



4th Corner Fly Fishers

President's Message

Dear 4CFF Members,

Here's what's happening:

October 27th Conservation Dinner/Auction Event

This is an important event for the club to raise funds for conservation and education projects the club supports.

If you can please come to the event and support your club! Dinner tickets are \$35.00 and if you bring a spouse/partner the second ticket is \$30.00. If you plan to attend and have not let Gary Jones know, please send him an e-mail at: fcff@comcast.net

Please sell or purchase as many of the \$10 raffle tickets as you can. For a list of the raffle items, please go to www.4thcornerfly.com and click on "Programs". To get a book of raffle tickets, contact Rob Gaeta at elrob2@msn.com

If you have any last minute silent auction items, please let Rob Gaeta know A.S.A.P at elrob2@msn.com

November 17th – Annual Membership Meeting

This year's annual membership meeting will include Voting for two Board of Director positions, and planning for 2012.

A year from now we will need to nominate new members for many of the officer positions as many of the current incumbents have been in the positions for at least three years. 2012 will be an opportunity to get your feet wet and learn the positions by volunteering to be on various committees, volunteering to be trained for community education events such as fly casting, and fly tying. (You only need to know how to tie a woolly bugger)

(Presidents Message Cont.)

Members who are interested in helping lead the club by being an assistant for the following officer positions of Internal VP (programs), External VP (Outings), and Secretary, please contact any board member.

Your input on club events and the subsequent budget (what events in 2011 did you like, not like? and are these events maybe worth an \$10 more in annual dues?) The Board will also be looking for your input on outings for 2012, programs, and fly casting classes, etc.

This membership meeting will also include fly tying demonstrations .

Wrapping up another year with warm regards,

Lin J. Nelson, Your Club President



Supporting the Conservation Auction

The club is still in need of items to be donated to the auction. New or in excellent condition items, such as outdoor, fishing, boating, camping and hunting gear, camera, electronic, gardening, auto or bicycle equipment, & clothing/accessories, etc would be greatly appreciated. If you are interested in donating items for the auction please contact Frank Koterba by email or phone.

There are a number of volunteer positions that need to be filled to make a smooth successful event. We need help in the following areas.

- Sorting and reviewing and documenting the items donated,
- Transporting the items to the Bellingham Golf and Country Club
- Setting up the auction items before the evening starts
- Handing out bid packages, collecting money for reserved tickets and selling raffle tickets at the start of the evening
- Helping manage and close the Silent Auction
- Helping close out the evening reviewing and compiling the individual purchases.
- Collecting the money at the end of the evening.

If you are willing to help work on part of the auction please call

Rob Gaeta (360)527-1576,

Bob Cooper (360) 961-4398 or

Frank Koterba (360)674-9715

CONSERVATION REPORT!

On Saturday Sept. 17 an illustrious group arrived at 10 Mile Creek School to finish up the berry control, weed whacking, pruning and chipper/shredder work that we started in early summer. The weather was good and we had 15 workers on site. I was very happy that at least 4 prospective members participated and commented on what a worthwhile project our club has undertaken at the school site. We accomplished a lot and again there was a good flow of camaraderie as we worked.

I have arranged with Kae Moe at 10 Mile School to have our planting party with the students on Wednesday Oct. 12. This is our yearly reward time when we watch the kids plant some new plants along the creek site so I hope you will contact me to volunteer to help oversee this student activity. The students will arrive at the creek at about 2:15 PM so those of you who volunteer to help need to be out there at about 1:45 to help place the plants where we want them to be planted. The whole planting session shouldn't take more than an hour and a half. We need at least 6-8 volunteers so please let me know of your interest. And yes, this does count as a conservation outing.

See you there.

Dan Coombs, Conservation Chair



PLANTING PARTY!!!

The planting party is this coming Wed. with the students at Ten Mile Creek School, and my newsletter plea for help has not had a good response so far. As most of you know, helping the students plant the plants involves no work on our part, only making sure that they plant in the right spot and don't main themselves or each other with the shovels. I need about 4-5 more volunteers to email me and to show up at about 2 p.m. on this Wed. Oct. 12 at the school. We should be done with this function within 1 -1 1/2 hours, so please let me know if you can come. **Don't just show up!!!**

With hopes you can find time to volunteer....

