WOMEN'S RECOVERY/TRANSITIONAL HOUSING/PROGRAMS

Lorraine's House

Contact: Lucy Brown – 913-486-0975
Megan Harter
Home
lhsoberhouse@gmail.com

- Women's Sober Living Homes
  - 2 in Olathe
  - 1 in Mission
  - 1 in Waldo
- House Management:
  - Each home is run by a peer-support–trained house manager.
  - Managers receive regular supervision from Megan Harder, Client Care Manager.
- Resident Requirements:
  - Women should be in the preparation stage of change and willing to make lifestyle changes.
  - Must comply with all house rules and guidelines.
  - Employment required within the first month, unless on SSI/SSDI.
    - SSI/SSDI must be enough to cover all costs.
  - Must attend minimum 3 community support groups weekly.
  - Mandatory Sunday evening event at Church of the Resurrection.
- Medications:
  - Psych meds accepted.
  - Restricted: amphetamines, benzodiazepines, and opiates.
  - Regular drug testing required.
- Costs:
  - $170 per week
  - $250 administrative fee due at admission.
- Referrals/Questions:
  - Consult Ms. Harder for referral support and any additional questions.
    - meganharter55@gmail.com

Hub KC

Contact: Hazel: 913-957-0773

- Contact Hazel
- Men & Women
- Must have first week's rent of $150 to be considered

Envision Recovery

Contact: Esperanza
816-715-8100
3020 E 9th Street, Kansas City, MO

- Submit application online
- Call Esperanza to verify admission and following steps
- Must get a job
- Can get in with no money with the expectation of getting a job and then paying rent
- MEN & WOMEN

Shelter KC

Phone: (816) 421-7643
Website: https://shelterkc.org
Location: 1520 Cherry Street, Kansas City, MO 64108

- What it is: A Christ-centered rescue mission serving the homeless and hurting in Kansas City since 1950.
- Who it serves: Men and women experiencing homelessness, poverty, or addiction in the Kansas City area.
- Core purpose: Provide emergency shelter, meals, recovery programs, and spiritual care to restore lives and bring hope.
- Programs and services:
    - Emergency shelter for men and women
    - Recovery programs addressing addiction and life-controlling issues
    - Meals served daily to residents and community members
    - Case management
    - employment readiness
    - life skills training
    - Spiritual support through Bible study, worship, and pastoral care
- Process to get in:
    - Call Shelter KC directly or visit the Cherry Street location.
        - Show up at shelter
            - First come, first served
    - Complete intake with staff to determine immediate needs and program eligibility. If seeking emergency shelter, receive a bed and meals as available.
    - If entering recovery programs, complete orientation and commit to structured living and accountability.

Oxford Houses

www.oxfordvacancies.com

- Submit online application

- Call contact number to each house to ask for interview
- $250 deposit & 1st week's rent required upon move-in
- MEN, MEN WITH CHILDREN, WOMEN & WOMEN WITH CHILDREN houses

Amethyst Place

Address: 2750 Tracy Avenue, Kansas City, Missouri 64109
Phone: 816-231-8782
Email: info@amethystplace.org (general inquiries)

- Population: Women in early recovery from substance use + children (many reunified from foster care).
- Programs:
- Supportive Housing (69 apartments, no time limit).
- Family Empowerment (education, career, financial, wellness).
- Therapeutic Services (trauma healing, mental health, parenting).
- Client Requirements:
- Must be a mother in early recovery from substance use.
- Experiencing housing instability or homelessness.
- Often have children in foster care or separated at intake.
- Entry typically through referral + intake interview/application.
- Families can stay as long as needed to stabilize.

