



4th Corner Fly Fishers



President's Message



Dear 4CFF Members,

This year the Fourth Corner Fly Fishers will be hosting its bi-annual Conservation Dinner/Auction in October.

The Conservation Dinner/Auction Committee comprised of Diana Horan (Chair), Bob Cooper, Rob Gaeta, Bill Hall, Michael Maryk, Frank Koterba, and Jerry Gillaspay have already met a few times to get the ball rolling. A special thanks to Diana and the committee members for stepping up to the plate. If any club members are interested in being on this committee, please contact Diana or myself. We will especially need help with various logistics the night of the dinner/auction.

With Diana at the helm, an early start in planning, a committee of both experienced members and eager new members, the only thing club members will have to do is sell dinner and raffle tickets, and help acquire donations for both the silent and live auctions. So please don't hesitate to ask for donations throughout the year. Donations can be anything from used fishing gear, a box of golf balls, a load of gravel, to a new fly rod and more.



Regards,

Lin J. Nelson



"February is likely to have splendid days of bright sun after frost, with the first faint feeling of spring I them, for the sap is rising in the maples again and the willow shoots are scarlet with it and the alders and fruit trees budded with it."

Roderick Haig-Brown, "A River Never Sleeps"

2011 4th Corner Fly Fishers Awards Banquet

Special Appreciation Award - Frank Koterba

This special award of an engraved set of barbecue tools (with the 4CFF logo) acknowledges all the effort to organize and cook excellent food for the entire group at many, many club fishing outings.



Club Service Award - Sid Strong

For his outstanding professionalism and long tenure as the Club Newsletter Editor; documenting, editing and communicating the club's collective experience to all members.



Club Service Award - Tammy Findlay

For her extraordinary work on the club website; creating an on line presence that is both a source of pride and an important outreach to the wider community.



Ed Ruckey Award - Errol McWhirk

Recognizing his exceptional mentoring and helping of other club members to learn the art and science of fly fishing.



Ralph Wahl Conservation Award - Dan Coombs

For extraordinary efforts and contributions to fisheries conservation that will benefit many generations to come.



Charles Dawe Contributions to Fly Tying and Fishing Award - Jack Salstrom

For innovative accomplishments that have advanced the state of the art of fly fishing including his original contributions to fly tying.



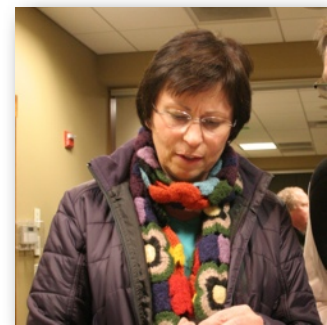
Presidents Award - Lin Nelson

In recognition for his leadership and responsibility holding the club's highest office.



Linda Sherman Award - Colleen Unema

For providing extraordinary encouragement, education and support in advancing the participation of women in the sport of fly fishing.



Recognizing Three Lifetime Members with new Lifetime Member Name-tags.

**Wayne McLemore, Fred Miller - (will be presented to his wife),
and Hugh Lewis - (New Lifetime Member)**

Presented to Hugh Lewis in recognition of 25 years of contributions which have transformed the club for the benefit of all members.

A Special Gift to Hugh Lewis

As a special thank you for years of work developing the Club's new Bylaws it is the Club's pleasure to present Hugh Lewis with a gift of a new custom workbench for building bamboo fly rods. Hugh will be working with Phil Hostert on the design, and Phil will build the bench.



Wayne
McLemore



Hugh Lewis



Fred Miller



"My father was very sure about certain matters pertaining to the universe. To him, all good things, trout as well as eternal salvation, come by grace and grace comes by art and art doe not come easy."

Norman Maclean, "A River Runs Through It"

DUES ARE DUE!!!

As of the end of February, if I still have not received your dues for the current year, please do as soon as possible. Membership is \$35 for regular membership or \$45 for a family - Spouse and minor children. After March 1 there is an additional late charge of \$10 provided in the constitution and If still not paid by April 1 one must reapply for reinstatement with new application and initiation fee.

You may send your check for the appropriate amount to 4CFF, P.O. Box 1543, Bellingham, WA 98227 - 1543.

If I have erred in recording your dues please refresh my memory with the circumstances or a copy of your cancelled check so I can get you properly enrolled for the coming year.

If you have decided not to rejoin the club, would you please so indicate by replying to this notice. larryandbarb@comcast.net. And, if you're so inclined give us some feedback as to how the club might have done a better job of meeting your needs and expectations.

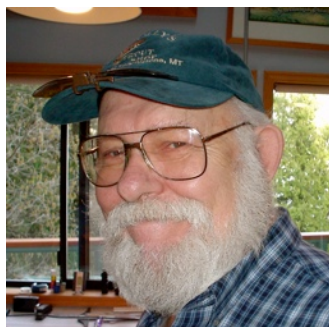
Thank you in advance for your prompt consideration.

