2021 WEDDINGTON CHASE SWIM TEAM REGISTRATION

Welcome back Wild Dolphins!!

Weddington Chase Swim Team registration packet will be available this year **March 1-28th.** Swim Team is open to Weddington Chase resident children ages 4-18 (or having just graduated from High School as of May 31st). The swimmers must be able to safely swim across the 25-meter pool unassisted. There are no tryouts. *Pre-Team Group Lessons will <u>not</u> be available this year, but assistant coaches are available for individual lessons. If swimmers become able to join the team at a later date following lessons, we will be happy to add them.

2021 COACHES

Our Head Coach will be Theresa Keisler.

Assistant coaches will include Greyson Keisler, Alex Cerreta, and Abby Pfizenmaier

REGISTRATION FEE

This season's registration fee is \$150. Included are all practice times, meets, team photo, t-shirt, and swim cap. Sibling and year-round swimmer discounts will apply through March 28th. Late registrations will not be discounted (\$150 ea).

PRACTICES

Practices will take place Monday-Friday for 30-90 minutes per group, from 3:30-6:30pm (May 17-28), and from 8:30-11:30am (June 1- July 2). We will only be able to practice with 14 swimmers at a time (1 swimmer per lane per end of the pool), so specific times will not be determined until after registration when we have a better idea of how many families would like to participate. *Your flexibility is appreciated.

MEETS

Meets will be completely **virtual** this year and will take place at the Weddington Chase swimming pool only. Our team will compete in 5-6 total meets that will take place every Monday and Thursday at 6pm (June 7-24). Swimmers are asked to arrive at the pool by 4:30pm before meets to warmup. Practices will still occur on the mornings of meets. There will be no All Star competition this year due to Covid.

TEAM SUITS

We will use the same team suits as 2019. The team suit is not required, swimmers may also use a team suit from previous years, or a different suit that is a similar blue or black. Carolina Swim Shop is open for swimmers to go into their location to try on suits. *Labeled goggles, water bottles, and kick boards will also be required this year for each swimmer. There are no specifications for these particular items.

IMPORTANT VOLUNTEER INFORMATION

When it comes to running summer swim team in the community it takes a village for everything to run smoothly and therefore, **volunteering is required of all swim team families**. This year we are asking that each family sign up for 3 volunteering sessions during registration. In the past, we offered half meet signups, however we will only allow signups for the full meets this year to keep better control over who enters and exits the pool area. Once meets start, no one additional will be allowed into the pool area to help us better limit the quantity of people we have poolside, and to limit the sharing of supplies. Spectators will not be able to watch poolside, but we would like to encourage masked cheering on the outside of fence (masked and socially distanced). Yes, this is strange, but all of the changes are to allow us to have a season. The day after registration, we will designate remaining volunteer positions to those who have not yet signed up.

COVID SAFETY PROTOCOLS

The pool area will be closed during practice times for swimmers, coaches, and lifeguards only. Temperatures will be taken upon arrival and heath check forms will be required daily. There will be a carline set up for safe drop off and pickup. Swimmers will meet outside the pool area with their coach before entering. If you are not a swimmer, please go around the clubhouse to access restrooms during practices. Areas within the pooled area will be marked with cones to help keep

everyone socially distant. During meets, all adult volunteers will be required to wear masks. **Your support and** assistance with maintaining safety protocols will be necessary for us to hold a season. Participants will who fail to comply will be asked to leave. *please review the attached protocol document prepared by Coach Keisler for all additional safety procedures we've added this year for our friend, Covid.

Please contact our 2021 Team Reps, Hannah Heaslet or Jenn Jones for additional information.

Please keep an eye out for the registration packet on March 1st that will cover all additional details including how to order swimsuits, how to schedule lessons, additional Covid reminders, T-shirt order forms, and specific dates for pictures and award celebration.

GO WILD DOLPHINS!!

