

SHOFAR

Elul/Tishrei 5782/5783

September 2022



From the Rabbi

The High Holy Days are a most special time. The Jewish community gathers and re-engages, as we mark milestones and worship together, and delve deeply into significant concerns. Music adds to the majesty of these sacred days. We have been busy at work preparing, our choir leading the way. We look forward to welcoming those able to attend in-person, as well as those who will join us on Vimeo.

L'Shanah Tovah! May it be a sweet New Year and a time of renewal.

An Important BIRS Update from B'nai Israel-

Dear B'nai Israel Religious School Parents, Students and Members of B'nai Israel,

We are looking forward to the upcoming school year for our Religious School. As our search of recent months has not yielded a suitable successor, we are pleased to announce that Abby Peklo, who so successfully directed BIRS for the past five years, has agreed to return as our Interim Director. An innovative educator and highly-skilled administrator, we thank Abby for ensuring our school will continue to foster its high level of learning and impact.

Abby will be sharing the 5783 (2022-2023) Academic Calendar for our classes through Confirmation. For those who have not yet registered for the new school year, please contact Abby (educator@bnaiisraelsouthbury.org) or our office (office@bnaiisraelsouthbury.org) with any questions or concerns.

With best wishes as we begin prepare for the new academic year and then the New Year.

L'Shalom,

Rabbi Eric Polokoff
Steven Reps, President

Yizkor book
reminder!

This the last week to
place your listing in
the Yizkor book. If
you have not yet
responded please do
so today!

BIRS NEWS



A Note from the President



Contact Us

Phone: (203) 267-3394

office@bnaiisraelsouthbury.org

rabbi@bnaiisraelsouthbury.org

president@bnaiisraelsouthbury.org

Visit our website for a full list of staff email addresses

www.bnaiisraelsouthbury.org



On behalf of myself and the Board of Trustees, I'd like to express our very best wishes for a happy and healthy new year of 5783. We on the Board of Trustees will continue to work with Rabbi Eric, Linda Goodman and the staff and faculty of B'nai Israel to serve our community by ensuring an inclusive, respectful and supportive environment for all. Every new year is another new start – a new opportunity to explore and achieve great things. So the board will strive for new ideas, programs and events so we can continue to make B'nai Israel a second home for every one of our beloved congregants. As always, please don't hesitate to contact me at president@bnaiisraelsouthbury.org with any questions, concerns or ideas. I am deeply humbled and honored to be your president. Thank you for the opportunity and may G-d bless you all. L'shana tova!!

Steven M. Reps

President, B'nai Israel Board of Trustees



Mazel Tov!

B'nai Israel's Sisterhood won a Silver WRJ Or Ami Award in 2020.

Due to several issues, including Covid, the certificates were never sent. We finally received ours!


Or Ami "Light of my People"
Silver Award Winner
Women of Reform Judaism
presents this certificate to
Sisterhood of B'nai Israel
Southbury, CT
for their program
"Sisterhood's Bat Mitzvah – '13 Events for 13 Years'"



Julia Weinstein
WRJ Vice President, Programs & Education

Susan C. Shaw
WRJ President

Donor Opportunities



Yahrzeit Plaque

Purchase a plaque to memorialize your loved ones
With a memorial plaque
Each plaque is \$380

Please contact
Sharon Goldman
sharon.goldman@hotmail.com

Contact Us

Phone: (203) 267-3394

office@bnaiisraelsouthbury.org

rabbi@bnaiisraelsouthbury.org

Visit our website for a full list of staff



Celebrate a simcha, remember a friend, or share a milestone by sending a tribute card. Cards are hand calligraphed and still only \$5 including postage!

Contact Doris Landaeta:

dorikam1958@gmail.com

Donations

Rabbi's Discretionary Fund

in memory of

Gertrude L. Barr
Fred Barr
Edward F. Sheinbaum
Doris Abramson
Joel Abramson
Baruch & Sarah Golda
Jonah Gold
Henry Medina
Bea Gold
Gold-Medina Family
Helen Slutsky
Joel Abramson
Stanley Saperstein
Eleanor Saperstein
Julius Smotroff
Lisa Miller
Julius Smotroff
Ival & Ron Kovner

Rabbi's Discretionary Fund

in honor of

Rabbi Polokoff
Karen Smith & Marcus Helman
Jacob Paley's Bar Mitzvah
Shari & Andrew Paley
Rabbi's very meaningful funeral & shiva for Earl
Rochelle Gershenow

