

Camp Rise, July 10-15

What to Bring



PACKING CHECKLIST:

Sleeping Gear

- ___ Sleeping bag or linens
- ___ Pillow

Personal Items

- ___ Towels and Washcloth
- ___ Soap and Shampoo
- ___ Toothbrush and Toothpaste
- ___ Kleenex or Tissues
- ___ Bag for Dirty Clothes
- ___ Beach Towel

Clothing*

- ___ Sweatshirt or Light Jacket or Coat
- ___ Pajamas
- ___ Changes of Pants, Shirts, Socks & Undergarments
- ___ Two Pairs of Shoes (old pair and running shoes)
- ___ Swimsuit

Other Items

- ___ Flashlight
- ___ Prescription Medications (in original packaging from pharmacy with directions for camp nurse)
- ___ Dark, **Head-to-Toe** Clothing for Night Game
- ___ Suntan Lotion or Sun Screen
- ___ Insect Repellent
- ___ Refillable Water Bottle

ELECTRONICS:

Camp is an opportunity to spend some time in God's creation and experience life a bit differently. Therefore, campers will be allowed only minimal access to electronics such as cell phones, iPods, and video games in the morning, in the evening and at "lights out".

*CLOTHING:

Our choice of clothing is an opportunity to honor the God who gave us the gift of our bodies and to show love to those around us. Please keep this in mind as you plan for the week. Pack clothing that is not too tight or revealing.

Female swimsuits should cover most of the midsection. Clothing should not promote drugs, alcohol or suggestive innuendos. If someone is dressed in a way that dishonors God and/or is destructive to others, they will be asked to change.