Hannah Heaslet- <u>hannahheaslet@yahoo.com</u> Jenn Jones- <u>jennelizjones@gmail.com</u>

2021 Weddington Chase Swim Team Registration

Meets

Monday	June 7	Home	Brandon Oaks	6PM
Thursday	June 10	Home	Southampton	6PM
Monday	June 14	Away	Somerset	6PM
Thursday	June 17	Away	Stone Creek Ranch	6PM
Monday	June 21	Away	Beverly Crest	6PM
Thursday	June 24	Home	Cameron Woods	6PM

^{*}swimmers need to arrive to ALL meets by 4:30PM to warm up

Regular Season Practices

Age Groups	May 17-28, 3:30-6:30PM	June 1- July 2, 8:30-11:30AM
	(UCPS in session Mon-Fri)	(Summer schedule Mon-Fri)
6 & under	TBD	TBD
7 & 8 year olds	TBD	TBD
9 & 10 year olds	TBD	TBD
11 & 12 year olds	TBD	TBD
13-18 year olds	TBD	TBD

^{*}Practice times are subject to change based on numbers of swimmers in each age group.

Important Dates

May 17- First day of Practice	June 7- Picture Day before meet 4pm
June 3- Time Trials 4:30 PM	July 7- Virtual End of Season Party
May 31- No Practice	

2021 Weddington Chase Wild Dolphins Swim Team

*please print this form and return with check to Hannah Heaslet, 7900 Rockland Trail or Jenn Jones, 1800 Fairburne Court

Swimmer	Age On 5/31	Birthdate	M/F	T-Shirt Size*
				YS YM YL
				YXL AS AM AL
				AXL A2XL
				YS YM YL
				YXL AS AM AL
				AXL A2XL
				YS YM YL
				YXL AS AM AL
				AXL A2XL
				YS YM YL
				YXL
				AS AM AL AXL A2XL
Address:Email(s):				
Mom Cell:	Dad Cell:			
Emergency				
Contact:	Phone:			
Medical Conditions we should be av	vare of:			
FEES: Make checks payable to I	Weddington Chase Swim Tea	m, discounts	availab	le through 3/28
One swimmer \$150	Three Swimmers \$325			
Two Swimmers \$250	Four Swimmers \$400			
Year-Round Swimmers \$110	Pre-Team Group Lessons \$125			
*Parent t-shirts (\$25ea)- please specif	fy quantity and sizes			
D C'		Date		

Weddington Swim Team Volunteer Positions

Please print and return with registration form.

Each family is required to volunteer for 3 slots in the schedule below. Please fill in 5

blanks so we can do our best to accommodate everyone. Thank you!!

	Brandon Oaks	Southampton	Somerset	Stone Creek Ranch	Beverly Crest	Cameron Woods
	Monday 6/7 home	Thursday 6/10 home	Monday 6/14 away	Thursday 6/17 away	Monday 6/21 away	Thursday 6/24 home
Stroke/Turn						
Stroke/Turn						
Timer						
Timer						
Timer						
Timer						
Timer						
Timer						
Runner						
Head Timer-order of finish recorder	er					
Clerk of course						
Clerk of course						
Clerk of course						
Hy-tek reader/input						
Set up						
Break Down						
Gate Keeper						
Ribbons						
*The below positions will remain for the whole season	or the whole season					
Volunteer Coordinator- Contact person for all volunteer questions and scheduling	son for all volunteer questions	and scheduling	Wendy Hamilton			
Stroke and Turn Coordinator- Trainer			Mark Pfizenmaier			
Coordinator and Announcer			Jenn Jones			
Secretary and Treasurer			Hannah Heaslet			
Photographer						

Weddington Swim Team Volunteer Positions

Stroke and Turn

Stroke and Turn volunteers are required to participate in a one hour video training session. They will be required to observe swimmers strokes and touches to be sure that they follow league rules. No previous experience necessary. You will sit at one end of the pool with a volunteer from the other team. First half stroke and turn volunteers must be present a few minutes before the meet begins to set up. Second half volunteers must be prepared to stay until the end of the meet.

