

Myoview Instructions

This test is typically booked on two days

Day 1 (Rest Myoview)

Day 2 (Stress Myoview)

- Please arrive 15 minutes early
- Bring a list of your medications.
- **Bring a small snack (No nuts please).**
- Stay hydrated.
- To cancel an appointment, please give at least 48 hr notice. Cancellation fee applies with no-show or short notice.

SPECIAL INSTRUCTIONS SPECIFIC FOR DAY 2 (STRESS MYOVIEW)



Stop the following medications 48 hrs before Day 2-Appointment:

- Viagra (Sildenafil) - Cialis (Tadalafil)- Levitra (Vardenafil)
- Beta blockers (unless specifically instructed by your cardiologist): Bisoprolol, Metoprolol, Atenolol, Carvedilol, Acebutolol, Labetalol, Propranolol, Nadolol, Sotalol, Timolol, Oxprenolol.
- Calcium Channel Blockers (unless specifically instructed by your cardiologist): Amlodipine, Diltiazem, Verapamil, Nifedipine, Felodipine, Caduet.



Stop taking the following medications 24 hrs before Day 2-Appointment:

Caffeine-containing medications. Caffeine can be found in some prescribed or over the counter medications for pain. Please ask your pharmacist if you are not sure.

Nitro patch/Nitrodur, Isordil/ISDN, Hydralazine, Aggronex, minitran, Transderm, Nitrong, Agreline, Imdur/ISMN, Aggronex



- Do Not consume caffeine at least 24 hrs before Day 2-appointment: This includes, tea, coffee, decaf tea, decaf coffee, energy drinks, soft drinks, or chocolate.
- Do not use or consume cannabis 24 hrs prior.



- If you do not have diabetes, please fast (food only) **4 hrs** before stress myoview, but stay hydrated.
- If you are diabetic, please discuss with the technologist on Day 1.



Stress Myoview tests performed without following the above instructions may not have accurate results. Speak to the technologist if you miss any of the above instructions.

If you are planning to travel in few days following your test please advise the staff