Larry Irwin, *Treasurer FCFE*



4th Corner Fly Fishers February Meeting

Ed Ruckey and Jack Salstrom will be tying flies for the February meeting. This is an excellent program featuring two of the best fly tyers in the Northwest. This is a great program for beginners and seasoned tyers as well.



Ed Ruckey



Jack Salstrom

Conservation

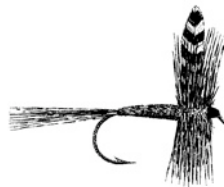
There has been a bit of activity on the Conservation front even in January as Terry McEwen and I removed most of the old signs and Kiosk pictures at Squalicum Lake to get them refurbished. We are also working on a new version of the creel census card that will give 4CFF members and other Sq. Lk fly fishers more useful information when fishing out there. In addition we are treating a few stubborn ,noxious plants at 10 Mile Creek school so they won't be such a problem come spring.

Last night at the 4CFF meeting I was very humbled by the Conservation award that was presented to me. I would not feel right about the award unless I share the honor with my predecessors, Joe Kelly and Craig Carlisle, who paved the way for me on the club projects that we are currently active with. All three of us still live in the long shadow of Fred Miller's superb conservation work which we hope to somehow emulate. Most importantly, this award I eagerly share with my fellow conservation crew members who are the lifeblood of our conservation efforts. Onwards and upwards in 2011!

On a different note, the fly tying session at my house on Sat. Feb. 26 will begin at 1 PM. Snacks and hors'douerves will be served along with beer and other soft drinks. Rumor has it lemon bars will be served for dessert.

See you there,

Dan Coombs, Conservation Chair



"You'll also meet a lot of non-fly-fishing types on the ponds..... Most of these people won't be automatically impressed by you; some will be curious, others amused. If you persist in wearing an up-downer hat over a clean chamois shirt and a bulging, jangling fly vest, you'll begin to feel overdressed. All you need is a Harley Davidson T-shirt, baseball cap, and a small box of wet flies. If you catch fish you may attract some favorable attention, but even then someone will sooner or later kindly inform you that a spinning rod is a hell of a lot easier."

John Gierach, "Trout Bum"

February Outings Report

2011 is shaping up to be a very busy year. The best way to keep track of everything will be to keep an eye on the Club Calendar soon to be available on the website. (<http://www.4thcornerfly.com>)

Currently we are in the period when Fly Tying sessions dominate the schedule. These are great opportunities to meet other members and learn more about fly tying. You are welcome no matter what your current level of skill. We will be having featured patterns for most of these sessions. These are flies that will work at upcoming outing locations. Since these are held in members' homes, **an RSVP is a must**. There is limited room, and accommodations must be made for the number of tiers as well as any refreshments that they provide. The hosts go out of their way to provide the space for us so giving them ample notice is the least we can do.

Since we are on the subject, I am happy to report that we had a very successful session at my home last Saturday. In all 13 members were in attendance and since I knew ahead of time I was able to borrow an extra table to make room for the last 4 tiers. The level of tying experience went from brand new tiers to some very old hands. And the patterns tied included chromomids, aelvins, tube flies, nymphs, terrestrials and a host of others. covered the trout, winter steelhead, Alvin, of new and experienced tiers it is a must to call the host and let them know you are coming. Ed Ruckey even put together a tying kit for "Pumpkinhead", which was won in a raffle by Roy Wilson. I was also able to tryout a new recipe for soup. (Check the Culinary Corner.)

The next tying session will be hosted by Lin Nelson on Saturday, February 12th from noon to 4:00. . Please contact him **early** at (360)676-5439 or lin.nelson@comcast.net and reserve a space. This is also important since he is providing lunch as well. He will provide directions to his home to those who respond. The featured fly(s) for this session will be the Brian Chan's chromomids from Doc hackle's column and Ed's Chopaka emerger. Let him know if you will need any materials or equipment, or if you are just starting out. We can make sure that you have all the things you will need.

Other upcoming sessions will be hosted by:

Saturday, February 26 th	Dan Coombs	(398-1637), djcmbs@nas.com
Thursday, March 10 th	Klause Lohse	(671-8453), kpstnlohse@gmail.com
Thursday, March 17 th	Mark Brovak	(650-0875), markbrovak@yahoo.com

And don't forget that our first outing will be on Saturday, March 26th at Pass Lake. We will be providing lunch at about noon and giving away one of Ed's great fly boxes. More details will be available at this month's General membership meeting.

And on final thought, if you have a suggestion for where, when or why we should have an outing, let me know and we will see what we can put together.