Timers

Timers stand at the end of the pool and use the provided stopwatches to time each race. Each lane will have a timer from both teams. Times are recorded from both volunteers. First half timers must be present a few minutes before the meet begins for a brief training session. Second half timers must be prepared to stay until the end.

Head Timer

The head timer is a job only available at home meets. You will stand at the end of the pool with the timers, starting your provided stopwatch with each race. If someone's stopwatch malfunctions for any reason you will give them your watch or time their land for them. First half head timers must be present a few minutes before the meet begins for a brief training session. Second half head timers must be prepared to stay until the end.

Runner

The runner collects the timers' pages and takes them to the volunteers entering the times. This job is only available at home meets (*except for this year when all meets are at home). Timer sheets need to be collected about every 15 minutes, so this is not a constant job like the first 3 listed, but it is busy.

Ribbons

This person will place stickers on appropriate ribbons from a list generated by the volunteer entering times that will be distributed by the coaches at the following practice.

Clerk of Course

Clerk of Course volunteers make sure that the kids are in the right places for their events. Each person is in charge of a particular age group. This job can be very busy when your age group is lining up, but definitely has down time.

Hytek Reader

This volunteer will insert the times from the timer sheets to a Hytek data computer.

Set Up

The volunteer who sets up will only be needed for home meets (*except for this year when all meets are at home). Their job will entail setting up chairs and benches for the swimmers and setting out clip boards, stopwatches, and heat sheets to those who need them. Also, placing parking signs, opening the restrooms and making sure they are equipped with supplies, and propping open entry gates. This volunteer is asked to come to the pool from 4-5pm. They will not be needed for additional duties during the meets.

Break Down

The volunteer who helps break down will only be needed for home meets (*except for this year when all meets are at home). Their job will entail putting away chairs used by the swimmers and volunteers, and returning clipboards and stopwatches to their designated bin. Also retrieve parking signs, closing restroom doors and entry gates, and helping return the pool area to a tidy retreat. We ask that this volunteer does not begin to clean up until guests have left the pool area. They will not be needed for additional duties during the meets.

* A few reminders for all meets-

Please arrive on time. The coaches work hard to ensure all swimmers are included in the races and we require time to account for everyone in attendance. If your swimmer cannot attend for any reason please contact Theresa as soon as possible!

Please write your child's heat schedule on his/her arm with permanent marker prior to arrival.

Alcoholic beverages are not permitted during swim team events.

Please come in support of all swimmers. Negative or inappropriate comments will not be tolerated.

WEDDINGTON CHASE SWIM TEAM

COVID SAFETY PROTOCOLS FOR PRACTICES

Please read this carefully......

Please be aware that the pandemic is a fluid situation, and we will be continually evaluating the safety measures we have in place and making any necessary changes. Please continue to be flexible with us as we are GRATEFUL we can have a swim team this summer and truly want to do everything we can to keep it going safely!

ARRIVING AT PRACTICE

All Swimmers → Please complete the COVID safety card daily. If you are driving your child you will pull up in car line and simply hold the card up to indicate your child is safe to practice. If your child is walking or riding to practice, please be sure to sign/date the form each morning & send it with them. It is a great idea to keep it in the their swim bag in a dry Ziploc bag. Please DO NOT send a child to practice if they have any of the following:

symptoms present that are not accounted for by another non-contagious condition (documentation
will be requested by parents if any symptoms are present; we ask for honesty to keep our team safe –
we will not require doctor's notes)

Fever Fatigue Nausea or vomiting, diarrhea,

Chills Muscle or body aches Headache

Cough Sore throat Lost sense of taste or smell

Shortness of breath Congestion

Difficulty breathing

- Contact with a person that has been diagnosed with COVID in the past 14 days
- Close contact with a person who is known to have been exposed to COVID in the past 14 days and is awaiting results of COVID testing
- Tested positive for the active virus in the past 14 days

Car-Riders → We will have a super-easy car-rider drop off this summer! Please enter the circle in front of the clubhouse at the top entrance (on the slide/gym side of clubhouse) off of Stonehaven Drive (see drawing attached). Please be prompt as practice will start on time, and a coach will be waiting at the sidewalk to take temperatures and do daily safety checks five minutes before practice is scheduled to start. We will have a card for car-rider parents to hold up agreeing to all the COVID safety protocols and ensuring your child is safe to practice with us. Please have your child stay in the car in the line until a coach has taken his or her temperature and gives you the all-clear. Once your child is set to go, the coach will direct them to a marker where they will wait appropriately distanced from others until all children in the group have been checked in and it is time for practice to start. Then, the coach will lead the group of 7 swimmers to their practice area.