Sheffield Place

6604 E 12th Street, Kansas City, MO 64126
Phone: (816) 483-9927

- What it is: A nonprofit residential program for homeless mothers and their children, founded in 1991.
- Who it serves: Families facing multiple barriers such as trauma, mental health challenges, addiction, low education, felony convictions, or child welfare involvement.
- Core purpose: Empower mothers and children to heal from trauma and achieve long-term self-sufficiency.
- Programs and services:
    - Intensive mental health and addiction recovery therapy
    - case management
    - parenting support
    - trauma-informed care
    - evidence-based child therapy models.
    - Aftercare and outpatient services are available at no cost for as long as needed.
- Housing: Residential shelter program plus 10 neighborhood housing units available on a sliding rent scale, with ongoing case management.

Martha's Vineyard House

Phone: 913-547-0664
Email: marthasvineyard913@gmail.com
Location: Leavenworth, KS 66048

- What it is: A transitional housing program rooted in faith-based values.
- Who it serves: Individuals in need of emergency housing, shelter, food, and affordable rent, with a special focus on low to moderate income ex-offenders seeking to re-enter society.
- Core purpose: Provide hope and shelter for every journey, helping residents become law-abiding, valuable members of the community.
- Programs and services:
    - Individualized support plans
    - life skills development
    - community integration
    - holistic well-being.

Lion House

Website: https://lionhousekc.org
Location: Kansas City, MO
Partner Organization: Our Spot KC

- What it is: An LGBTQ-specific transitional and rapid re-housing program.
- Who it serves: LGBTQ youth and families in Kansas City experiencing homelessness. Nearly half of homeless youth in the city identify as LGBTQ.
- Core purpose: Address the root causes of LGBTQ homelessness by combining community support with housing assistance.
- Programs and services:
    - Transitional housing for working homeless individuals earning too little to afford long-term housing.
    - Rapid re-housing for those who could reasonably be approved for a lease but cannot afford living costs.
    - Community-first approach that equips LGBTQ people and their families with tools and knowledge for sustainable housing.
- Process to get in: Reach out through the Lion House website or contact their partner, Our Spot KC, for intake information.
    - Eligibility is focused on LGBTQ youth and families experiencing homelessness in Kansas City.
    - Applicants are assessed for either transitional housing (short-term support for working homeless individuals) or rapid re-housing (for those who could reasonably be approved for a lease but cannot afford the costs).
    - Once approved, staff provide orientation and connect residents with community resources, tools, and knowledge for sustainable housing.

- Residents then move into housing and begin receiving ongoing support and case management.

Starfish Transitional Living

Contact: Lyla
Phone: (816) 962-9828
Email: llane@sobbrlife.org
Website: https://www.starfishsobrietyhouse.org
Location: Independence, Missouri

- What it is: A faith-inspired sober living program for women.
- Who it serves: Women in recovery who need safe, structured housing and support.
- Core purpose: Provide hope, stability, and resources to help women reshape their story and future.
- Programs and services:
  - Job support
  - peer mentorship
  - access to mental health resources
  - structured sober living.
- Process to get in: Complete a quick online application form that takes about five minutes. Share recovery goals and needs so staff can tailor support. Intake is no-obligation and designed to connect women with the right resources.

God's Grace Restoration Ministries

Phone: 816-289-4039 or 816-289-4386
Location: Kansas City, Missouri
Website: https://www.godsgracerestorationministries.com

- What it is: A faith-based recovery program focused on restoration through prayer, worship, and community support.
- Who it serves: Individuals and families in Kansas City seeking healing from addiction, mental health challenges, and life struggles.
- Core purpose: Total restoration is achievable through Christ's teachings, community outreach, and stewardship.
- Programs and services: Guided Bible study, prayer sessions, sermons, personal reflection, and opportunities for worship. The ministry also emphasizes mental health awareness, drug recovery, and holistic healing.
- Process to get in: Call the ministry directly using the listed phone numbers to connect with Pastors Morris and Pamela Starling or staff. Discuss your situation and needs with ministry leaders, who provide guidance and intake support.