Frank Koterba
External Vice President



Brian Chan's Chironomid



Ed Ruckey's "Chopaka Emerger"



"Between them, the old men must have created hundreds of trout flies, insect mutants as bizarre and seductive as any ever to drop from a fly tier's vise. With perhaps two exceptions, none of their titillating offerings ever stirred a trout's interest, a fact that didn't bother them at all."

Harry Middleton

"The Earth Is Enough" (1989)

Fly Tying Session Photos



Frank's Culinary Corner

I recently ran across a recipe in the Seattle Times (and a bunch of other newspapers across the country) that reminded me of a great technique to build in flavor and richness without adding a bunch of calories. The soup is a staple at Bewley's Café in Dublin Ireland. I tried it out on the attendees at the fly tying session I hosted and it got great reviews.

(http://seattletimes.nwsourc.com/html/foodwine/2014025561_web26beansoup.html).

The key is preparing cooked vegetables, spices and stock and pureeing it into a smooth creamy base. The Vegetable garnishes are then added and cooked until they are just done. The final result is a very flavorful soup with perfectly cooked vegetables. You can make the base ahead and just do the finish cooking just before serving.

You can use the same process to enhance sauces from braised meats. When the braising is almost done, remove some of the cooking liquid and vegetables, puree them and add the last of the garnishes and finish the process.

Bewley s Tuscan Bean and Tomato Soup

Makes 10 to 16 servings

1/4 cup (1/2 stick) butter

2 pounds baking potatoes (about 3), peeled and diced into 1/2-inch pieces

1 leek, diced

3 onions, diced and divided

3 cups diced celery (about 8 stalks), divided

1 can (28-ounce) tomatoes

1 pound plum tomatoes (about 4), halved lengthwise

1 teaspoon light brown sugar, more to taste

1 tablespoon dried oregano

1 tablespoon dried basil

2 quarts vegetable broth

Salt and pepper to taste

2 cups diced carrot (about 4 carrots)

2 cups diced fennel (from about 2 bulbs)

4 cups cooked cannellini beans (white Italian kidney beans), from about 2 cans (15-ounce), drained, or 1/2 pound dry

1. In a 5-quart heavy-bottom pot, melt the butter over medium-high heat. Stir in the potato, leek and all but 2 cups each of the onion and celery and cook, stirring frequently, until the onion just begins to color, about 10 to 12 minutes.

2. Add the canned tomatoes, plum tomatoes and brown sugar, stirring to crush the tomatoes and scrape any flavoring from the bottom of the pan.

3. Stir in the oregano, basil and vegetable broth. Bring the mixture to a boil, then reduce the heat to a simmer. Loosely cover the pan and continue to simmer until the vegetables break down and the soup begins to thicken, about 45 minutes. Remove from heat and purée the soup using an immersion blender, or in batches using a regular blender. Taste and season with 1 teaspoon salt and several grinds of black pepper, or as desired (the salt content of vegetable broth will vary by brand).

4. Stir in the carrot, fennel and remaining onion and celery. Continue to simmer gently until the vegetables are tender, 20 to 25 minutes, stirring frequently. About 10 minutes before the vegetables are tender, stir in the beans to warm. Taste and adjust the seasoning as desired.

Each of 16 servings: 177 calories; 5 grams protein; 32 grams carbohydrates; 7 grams fiber; 4 grams fat; 2 grams saturated fat; 8 mg cholesterol; 6 grams sugar; 539 mg sodium.

Enjoy,

Frank Koterba
Club Chef



REMOVING THE CURLS FROM FLY LINES

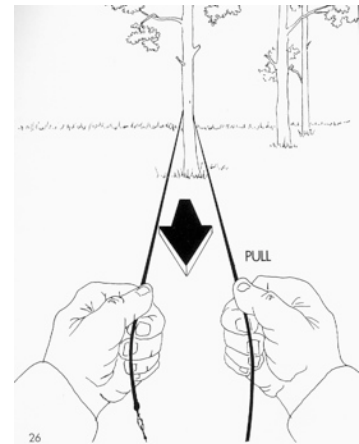
From Lefty Kreh's, "Lefty's Little Fishing Tips"

Because most floating fly lines have a braided nylon core and are kept on a reel in small, tight coils, the line tends to take on the position in which it was last stored.

As a result, when you first strip off line to begin fishing, you'll note that the line lies before you in coils, so that when you cast and shoot it, the line tangles and spoils your presentation.

Stretching the line first to eliminate the coils will prevent such problems. If you have a companion, have him take the line and walk some distance with it. Then each of you should grip the line and give a steady pull. The appearance of the line will tell you when you have done the job.

If you are alone, slip the line around a stump, log, or window post of a car door (or any other fixed object that is smooth enough not to cut the line), then pull firmly on both ends to stretch out the coils. Or if nothing else is available, pull off line and stretch it between your hands or slip the line under your foot, giving a stout pull on the line.