Dan Coombs, 4CFF Conservation Chair



October Outings

This last month has seen the scope of our efforts have efforts once again been spread between trout and the salmon. The month began with our outing to The Upper Skagit. There was a mix of old and new members and guests who made the trip. I guess the best way to show this was the vehicle which contained Wayne McLemore a founding member and Mike Reed one of our aspiring candidates. The Skagit was running high and fast there were only a few short hatches coming off. The fishing proved to be a challenge and it took a lot of effort to raise any fish. The fly box was once again added to the collection of Nathan Weston.

With the arrival of the pinks in our local waters the interest shifted lower down on the Skagit. A group called an impromptu outing and hit one of the gravel bars down in Mount Vernon and while the fish were present they were tight lipped. There was a notable exception; Bruce Ruckey managed to land 3 kings! Later in the month at another impromptu event a dozen souls hit the "Flybar". The following report comes from Ed Ruckey.



Frank Koterba, *Outings Chairman 4CFF*

Impromptu Outing Report

On the 19th of September we had our first of the year impromptu outing. It was on the Skagit River at a place called the Fly Bar. No they did not sell drinks at this BAR. It is also known as the Mixer, as this is where the Sauk and the Skagit come together. I was surprised by the turn out, for there were more people at this then we usually get at one of our formal outings. There was a total of 14 people at this gathering. Four guest and ten club members.

I had a box of flies that people could draw from that were tied for the Skagit Pinks. A word about the box of flies I had at this gathering. I bring them so people could draw as many as they need from this box, but the way they draw from it you would think they were some sort of precious jewels. They are not! I expect people to take enough so that I go home happy with an almost empty box.

I won't mention any thing about the one club member who went off to fish the Skagit and forgot one very important item. HIS FLY VEST! Fishing license, leaders, tippet material and of course his flies. Hopefully he wont do it again, but you never know.

The people that I could see that were doing most of the hooking of fish were Bruce, Charley and Roy. They seem to be into fish more than any of the others that I observed. All in all every one seemed to be having a good time.

On the 23rd of September there was another small gathering. This was the Friday right after the meeting. There was Bruce, Charley, Roy and myself on this one. We were all into fish at one time or another. Some more so than the others, but I can't complain I did OK. Then there was BRUCE!!!! Every time I looked over at him, he had another fish on. He had one fly that he really liked that the Pinks also took a liking too. This is the fly I will feature in my Doc Hackle Column. It is Called the B's Killer. It is easy to tie just like so many salmon patterns we use up here.

All in all it was good to be out with club members doing what we like best, "Fishing". Lets get together and have more Impromptu Outings. Give Frank or I a call and lets set something up. E-Mail or Call and lets get together. That is what it is all about, members getting with members or guest and going fishing.



ED Doc Hackle RUCKEY

Humpy fishing on the Fly Bar.....



Check out the YouTube

http://youtu.be/YJ_DaXOySS4

“On all the streams and little rivers and in many of the lakes there are spawning salmon in October; and the big rivers carry their own tremendous runs, becoming tributary to their own tributary streams.”

Roderick Haig-Brown, “A River Never Sleeps”

REEL RECOVERY



Once again, Fourth Corner Fly Fishers rose to the occasion of being a voluntary fishing buddy to men participants surviving cancer. A very special thank you is due Sid Strong, Klaus Lohse, Dan Coombs, Paul Bodenshot, and Larry Grunden. Each of these individuals provided mentoring, listening, teaching, and much needed stress relief to their fishing participant at this retreat.

It is hoped that each year we will be able to continue our FCFF support of this amazing program, and even perhaps increase our volunteerism. We had two volunteers in 2009, four in 2010 and six in 2011. Will we have eight or ten in 2012? Rewards await us all.

The following reports are from Dan, Paul, and Larry sharing their thoughts and observations one their first hand experience.

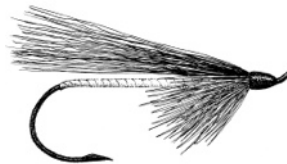
Bill Hall



Reports on Reel Recovery....

