

# Camp Rise, July 11-16

## What to Bring



As you're planning for camp, here's some information about when to arrive & what to bring!

**IF TAKING THE BUS:** arrive at Abiding Shepherd Lutheran Church (406 W. Cottage Grove Road, Cottage Grove) at 2:00 pm to begin loading luggage. The bus will leave for Camp Luwisomo at 2:30 pm sharp!! On Friday, the bus will return to Abiding Shepherd at 2:30 p.m.

**IF DRIVING:** arrive at Camp Luwisomo (W5421 Aspen Rd, Wild Rose, WI 54984) between 4:00 pm and 4:45 pm. On Friday, please pick up your child at 12:30 p.m. Campers may depart early if prior arrangements are made with Pastor Nate.

### CAMPER CHECKLIST:

#### Sleeping Gear

- Sleeping bag or linens
- Pillow

#### Personal Items

- Towels and Washcloth
- Soap and Shampoo
- Toothbrush and Toothpaste
- Kleenex or Tissues
- Bag for Dirty Clothes
- Beach Towel

#### Clothing\*

- Sweatshirt or Light Jacket or Coat
- Pajamas
- Changes of Pants, Shirts, Socks and Undergarments
- Two Pairs of Shoes (old pair and running shoes)
- Swimsuit (modest, 1 piece swimsuit)

#### Other Items

- Bible
- Flashlight
- Prescription Medications (With directions for camp nurse)
- Camera
- Dark, Head-to-Toe Clothing for Night Game
- Suntan Lotion or Sun Screen
- Insect Repellent
- Money for Canteen or Camp Items
- Refillable Water Bottle

### CANTEEN:

Twice a day campers are given the opportunity to buy snacks or camp items like t-shirts or sunglasses. All money brought by campers is deposited into their canteen account at the beginning of the week. At the end of the week, the remaining balance is returned.

### ELECTRONICS:

Camp is an opportunity to spend some time in God's creation and experience life a bit differently.

Therefore, campers will be allowed only minimal access to electronics such as cell phones, iPods, and video games in the morning, in the evening from 6:30-6:45 p.m. and at night.



\* Seek to glorify God & consider others when packing clothes. Avoid clothes that are revealing (i.e. very short shorts where the pockets are longer than the shorts, 2 piece or revealing 1 piece swimsuits, etc.) or clothing that promotes drugs, alcohol or suggestive innuendos. If someone is dressed inappropriately, they will be asked to change clothes.