General Fund

In honor of

Abby Peklo
Bernard I. Weinstein
Healing prayers for Peter Maier & Tyler Davidson
Barry Fingerhut

General Fund

in honor of

College graduations of Jake Wasserstein & Morgan Rosen
The Segal Family

Memorials & Dedications Fund

in memory of

Adam Paley
Shari & Andrew Paley
Leona Tendler
Julius Smotroff
Dawn Tendler
Julian Epstein
Milton Bisnov
Morton Goldman
Sharon Goldman

Music Fund

Eileen Fallas & Sue Benenson

General Fund

in memory of

Morton H. Engelman
Larry Engelman
Gertrude M. Fleischman
Norma & Charles Fleischman
Arthur Diness
Alan Goldberg
Doli Golda Stagno
Ida Goldberg
Gold-Medina Family
Helen Slutsky
Ida Ressler
Lois Zeidler
Rudy Zeidler
Earl Gershenow
Julius Smotroff
The Segal Family

Caring Fund

in memory of

Jerold Berkley
Babs Rachells
Emanuil Gelfand
Anna Gelfand
Leo Purrinson
Rochelle Gershenow

Music Fund

in memory of

Julius Smotroff
Sharon Goldman.
Julius Smotroff
Sandy Gold & Paul Medina

Music Fund

in honor of

Jacob Paley's Bar Mitzvah
Shari & Andrew Paley
Linda & Daniel Goldman's 50th anniversary
Jan & Harvey Goodman
Melissa & Tim Drappi
Laura & Homero Paniagua
Linda's beautiful music at the shiva for Earl
Rochelle Gershenow
Linda & Dan Goodman's 50th anniversary
Barb & Art Phillips
Helen Slutsky
Myra Suib
Helen Slutsky
Rachel & Jonathan Albert
Linda & Dan Goodman's 50th anniversary
Sheila Baum

Annual Giving

Nelson Zackin
Neal Kent

Leadership

Rabbi

Eric Polokoff, D.D.
rabbi@bnaiisraelsouthbury.org

Director of Sacred Music

Linda Goodman
music@bnaiisraelsouthbury.org

School Director

Officers

Steven Reys, President
president@bnaiisraelsouthbury.org
Patti Berkowitz, 1st Vice President
Sheri Kipperman, 2nd Vice President
Eric Linnetz, Secretary
David Augenbraun, Treasurer
Lisa Segal, Past President

Trustees

Kathryn Albee (2024)
Charlene Blatter (2023)
Marci Durnell (2025)
Melissa Fleischer (2024)
Bill May (2024)
Paul Medina (2025)
Allison Berman Schwartz (2023)
Jodi Wasserstein (2023)
Alexis Zimmerman (2025)

www.bnaiisraelsouthbury.org

Yahrzeits

9/2

Herbert Baum
Ida Krakow Beninson
Donald M. Berkowitz
Morton A. Berman
Steven Charles Feinman
Conrad Fleisher
Bernard Garber
Isadore Graf
Rose L. Harnick
Murray Heller
Evelyn Krakow
David C. Ross
Elsie Summit
Robert "Bob" Summit
Rose Wolk
Neal J. Zimmerman

9/9

Jacob Baum
Milton Bisnov
Albert Cantor
Paul Morton Cohen
Al Fishman
Amee Fishman
Jonah Gold
Rubin Goldman
Ralph Howard
Walter Levin
M. Natalyne Perry
Pauline Salinger
Ben Sheinbaum
June Shoheit
Rebecca Preblod Shore
Samuel R. Strisik

9/16

Raymond Alpert
Helen Brandvein
Edith Danen Shore
Ruth Engelman
Esther Garber
Mina O. Green
Alice E. Gross
Max Gross
Bessie E. Johnson
Howard Matzkin
Pauline Rosenberg
Moses Sagal

Barbara Saxe
Alice Sheinbaum
Sadie Slutsky
Frieda Wilkin
Jeffrey Yarish

9/23

Louis Abel
Emil Brachman
Florence Dorf
Harry Dyme
Julian Epstein
William Fingerhut
Bessie Goldberg
Morton D. Goldman
Anne Caplan Horn
Frank Kamak
Nathan Lester
Andrew Levedu
Ethel Ranzer
Ida Saperstein
Robert R. Strisik
Erna Weil
Anna Meyers Weinstein
Albert Weisman
Elizabeth Woloshin
Roselyn Zackin