Hillcrest Transitional Housing

Phone: (816) 994-6934

Website: https://hillcrestkc.org
Location: Kansas City Metropolitan Area (sites in Johnson and Wyandotte Counties in Kansas, and Jackson County in Missouri)

- What it is: A nonprofit transitional housing program recognized as one of the most successful of its kind in Kansas City.
- Who it serves: Adults, families, and youth experiencing homelessness across the metro area.
- Core purpose: Move individuals and families from homelessness to self-sufficiency by addressing root causes and providing tools for independence.
- Programs and services:
    - 90-day adult/family program
    - youth transitional program, coordinated entry access
    - rapid re-housing services
    - intensive case management.
- Residents receive rent- and utility-free housing while committing to program guidelines, full-time employment, life skills classes, community living, and strict budgeting.
- Process to get in: Contact Hillcrest directly by phone or through coordinated entry access. Complete intake with case managers to determine eligibility and program fit. If accepted, move into rent- and utility-free housing at one of the residential sites. Participate in life skills classes, community living, and employment requirements. Follow a strict budget plan and case management guidance to build self-sufficiency. Graduate with tools and resources to maintain independence and success.

Healing House KC

Phone: (816) 920-7181
Website: https://healinghouse.org Main
Location: 4505 Saint John Ave, Kansas City, MO 64123

- What it is: A nonprofit recovery community founded in 2002 that provides safe housing, outpatient programs, and supportive services for individuals overcoming substance use disorders.
- Who it serves: Men, women, and families in Kansas City seeking recovery from addiction and support in rebuilding their lives.
- Core purpose: Meet people where they are, walk alongside them in their recovery journey, and create a community that believes in second chances and lasting change.
- Programs and services:
    - Recovery housing
    - outpatient treatment
    - peer mentoring
    - employment support
    - life skills training
    - counseling
    - spiritual care
- Process to get in:
    - Call the main line at (816) 920-7181 to begin the intake process.

    - Speak with staff to share your situation and recovery needs.
    - Complete intake paperwork and screening for housing or outpatient programs.
    - If accepted, move into recovery housing or begin outpatient services.

Kingdom Recovery

Contact: Celia
913-549-8874
Or Tony:
(816) 895-2109
Website: https://www.kingdomrecoveryinc.org
Location: Kansas City, Missouri

- What it is: A faith-based sober living housing program focused on addiction recovery and long-term transformation.
- Who it serves: Men and women seeking safe, structured housing while working toward sobriety and stability.
- Core purpose: Provide recovery housing that combines accountability, community, and Christ-centered support to help residents rebuild their lives.
- Programs and services:
    - Sober living homes with structured rules
    - peer accountability
    - recovery support
    - access to community resources
- Residents are encouraged to pursue employment, education, and personal growth while maintaining sobriety.
- Process to get in: Call the program directly to begin intake. Discuss recovery needs and housing availability with staff. Complete screening and orientation to ensure readiness for sober living.
    - Will accept someone without money if appropriate and on a case by case

Maple Street Recovery House

Phone: (816) 886-5010
Email: info@maplestreetrecovery.com
Location: 11330 E. Truman Rd, Independence, MO 64050
Hours: 9 AM – 4 PM every day

- What it is: A caring recovery house in the Kansas City metro that provides sober living support.
- Who it serves: Individuals struggling with chronic alcoholism and drug addiction who want to live sober.
- Core purpose: Teach residents that real sobriety is more than abstinence — it is soundness of mind and peace of spirit.
- Programs and services:
    - One-on-one support group meetings

    - volunteer opportunities
    - recovery/A.A. meetings held daily.
- Residents learn to apply basic principles to achieve lasting sobriety
- Process to get in: Call the recovery house directly at (816) 886-5010 to begin intake. Speak one-on-one with a caring team member about your situation. Attend a group meeting or one-on-one session to start the recovery journey.

