleeve or label, be sure to bring it to the November meeting for all to enjoy!

# Drafting Cable Borders

Having seen the long-awaited ELIQG Mystery Quilt reveal in the September Fat Quarterly, I decided to search out quilting patterns, when I discovered: [carolyngibbsquilts.co.uk/techniques/quilting/quilting-design/drafting-cable-borders/](http://carolyngibbsquilts.co.uk/techniques/quilting/quilting-design/drafting-cable-borders/)

To get a cable border which is the right size for your quilt, measure the border width. Your quilting design will need to be a little narrower, so subtract  $\frac{1}{4}$ " for the outer edge seam allowance. Subtract at least another  $\frac{1}{2}$ " to give a little "breathing space" around your quilting design on the inner and outer edge, and will avoid the need to quilt an area which has a seam allowance under it.

Next measure the length of the border without the border corner square (actually the inner border length). If your quilt is rectangular rather than square, you will have two different inner border lengths. Corners are designed separately.

Now find a suitable length for your cable so that a whole number fits into your Inner Border Length. This can either be done by math, or by pleating a long strip of paper – **details are in the *Drafting Cables pack available in my online Shop for £10.***

Cable quilting designs can look very different, depending on your choice of shape and style.

Once you have chosen the length and width of cable that will fit your borders, you need to draw it out. If you have a logical mind, you may be able to work it out from the diagrams at right. **The *Drafting Cables pack*** includes a set of written instructions which explain how to draw the cable onto a background grid, using reference marks to get the cable symmetrical and even. Reference marks are placed on the grid to keep the cable symmetrical

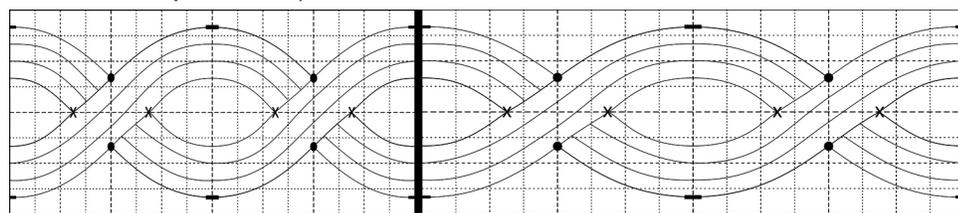


illustration 1

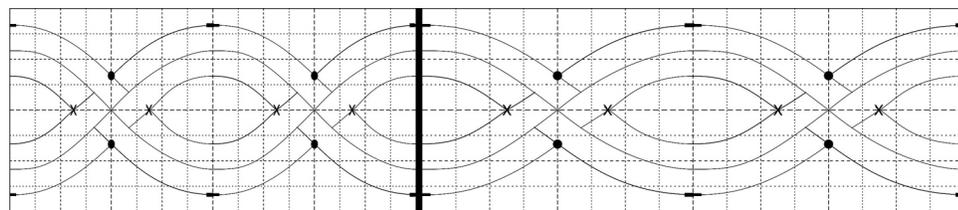


illustration 2

and there are options which can change the style of the cable, e.g. twisted (*illustration 1*), woven (*illustration 2*), or continuous (*illustration 3*).

How can you reliably get the size of cable you need for your quilt? My grid has been designed on the computer, so that it can be stretched or squashed to whatever shape and size is needed. To get a fat cable or a thin cable, only the grid proportions are changed – the cable structure crosses the reference marks at the same places on the grid, but sometimes the grid "squares" are not square. Compare the left side of *illustration 1* to the right side of *illustration 1*. Same with *illustration 2*.

**The *Drafting Cable pack*** has step-by-step instructions for two styles of cable, a variety of sizes of grids to practice with, and access to a Microsoft Word file of the Mastergrid, so that you can print out a grid of whatever size you need (save to Pages, if you have a Mac). If you decide to design integrated corners, the technique pack includes several design suggestions, and shows you how to draft corners that flow from your cables. One possibility for a two strand cable is shown below (*illustration 3*).