9/30

Saul Bennet Alderman
Norma Basch
William Henry Blank
Ann Bress
Dorothy Danen
Peggy Erlanger
George J. Freedman
Hortense Green
Emanuel Jackson
Celia J. Kamak
Ida Medin Leopold
Benjamin B. Littman
Emanuel Scher

May their
memories be
for blessing

*each name in **bold** has a
plaque in the B'nai Israel
sanctuary

CONGRATULATIONS

PATTI BERKOWITZ IS THE RECIPIENT OF FEDERATION'S 2022 BURTON ALBERT HABONIM AWARD

Patti Berkowitz is First Vice President of B'nai Israel and Secretary of the Jewish Center LLC. Serving as an officer and trustee for several years, she is diligent and extremely well-organized, efficient, reliable and a reasoned and respectful voice within our deliberations. Accepting of leadership roles and additional tasks, this past year she chaired the Rabbi's Contract Renewal Committee and serves on our Educator Search Committee.

Patti and her husband Mark have been dedicated congregants at B'nai Israel for over two decades, and her two sons Drew and Kyle were educated, became B'nai Mitzvah and Confirmands here.

Patti's professional work is as a high school special education teacher, and she has long taken an active interest in our religious school. In 2015 and 2016, she was instrumental in reviewing and restructuring our curriculum.

Strongly devoted to family, an educator and a student, Patti took her first opportunity as an empty nester to embark upon an intensive year of study that culminated with her formal embrace of Judaism. She chose the Hebrew name *Matana*, gift, to represent the gift of Jewish identity that she has received. But in truth the gift goes both ways. As champion of Torah learning, Jewish community and ritual, and *Tikkun Olam*, repair of our fractured world, Patti bestows her own distinct blessing upon our synagogue and area Jewry. We are delighted that Federation has agreed to link Patti's name with Burton Albert Z"L, a dedicated builder and nurturer of the institutions of area Jewry including the Federation, B'nai Israel and our shared campus. Standing on his shoulders and that of other exemplary leaders, Patti makes her own special contribution deepening and sustaining us.



www.bnaiisraelsouthbury.org

Patti Berkowitz
with husband
Mark and sons
Drew & Kyle



Donor Opportunities



“Tree of Life”

Purchase a leaf on our

“Tree of Life” to honor a simcha.
Each leaf is \$180

Please contact
Sharon Goldman
sharon.goldman@hotmail.com

Interested in joining
B'nai Israel's
Sisterhood?

Contact Sisterhood
President, Michelle
Rosen at

bnaisisters@gmail.com



Tribute Cards

From: Celia & Lionel Schwartz

To: Pat & Guy Pancer *In memory of Guy's beloved sister, Ann

To: Sandy & Dan Marcus *In honor of Zinna Joy's Bar Mitzvah

From: Joel Abramson

To: Rochelle Gershenow *In memory of her beloved husband,
Earl

From: Debby Garber

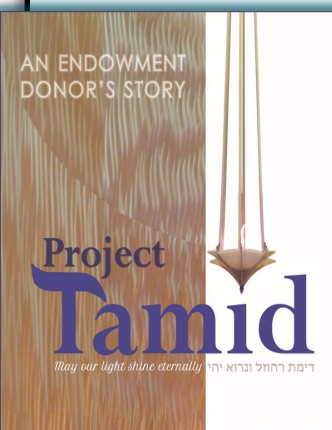
To: Herb Slutsky *Condolences for the loss of his wife, Helen

From: Nancy Brown & Rudy Zeidler

To: Herb Slutsky *In memory of his beloved wife, Helen



To send a tribute card contact
Doris Landaeta at
dorikam1958@gmail.com
\$5 per tribute card
(includes postage)



For more information please
contact Gerry Klein at
kleinge_2000@yahoo.com
or Peggy Klein at
mesklein@yahoo.com

B'nai Israel Religious School



If you are interested in enrolling your child in religious school please contact the Birs office at 203.267.3396.