Pieces Peaces

Phone: (816) 343-4474
Email: pieces.peaces@yahoo.com
Location: 2811 Vine Street, Kansas City, MO 64109
Website: https://piecespeaces.org
Hours: Monday–Friday, 9:00 am – 5:00 pm

- What it is: A community-based nonprofit organization that helps individuals rebuild their lives after traumatic situations.
- Who it serves: Men and women in Kansas City struggling with addiction, poverty, or homelessness.
- Core purpose: Empower individuals to re-enter society with the skills and stability to be self-sufficient.
- Programs and services:
    - Safe housing
    - job readiness training
    - educational services.
- The organization operates 8 properties — 5 houses for men and 3 houses for women. .
- Process to get in:
    - Call or email the organization to begin intake.
    - Discuss housing availability and personal needs with staff.
    - If accepted, move into one of the men's or women's houses.

Sisters In Christ

Phone: (816) 772-3398
Website: https://sistersinchristkc.org
Location: 6317 Evanston Avenue, Raytown, Missouri 64133

- What it is: A nonprofit organization providing transitional housing, mental health services, leadership training, and youth programs.
- Who it serves: Formerly incarcerated and unhoused women and their families in Kansas City.
- Core purpose: Bridge gaps in the community support system by offering resources for mental health, substance abuse recovery, affordable housing, employment, and family stability.
- Programs and services:
    - Transitional housing
    - mental health services

    - leadership training
    - “Safe Zone” youth programs
    - community support
- Process to get in:
    - Call Sisters In Christ directly at (816) 772-3398.
    - Discuss housing and support needs with staff.
    - Complete intake to determine eligibility for transitional housing or other services.
    - If accepted, move into housing and begin

True Light Family Resource Center

Phone: 816-381-9310
Email: truelightfrc@gmail.com
Website: https://truelightfrc.org
Location: 712 E 31st Street, Kansas City, Missouri 64109
Hours: Resource Center: Monday–Friday, 10:00 am – 3:00 pm; Emancipation Station: Monday–Friday, 8:30 am – 3:30 pm

- What it is: A nonprofit family resource center serving individuals and families in Kansas City.
- Who it serves: Women, families, and community members in need of shelter, clothing, meals, and life skills support.
- Core purpose: Provide critical needs, connect people to community resources, and teach job and life skills in a safe and supportive environment.
- Programs and services:
    - Women’s Day Shelter (Emancipation Station) with showers, laundry, clean clothes, and hot meals.
    - Emergency Assistance Program including Family Clothes Closet.
    - Community Saturday Breakfast.
    - Partnerships with Happy Bottoms Diaper Bank and Giving the Basics.
    - Computer Center
    - sewing classes.
- Process to get in:
    - Call or email the center to connect with staff.
    - Visit the Resource Center during open hours for intake and support.
    - Women needing shelter can go to Emancipation Station weekdays between 8:30 am and 3:30 pm.
    - Families can access clothing, diapers, and basic needs through the Family Clothes Closet and partner programs.

Victory Homes KC

Men’s Facility: 3116 E 9th Street, Kansas City, MO 64124 –
Phone: 816-923-4753
Women’s Facility: 4409 E 27th Street, Kansas City, MO 64127 –
Phone: 816-214-5684

Website: https://www.victoryhomeskansascity.org

- What it is: A Christian rehabilitation center offering structured housing and recovery support.
- Who it serves: Men and women in Kansas City seeking freedom from addiction and life-controlling issues.
- Core purpose: Provide Christ-centered recovery through housing, accountability, and spiritual guidance.
- Programs and services:
    - Safe residential housing
    - structured daily routines
    - Bible study
    - Worship
    - recovery support.
- Residents are guided to rebuild their lives through faith and discipline.
- Process to get in:
    - Call the men's or women's facility directly to begin intake.
    - Discuss recovery needs and housing availability with staff.
    - Complete intake screening and orientation to ensure readiness for structured living.
    - Move into the facility and begin participating