On Sept. 20 six of us (Bill H., Sid S., Paul B., Larry G., Klaus, and I) arrived in Ellensburg to take part in the reel recovery gathering held at the Canyon River Lodge on the Yakima. The next morning we met 3 other volunteers from Seattle and helped prepare the fishing gear for the 9 participants. After a session of fly casting techniques we were paired off with one of the participants thus spending a day and a half on the Yak helping them learn the fine points of our craft. Many were wading a river for the first time as well as casting a fly rod for trout so there was a lot of enthusiasm and only a few swear words! This was my first experience with Reel Recovery and I was very impressed with their organization and skill at helping terminal cancer patients. Our "buddies" all seemed to be upbeat and accepting of the situation they have been put into when cancer came into their lives. This attitude is in no small part due to the counseling and camaraderie offered by Reel Recovery Program. I personally would recommend this volunteer experience to anyone in our club.

Dan Coombs alias " Sparse Grey Hackle"



Nine men confronting cancer. Nine fly fishermen. Two days of life-affirming fishing on the Yakima River.

That captures the essence of the outing, held from September 20-22 at the Canyon River Ranch in Ellensburg, under the sponsorship of the national nonprofit, Reel Recovery, (www.reelrecovery.org). Six 4CFF members joined three members from a Seattle-area club to buddy up with the participants, who were eager for an outing, and eager for respite from their illness.

Bill Hall organized the representation from 4CFF. Joining him were Sid Strong, Klaus Lohse, Dan Coombs, Paul Bodenshot and Larry Grunden. It was the first Reel Recovery outing for Dan, Paul and Larry, who agreed with the others that they found it deeply meaningful.

This is one time it's not about catching fish, but about listening to the participant with whom you've been paired, and following his lead. While some participants had fished before, none had been fly fishing. On the river, instead of thinking about cancer, participants simply enjoy the benefits and healing properties of water, nature and companionship.

(Reports...Cont.)

"When I'm fly fishing, I can't think about cancer," said one participant.

The Reel Recovery website is full of such quotes. One participant said, "I have a whole new perspective on life and my place in it."

As for the 4CFF contingent, they all agreed that Reel Recovery was a meaningful way to spend a couple of days.

Larry Grunden, *Member FCFE*



Hey let me tell you about a fishing adventure I had with 5 other members of our club. Wait, before I do let me tell you about Reel Recovery. This program was started in 2002 by a small group of fly fishermen who witnessed first hand one of their own club member's battle with brain cancer and the beneficial impact fly fishing had on him every time they all went out on an outing. Now Reel Recovery is a nation-wide organization that has just completed their 100 retreat. The goal is to provide a chance for men, with any form of cancer, to share their stories, attend group discussions, gain insight from professional support people, participate in evening non-denominational ministerial counseling, and form lasting friendships with other men at the retreat as they confront the challenges of their disease. The Reel Recovery organization feels the 2 1/2 day retreat can be very stressful, demanding and emotional, so they break up the program by having volunteers from fly fishing clubs throughout each state come and offer to 'buddy-up' with a retreat member and assist in helping them take a break from the sessions and simply go out fishing. This event, usually at a beautiful lodge with great food, is offered at no cost to the participant and ALL fly fishing equipment is provided by well known companies such as, SAGE, WRIGHT-McGILL, SIMMS, SCOTT, SCIENTIFIC ANGLERS and UMPQUA. The fly club volunteers cover all their own expenses, travel, lodging and food. They are paired-up, one volunteer to one patient. There are no rules except to take their buddy fishing. If you buddy wants to fish-fine. If they want to rest-fine. If they don't want to talk- fine. Partners can just sit on the bank and watch water flow by. At the end of the retreat there is a closing ceremony where each man can express what the retreat mean't to them and they leave with a new brotherhood of friends all going through the same battle with a collective band of personal hope.

(Reports...Cont.)

The first day we are assigned a partner, my buddy Tom was a Viet Nam refugee who immigrated to the US in 1975, getting an education, becoming naturalized, and worked for the state of Washington in Olympia for 30 years. Within the first year of retirement, having a yearly physical, he was diagnosed with prostate cancer. After surgery he is now beginning his chemotherapy. His upbeat and positive outlook on life was contagious and an inspiration to his group, some of whom are in their final 6 months of life. At the end of the retreat, after exchanging email addresses, I wished him well and gave him a big hug, then watched him drive off not knowing how long my new found friendship would last but certainly felt the impact these 3 days had etched on my soul with an experience and a friend I will never forget. This event, although emotional, is one I will be volunteering for again. If you ever want to experience an event that returns a powerful reward for simply serving men and their lives; consider volunteering for a retreat with Reel Recovery.