Walkers and Bike-riders → Parents will need to fill out a COVID safety card each morning of practice in order for your child to attend (provided to all swimmers prior to start of the season). Please make sure this stays in your child's swim bag in a Ziploc bag to keep it dry and that you sign/date it each day. Swimmers, please make sure your parent has completed the card before you leave the house or you will be sent back home upon arrival. As you arrive please park your bike/scooter if applicable and then meet the coach on the sidewalk at the top of the sidewalk that leads to the pool gate. Please do not go straight to the gate unless you have missed your check-in. While you are waiting for your temperature to be taken, please be mindful of social distancing. After he or she takes your temperature, they will direct you to stand on a marker 6ft away from other swimmers until the coach leads the group of 7 swimmers into the practice area.

PRACTICE GUIDELINES:

- * Please make sure your swimmer is wearing a mask when they arrive & that they bring a Ziploc-type plastic bag (with their name on it) to place their mask in at the end of their lane when they are ready to swim. We will have extra bags & sharpies on hand for emergencies, but please try to remember to keep a Ziploc in their swim bag.
- * **Bring your own kickboard to every practice**. Any type of kickboard is fine! Although not required, some type of mesh pool bag will be helpful in transporting your wet kickboard back home each day. It's also a great way to help swimmers keep track of goggles and caps, etc.
- * We will have one swimmer per lane at each end of the pool. That means we will have only 7 swimmers per group and only 14 swimmers in the pool at any given time. We may have one group working outside the gates with a coach in dryland while two groups are swimming, so we respectfully ask you not to congregate outside the pool area or send your children early as we hope to be using the courts and the grassy areas outside the pool area for dryland work.
- * Please be prompt! There is no need to be early, but please be prompt as your coach will begin check-in for your group five minutes prior to the start of practice. Practices will start promptly at the scheduled time; if your child is late, they will need to stand at the gate socially-distanced from others until someone can let them in. With one coach per group, we will do our very best, but please know that we cannot disrupt practice or leave swimmers unattended to let your child in the gates.
- * As in past years, we can be flexible with missed practices, but what will be different this year is that we respectfully request that you let your coach know ahead of time whenever possible via a google form that will go out to all families. This is because with such limited space available at any one time, we would like to be able to offer your lane space up to another swimmer if you are unable to attend.
- * As always, it is a major problem to have last minute cancellations for swim meets. The ONLY excuse for a last-minute cancellation for a meet is legitimate sickness. We will not tolerate repeated late cancellations as it is not fair to your teammates nor to your coaches who have to scramble to try to rearrange relays and events and apologize to the other team. We will do all swim meet attendance notifications this year via Google Forms. Please pay attention to emails from your coaches and team reps about upcoming meets. All of our meets on are Mondays and Thursdays. You MUST give a minimum 1-WEEK notice if you will not be attending a meet for travel/other plans. Of course, we encourage our swimmers to attend all the meets as they are super fun, and this is how they see the fruits of their labor. That said, we do understand when families have other plans. We simply ask that you plan ahead and be sure to let us know one week in advance of a meet if you plan not to attend. For illnesses or COVID exposure, we ask that you let us know ASAP so we know about the meet absence and can open up a lane at practice for the time your child will be out.
- * Coaches will wear masks at all times they are working closely with swimmers, transitioning groups, or are working with swimmers out of the water.

WHEN PRACTICE IS OVER:

* When practices are over, we will need for all swimmers in that group to gather their belongings and exit the pool area with their coach for pick up in the car line or to leave via bike/walking. Our hope is to stagger practice start/finish so that there are never more than 10 cars waiting to drop off or pick up at any one time....that said, we will need to see what our numbers look like first!