My Father's House Community Services

Phone: (913) 294-3600
Website: https://www.my-fathers-house.com
Location: 1004 N Pearl St, Paola, KS 66071 Service Area: Miami and Linn Counties, Kansas

- What it is: A nonprofit transitional housing and advocacy organization founded in 2003.
- Who it serves: Individual women (18+), younger emancipated women, and families experiencing homelessness in **Miami or Linn counties**.
- Core purpose: Provide safe housing, supportive services, and advocacy for underserved populations in rural Kansas.
- Programs and services:
    - Transitional housing program (opened in 2006).
    - Supportive services for residents, including case management and daily living support.
    - Advocacy for low-income and struggling individuals.
- Process to get in:
    - Applicants must be experiencing homelessness in Miami or Linn counties.
    - Call (913) 294-3600 or use the online contact form to apply.
    - Complete intake with staff to determine eligibility.
    - If accepted, move into transitional housing and begin receiving supportive services.

Revive Residence

Phone: 510-646-0571
Email: info@reviveresidence.com

Website: https://reviveresidence.com Location: Kansas City, Missouri (separate housing for men and women)

- What it is: A non-faith-based sober living program offering affordable, safe, and supportive housing.
- Who it serves: Men and women in Kansas City seeking structured, substance-free housing while working toward recovery and stability.
- Core purpose: Provide high-end, well-maintained homes in safe neighborhoods where residents can focus on their recovery journey.
- Programs and services:
  - Sober housing with multiple and random weekly drug tests.
  - Weekly house and peer meetings.
  - Free long-distance phone, cable, and wireless internet.
  - Laundry area with washer and dryer.
  - Linens and towels provided.
  - Centrally located near 12-step meetings, grocery stores, public transportation, and recreational activities.
  - All utilities included.
- Process to get in:
  1. Call 510-646-0571 or email info@reviveresidence.com to begin intake.
  2. Speak with the owner or house manager about housing needs and availability.
  3. Complete intake paperwork and agree to program expectations (drug testing, meetings, house rules).
  4. Move into a men's or women's residence in Kansas City.
  5. Participate in weekly peer meetings and maintain sobriety through structured support.
  6. Continue living in a safe, substance-free environment with access to community resources.

River of Refuge

Phone: (816) 737-5100
Email: info@riverofrefuge.com
Website: https://www.riverofrefuge.com Location: 5155 Raytown Road, Kansas City, MO 64133

- What it is: A transitional housing program helping working poor families move out of motels, shelters, and non-traditional housing into permanent homes.
- Who it serves: Homeless families who are employed but trapped in high-rent motels or unstable housing situations.
- Core purpose: Empower families with jobs to achieve financial security and independence through interim housing and support.
- Programs and services:
  - Transitional housing for families with employment.
  - Financial literacy and debt reduction support.
  - Case management and savings programs.
  - Meals and bed nights provided during residency.
  - Community partnerships with donors, volunteers, and churches.

Process to get in:

1. Contact River of Refuge at (816) 737-5100 or email info@riverofrefuge.com.
2. Complete intake with staff to confirm employment status and housing needs.
3. Families move into transitional housing units.
4. Participate in financial literacy programs, debt reduction, and savings plans.

5. Receive meals, case management, and supportive services.
6. Transition into permanent housing once financial stability is achieved.

Sue's Safe Haven, Inc.

Phone: (913) 400-2980
Email: admin@suessafehaven.org
Website: https://www.suessafehaven.org
Location: Kansas City, Kansas

- What it is: A nonprofit 501(c)(3) organization offering intentional comfort and traditional living programs for individuals seeking stability and support.
- Who it serves: Women & children in need of safe housing, community connection, and holistic support (physical, mental, and spiritual).
- Core purpose: Provide peace, support, and a place to call home, where real conversations and hope can happen.
- Programs and services:
  - Traditional Living Program: Housing and structured support.
  - Blessing Kits: Care packages to restore energy and provide essentials.
  - Community Gatherings: Meals and events to foster connection.
  - Resources & Referrals: Guidance to additional community services.
  - Special Recognition: Engages young leaders and volunteers to strengthen mission impact.