4CFF CALENDAR OF EVENTS



FEBRUARY EVENTS

On February 12th, there will be a 'FLY TYING' session hosted by Lin Nelson. All of those interested, please contact Lin at (360) 676-5439 or lin.nelson@comcast.net and reserve a space.

Lunch will be provided.

On February 26th, there will be a 'FLY TYING' session hosted by Dan Coombs. All of those interested, please contact Dan at (360) 398-1637 or djcmb@nas.com and reserve a space.

MARCH EVENTS

OUTING: On March 26th or 27th, there will be an outing on "Pass Lake" for rainbows and browns. There will be lunch and a fly box.

FLY TYING: On March 17th, there will be a session hosted by Mark Brovak from 6 to 9 PM. Dinner will be provided. Please contact Mark at (360) 650-0875 or markbrovak@yahoo.com to reserve a space.

CONSERVATION: On March 19th there will be a conservation work party at Squilicum Lake from 9:00 AM until noon. Lunch will be provided. Contact Dan Coombs at 398-1637 if you wish to participate.

Education Classes

We need Volunteers to help teach fly tying and fly casting at The Blaine Middle School on February 8th, 10th, March 1st, 3rd, 15th, 17th, 22nd, 24th and the 29th. All sessions are from 3:00 to 5:00 PM. Please contact Klaus Lohse (671-8453) or Frank Koterba (647-9715) if you wish to participate.

February's Meeting February 24, 2011

BELLINGHAM
COUNTRY CLUB
3729 Meridian St
Bellingham, WA 98225
(360) 733-3450

Wet Fly	6:00
Dinner	6:45
Program	7:30
Meeting	9:00

Contact Gary Jones,
gary-jones@comcast.net
for all dinner reservations.

Be sure to check off your name on the list when you arrive for dinner.

BRING A FLY FOR THE
"FLY PLATE"!

March's Board Meeting

March 1, 2011

Trinity Lutheran Church
119 Texas Street
Bellingham, WA

6:00 P.M.

4CFF Board Members

PRESIDENT: Lin Nelson

lin.nelson@comcast.net

Outings Chairman: Frank Koterba (647-9715)

fwkphotography@comcast.net

Secretary: Brian Faloon

bfaloon@hotmail.com

Treasurer: Larry Irwin (752-1506)

larryandbarb@comcast.net

Program Co-Chairman: Gary Jones (425-239-4193)

gary-jones@comcast.net

Membership Chairman: Brian Faloon, Nathan Weston

Directors: Klaus Lohse, Sid Strong, Mike Riber, and Ed Ruckey

Education, and Conservation.

Dan Coombs (398-1637)

djcmb@nas.com

Klaus Lohse (671-8453)

kpstnlohse@nas.com

WEBSITE

Tammy Findlay

tammy@bbaybrewery.com

Newsletter Editor

Sid Strong (220-0099)

swstrong@comcast.net

Raffle Chairman

Errol McWhirk, Craig Lang

Library

Susan Swetman

If you are new to fly fishing, our club has fly rods, reels, and fly tying equipment available for use. Also, if you attend outings, it's wise to bring a lawn chair.

For more information, please contact the hosts.

All entomology sketches are drawn by Jack Salstrom, Member of the FCFF.

All Fly illustrations are drawn by Ed Ruckey taken from, "Diary of Northwest Trout Flies" by local author and FCFF Member Dan Homel.

VOLUNTEERS NEEDED!

Volunteers are ALWAYS needed in our club. Conservation projects, educational classes, and all chairman positions are always open for new and old members.

ATTENTION!!!

It is the responsibility of ALL members for ALL of the outings to obey ALL local, state, and national regulations.

We represent an outstanding conservation and fishing club. Let's set a great example to ALL.



4th CORNER FLY FISHERS



Aims and Purposes

The members of the 4th Corner Fly Fishers are united by our enjoyment of the sport of flyfishing and by our desire to preserve and enhance fishing opportunities for all. To these ends we will strive to promote conservation of angling brotherhood and to broaden the understanding of fellow anglers. The following are the aims and objectives as stated in our Constitution.

- To work for the betterment and preservation of angling waters and surrounding lands.
 - To promote the creation of fly only and/or quality fishing waters and encourage appropriate management of these waters.
 - To practice and advocate protection of the resource and the natural environment.
 - To improve the state-of-the-art of fly fishing and keep members informed of developments of interest.
 - To maintain high standards of membership by selecting as prospective members those persons who are dedicated to fly fishing, are good sportsmen, and are conservation oriented; and to temper organizational growth consistent with the maintenance of quality membership standards.
 - To develop and implement programs of education designed to encourage individuals of all ages to become fly fishers and better sportsmen.
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P.O. Box 1543
Bellingham, WA 98227

<http://www.4thcornerfly.com>