September

- 9/2 Sheri & Eric Kipperman
- 9/3 Diane & Douglas Fuchs
M.J. & Eric Silver
- 9/4 Doria & Eric Linnetz
- 9/7 Merri Klar & Jeff Berkowitz
Deborah & Alan Siegel
- 9/8 Norma & Charles Fleischman
- 9/10 Ariel & Adam Price
- 9/11 Sandra & Daniel Marcus
- 9/16 Joan & Arthur Oshins
- 9/24 Karen Berford-Isaac & Ronald Isaac



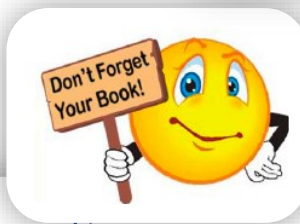
- 9/1 Zachary Wisnefsky
- 9/2 William (Billy) Crotty
- 9/5 Eva Quigley
- 9/6 Michael Gerstenfeld
Ronald Herrmann
Kimberly Rubel
Henry Voegeli
- 9/7 Deborah Augenbraun
Neal Kent
- 9/10 Jan Albert
- 9/12 William Crotty
- 9/13 Shari Paley
- 9/15 David Wise
- 9/16 Rachael Fuchs
- 9/17 Eric Albert
- 9/20 Joseph Hochheiser
- 9/22 Soi Schenfield
- 9/25 Elyssa Kipperman
- 9/26 Anna Pekovich
- 9/28 Rosalyn Schoonmaker



Celebrating a Simcha?

We would love to share the good news!
office@bnaiisraelsouthbury.org

On July 13th
Sandy Gold & Paul Medina
welcomed grandson
Oliver Henry Shimamura
Gibor



מחזור לימים הנוראים

משכן הנפש
MISHKAN HANEFESH
Machzor for the Days of Awe



Free Tech Support



- Young Southbury resident offering to provide free tech support for community volunteer hours.
- Student will come to your house with parent and attempt to solve your issue(s).
- NO PAY, just sign off on community volunteer hours sheet

Support For:

- Smartphones
- Macs or PCs
- Smart TVs
- Smart Doorbells
- Streaming services
- Fitness watches
- Email

Adam Wisnefsky is launching a free tech support service for his community service project

Hours of Availability:

- Fridays 3PM – 5PM
- Saturdays 10AM – 2PM

Contact Information

- Call or Text 860-402-5138 or Email techs5882@gmail.com

Centerpieces for Tzedakah

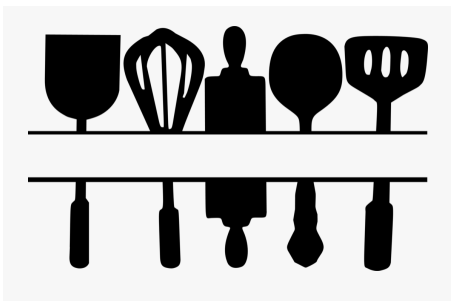
Make your simchas even more meaningful by renting our lovely centerpieces and helping those in your community.



Celebrate your next special occasion with centerpieces rented from B'nai Israel Sisterhood. Your donation is 100% tax deductible and will be used to purchase groceries and/or gifts for members of our community. These centerpieces are great alternatives for flower arrangements on the bima and on tables in the social hall. We can arrange to make custom ones as well.

For more information please contact Michelle Rosen
at (203) 405-6576 or msr2511@yahoo.com





B'nai Israel President, Steven Reps, invites you to share your favorite family recipes in Shofar. Each month we will print a congregant's recipe contribution. To participate please send your submission with a few words of interest, wisdom, history, whatever! We look forward to hearing from you!

Recipes should be sent to:

office@bnaisraelsouthbury.org



Thank you *Roz Ross* for this month's recipe!

Air Fryer Recipe

Effortless Chicken Scallopini

(Prep + Cook Time: 30 min)

Ingredients (4 Servings)

4 Chicken Breasts (I use thin sliced breasts)

3 oz. breadcrumbs

2 Tbsp. Grated parmesan cheese

1 Cup + 1 Tbsp. flour

2 eggs, beaten

2 Tbsp. fresh dill, chopped

2 Tbsp. butter

2 Tbsp. lemon juice

2 Tbsp. capers

½ Cup chicken broth

Directions

Preheat the air fryer to 370° F

In a bowl, mix Parmesan and breadcrumbs

Dip the chicken in eggs, then in flour (1 cup), then in breadcrumb mixture

AirFry for 14-16 minutes, flipping once

For Sauce

Melt 2 Tbsp. butter in a saucepan and stir in 1 Tbsp. flour. Stir for 1-2 minutes. Add lemon juice and chicken broth and simmer for 2-3 minutes until the sauce thickens. Remove and stir in the capers and dill.

Pour sauce over the chicken and serve