

ADULT ED

Courses & Dates

Classes with Rabbi Eric

- Torah Study
- Discussion Group
- Intro to Judaism

Torah Study

Shabbat Morning @ 10:30 AM

Library & Zoom

We wish to make Torah Study a hybrid this year – in-person in the Library and on Zoom. The class does not meet on *Shabbatot* where there is a Bar/Bat Mitzvah, or when the Rabbi is away.

Fall Semester - 2024-2025

October– 26

November– 2, 9, 16, 30

December– 7, 14, 21, 28

January– 4, 11, 18, 25

Spring Semester - 2025

February– 1, 8, 15, 22

March– 1, 8, 15, 22, 29

April– 12, 19, 26

May– 3, 10, 17, 24, 31

June– 14, 28

Each week we read several verses as we slowly but steadily make our way through the Torah, step-by-step.

New participants and visitors are always welcomed! No Hebrew background necessary.

Discussion Group

Tuesday 11 AM-noon

Library & Zoom

Readings & Discussion of Articles on Issues of Concern to Jews and The Jewish People. Weekly Discussion on contemporary issues. A series of articles from Jewish and general publications and websites are assigned in advance, and then discussed.

Fall Semester - 2024-2025

October– 15, 22, 29

November– 5, 12, 19

December– 10, 17

January– 7, 14, 21, 28

Spring Semester - 2025

February– 4, 11, 18, 25

March– 4, 11, 18, 25

April– 1, 8, 15, 22, 29

May– 6, 13, 21, 27

June– 3, 10, 17, 24

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Up to date listings of the schedule are kept on our Calendar at

www.bnaiisraelsouthbury.org

Intro to Judaism-The Basics

Sundays, 10:45-noon

Library

This course will explore the critical holidays, texts and concepts of Judaism.

Text: *Jewish Literacy* by Rabbi Joseph Telushkin. (William Morrow, reissued, 2001)

Who should attend?

- Adult non-Jews considering conversion to Judaism
- Adult Jews wanting to know more about their faith & history
- Adult non-Jews seeking to discover “what makes Judaism tick”

Fall Semester - 2024 -2025 Spring Semester - 2025

October– 6, 20, 27

November– 3, 10, 17, 24

December– 1, 8, 15, 22

January– 5, 12, 26

February– 2, 9, 23

March– 2, 9, 16, 23, 30

April– 6, 27

May– 4, 18, 25

June– 1, 15, 22, 29

Mussar

One Sunday each month, 9:30

Library

This course covers Mussar, dubbed “Jewish Mindfulness”, a practice dating back to 10th century Babylon. Learn and consider these ancient guidelines for living a meaningful and ethical life infused with Jewish thoughts and values. Join us as we train our hearts to behave as we already know they should.

Greg Marcus, PhD

Text: *The Spiritual Practice of Good Actions* by

Class Co-led by Rabbi Eric and Margie Hertz

in conjunction with B'nai Israel Sisterhood

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October– 27

November– 10

December– 15

January– 12

February– 9

March– 9

April– 6

May– 18



b'nai israel



REGISTRATION FORM
Please complete and return this page as soon as possible with payment
Members of B'nai Israel attend at no cost

<u>COURSE</u>		<u>REGISTRANT(S)</u>		<u>TOTAL FEE</u>
Tuesdays-Selected Jewish Shorts				
fall	\$72	_____	_____	_____
spring	\$72	_____	_____	_____
both	\$118	_____	_____	_____
Sundays-Intro to Judaism-The Basics				
fall	\$72	_____	_____	_____
spring	\$72	_____	_____	_____
both	\$118	_____	_____	_____

EXTRAS

Indicate Interest

Adult Bar/Bat Mitzvah

Hebrew Classes

Grand Total: _____

Name(s): _____

Address: _____

Telephone: _____ Email: _____ @ _____

Payable to:

**B'nai Israel
PO Box 350
Southbury, CT 06488**