Process to get in:

1. Call (913) 400-2980 or email admin@suessafehaven.org to connect with staff.
2. Complete intake for the Traditional Living Program.
3. Receive housing and support services as available.

Tasha's Recovery House

Phone: (913) 286-2541
Website: https://www.tasharecovryhouse.com
Location: 7429 Brooklyn Avenue, Kansas City, MO

- What it is: A recovery home providing a comfortable, supportive environment for individuals working toward sobriety and stability.
- Who it serves: Adults in Kansas City seeking a safe, structured place to live while focusing on recovery.
- Core purpose: Create a welcoming, change-oriented environment where residents can rebuild their lives.
- Programs and services:
  - Recovery housing with structured support.
  - Comfortable living environment designed to meet residents' needs.
  - Community connection and peer support.
  - Flexible plans and pricing options.
  - Member resources and online booking.

Process to get in:

1. Call (913) 286-2541 or visit the website to learn more.

2. Review available housing options and pricing plans.
3. Complete intake with staff to confirm readiness for recovery housing.

Be Free KC

Street Address: 4330 Rockhill Rd, Kansas City, MO 64110
Phone Number: 816-806-1635
Website: https://befreekc.org

- Programs
  - Structured recovery housing development (in partnership with Fletcher Group)
  - "Get Well" jobs program for early recovery employment
  - Partnerships with UNC Horizons (specialized care for women and children)
  - County-level housing projects in Wyandotte, Johnson, and rural Kansas counties
- Who They Serve
  - Individuals in recovery from substance use disorders
  - Women and children impacted by addiction
  - Residents of Wyandotte & Johnson Counties, KS, plus rural counties targeted for housing expansion
- Requirements (general recovery housing standards)
  - Commitment to sobriety
  - Completion of application form
  - Admissions interview or screening
  - Agreement to follow house rules (curfews, meetings, chores, program participation)
  - Financial responsibility (modest fees or proof of income support may apply)
- Process to Get In
  - Submit application (online or by contacting Be Free KC)
  - Schedule interview with admissions staff
  - Review program guidelines and expectations
  - Placement decision made by staff; if accepted, move into housing and begin structured program

Hope is Alive

Main Address: 14400 Bogert Parkway, Suite 200, Oklahoma City, OK 73134 – houses in OK and KS
Phone Number: (844) 346-7366
Website: hopeisalive.net
Programs

- Emergency shelter services
- Transitional housing
- Case management and recovery support

Who They Serve

- Homeless individuals and families
- People in recovery from substance use disorders
- Low-income community members

Requirements

- Application form
- Interview or intake screening
- Commitment to program rules and sobriety
- Financial responsibility (fees or proof of support)

Process to Get In

- Contact intake staff or apply online
- Complete interview and review guidelines
- Receive placement decision
- Begin program upon acceptance

Uplift KC

Contact: John Otradovec
Phone: 913-522-2736
Website: coming soon
Application: coming soon
MAT: Allowed
Deposit: none required

Men's Houses by Zip Code:
64055:
Single room: 175 weekly or 650 monthly
Shared room: 140 weekly or 560 monthly

64130:
Single room: 175 weekly or 650 monthly
Shared room: 150 weekly or 600 monthly

Women's Houses by Zip Code:
64052:
Single room: 175 weekly or 650 monthly
Shared room: 140 weekly or 560 monthly

64050:
Single room: 175 weekly or 650 monthly
Shared room: 140 weekly or 560 monthly

Transitional Housing by John

Contact: John Otradovec

913-522-2736

- This is not structured sober-living; transitional housing only
- Renting a room; shared living