If you've never tried to design any quilting pattern yourself, why not give cables a try? These instructions will be enough for some; others may want to use **the *Drafting Cables pack***.

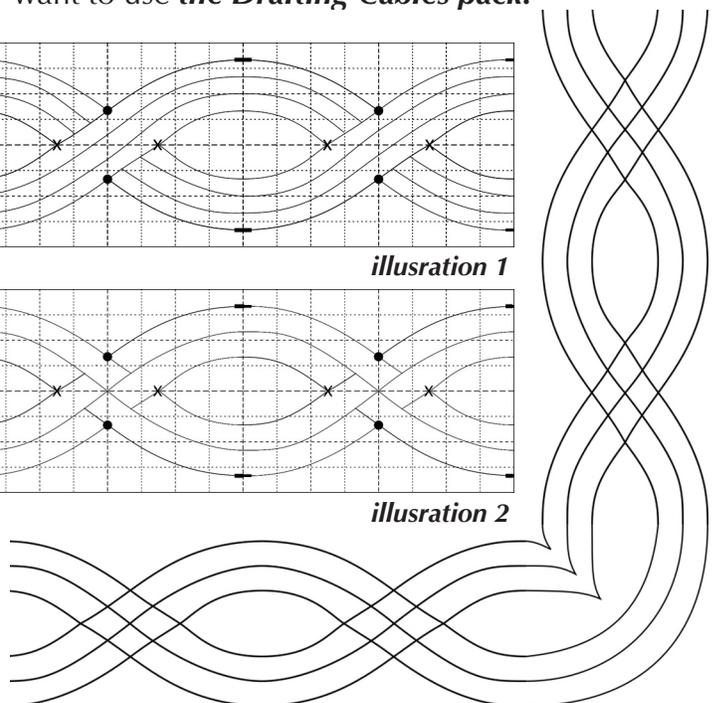


illustration 3

# Guild Scraps

This column is a chance for members to share a tip, notice of a show, a possible workshop, or a recent quilt. Let's keep each other updated by sending an email to [eliqgnews@gmail.com](mailto:eliqgnews@gmail.com).

## SHOWS:

Road trip! Combine a quilt show with a "B'way" show in Buffalo or Rochester, or a lovely stay at a quaint Finger Lakes B&B....



**October 1-2, 10-5:** Tompkins County Quilters Guild Show, 170 North Street, Dryden, NY

**October 7-8, 9-4:** Kenmore Quilters Show, 2368 Eggert Road, Tonawanda, NY

**October 14-15, 10-5:** Museum Quilt Guild Show, 10708 Alexander Rd, Alexander, NY

**November 5, 9-3:30:** Reverse Curves Guild Show, 4146 East Main St., Williamson, NY

## HELPING OTHERS:

CAST has been helping struggling community members meet basic needs since 1965. As part of the fall fundraiser, we would like to collect by Veteran's Day knitted hats & scarves donated by local crafters/artists to showcase & sell. I can collect items at the October meeting.

– Diane Peterson, [dpeterson@castnorthfork.org](mailto:dpeterson@castnorthfork.org)

## SOLUTIONS:

I love challenges. It's how I force myself to grow. Two of my favorite were the Prince and Diana Cherrywood challenges. While I was confident I could create a decent portrait, my challenge was not infringing on a copyrighted photo. So I looked at numerous photos, altering hair, changing a shirt, shifting the light source – you get the idea.

Currently, one of my quilt guilds issued an "Abstract" challenge, because there had only been one abstract quilt in its previous show. I researched thistles and simplified the shapes. When I finished the 12"x12" top, I realized that practically all quilts were simplified designs. While my second even-more-simplified attempt pleased me, it STILL didn't look abstract. Next, I REALLY simplified the shapes to their basic forms. While I seem to have achieved my goal (despite poor contrast), I may stick to portraits. That's the beauty of the 12"x12" format. There isn't a huge investment in time or materials, and I can always trim them down to donate to the QCNY 10"x10" Wee Little Quilt scholarship fundraiser: [qcnys.org/weequilts/](http://qcnys.org/weequilts/).



– JoAnne Powell