WEDDINGTON CHASE!!

Come get fitted for your Weddington Chase summer swim team Suit!!

Instore fitting @ The Carolina Swim Shop through May 10, 2021



Pro LT Modern Matrix Flyback-\$38



Pro LT Modern Matrix Super Pro-\$38



Pro LT Modern Matrix Jammer-\$27



Pro LT Modern Matrix Brief-\$25

Prices listed above do not include the sales tax of 7.25%



Your team is requiring you to bring a kickboard this season, we have those in stock as well!

Visit Carolina Swim Shop on the campus of Charlotte Latin School 9850 Providence Road Charlotte NC, 28177 980-339-8950

For store hours: http://carolinaswimshop.com/main/store-hours

Our professional fitters can help size you! If you know your suit size, call us to order your suit.

Order Cutoff Date: Monday, May 10, 2021

Suits purchased by the cutoff date will be ready by the 1st meet. After May 10th there will be a \$10 special order fee.

Swim Lessons at Weddington Chase

**The Wild Dolphin Assistant Coaches (below) and the WC Lifeguards are the ONLY instructors permitted to charge for lessons at the Weddington Chase pool.

Private lessons: \$20/30min or \$35/60min

*5 x 30min lesson punchcard \$90 *10 x 30min lesson punchcard \$175

*5 x 30min lesson punchcard \$160 *10 x 30min lesson punchcard \$300







Alex Cerreta will be a sophomore this fall at Appalachian State University. She swam competitively year-round for 8 years at MSA. She was on the Weddington MS team for 2 years and on the Weddington HS team for 4 years. Alex swam for the Weddington Chase Wild Dolphins for 11 years. She started as a junior helper and then joined the coaching staff several years ago as an assistant coach.

For the past couple of summers, she taught private swim lessons with children of all ages and abilities. Although she wasn't able to finish her last year as a Wild Dolphin due to COVID, Alex is very excited to be returning again this summer as an assistant coach for the WC Wild Dolphins!

Alex 704-993-7517

Greyson has been an assistant coach for the Wild Dolphins for the past 3 years. He has been swimming for the neighborhood swim team for the last 13 years and has 11 years of club team experience with both SwimMAC and MSA. Greyson also swam for Weddington High School all four years earning honors as an All-Conference athlete. He currently attends the University of South Carolina and is on the Gamecock Club Swimming team. Greyson also has experience coaching JSL at SwimMAC & has taught private swim lessons for the past 3 years in our neighborhood. He loves working with kids of all ages & abilities whether it's learning to swim, swimming faster, or finetuning your strokes.

Greyson 704-254-6619

Abby Pfizenmaier is our newest Assistant Coach for the Weddington Chase Wild Dolphins and is a rising senior. She was a member of the Weddington MIddle School Swim Team and has been swimming with the neighborhood for 11 seasons.

In previous years, Abby has worked with younger swimmers as a Junior Helper. She loves kids and works with swimmers of all ages and abilities. Abby is thrilled for the summer season this year and can't wait to coach.

*Abby is available for 30 min lessons only for \$15/30min. 5 lesson punchcard for \$70. 10 lesson punchcard for \$140

Abby 704-497-9851

Weddington Chase Wild Dolphins Swim Team 2021 Sponsorship Form

Platinum Level- \$500

- Your very own Banner with your Company Name/Logo displayed in a prominent location on our pool deck for the entire year.
- Advertisement on the back of Team T-shirts
- Company Name listed outside our concessions stand and on the Weddington Chase website

Gold Level-\$250

- Advertisement on the back of Team T-shirts
- Company Name listed outside our concessions stand and on the Weddington Chase website

Silver Level-\$100

• Company Name listed outside our concessions stand and on the Weddington Chase website

To participate, please contact <u>JennElizJones@gmail.com</u>

Include your business name, contact, and logo. Please submit a check to Jenn or Hannah.

Thank you for your support!!