And now for the fishing story. So six of us, lead by Bill Hall, Sid Strong, Clouse, Dan Coombs, my roommate Larry Grunden and myself left for Ellensburg and the Reel Recovery program on the Yakima and after the 3 day retreat decided to stay another 3 days on the eastern side of the mountains. Moving north, fishing streams in hope for both trout and the ever elusive steelhead, we based ourselves at the convergence of the Methow and Columbia in the town of Pateros. Bill had picked a perfect little motel to stay at right on the Columbia where nightly Sid would walk out the dock to practice his casts, hooking up with a strange little 6 inch fish almost every cast. Each of us had our own idea of what fish it was. During the six days each of us took turns picking a restaurant to eat dinner at and I can honestly say, every meal was a culinary delight. As for the fishing, we caught a handful on the Methow but DFWG had delayed Steelhead fishing by a week so we were unable to fish that species. We then pursued small stream fishing at such places as Petes Creek, Libby Creek, Poorman Creek and Gold Creek before having lunch in Wintrop. The next day the trip home via Hwy 20 took everyone to stop and visit Bill's cancer buddy Dave who had a beautiful second home right on the Methow. After a short visit the last fishing hole was Boulder Creek. At this point everyone went their separate ways. A reunion was held the following Friday at the beautiful home of hosts Naida and Larry Grunden for bocce ball and a BBQ turkey dinner with wives as we expressed the enriching experience we had all just went through. Talk about a club outing, this was as good as any. "Thanks for talking me into it Bill Hall"

Paul Bodenshot, *Member FCFE*



Doc Hackles Fly Tying Corner

A Fly For Pink Salmon "B's Killer"

For those of you who were on the last two impromptu outings and saw Bruce into salmon constantly, this is what he was using most of the time. It is simple to tie and quite effective.

Hook = TMC # 7999 / Size # 4

Thread = Pink 6/0

Tag = Red Holographic Mylar Tinsel

Rib = Red Holographic Tinsel

Body = Medium Hot Pink Floss

Wing = Pink Polar Flash

Thorax/Head = Pearl Krystal Flash



Step # 1 Anchor thread on the hook and wrap it 1/3 of the way down the shank. Tie in your holographic mylar tinsel at that point. Now take your thread and make several more wraps over the holographic tinsel. You should now be just a little ways past the half way point of the shank towards the point of the hook.

Step # 2 Now move your thread back up the shank till you are within 1/3rd of the hook shank from the eye. Mount your pink floss at this point, then wrap the thread back down the shank to the half way point keeping the pink floss on the near side of the hook.

Step # 3 Now twist your floss and thread together and wrap them up the hook creating a good segmented body. Make sure you stop at the 1/3rd spot from the eye of the hook.

Step # 4 Now take your Holographic Tinsel and wrap it down till you are even with the hook point in nice tight wraps, then back up to where the body of the fly starts. Then make two to three additional wraps as ribbing on the body.

Step # 5 Now tie in a small bundle of Pink Polar Flash for a wing. It should be mounted right where the body ends and sticking up at about a 45 degree angle. It should be trimmed even with the hook bend. At the eye side of the body the wing should be trimmed short and bound down.

Step # 6 Now tie in your pearl krystal chenille. You do this by stripping a little of the chenille off exposing the thread core. Now bind that thread core down right at the base of the wing and wrap the chenille forward. Now take and bind the chenille down, clip the excess, build a neat head and whip finish or half hitch a neat knot. Add a touch of head cement and you are done.



Doc Hackle, *a.k.a.* Ed Ruckey

Upper Skagit Photos....



Guess who won the fly box.....AGAIN!



“A trout stream should be approached with a degree of reverence, for practical as well as aesthetic reasons: if you jump out of the truck after five hours on the road and hop into the stream, you’ll not only wade right through a pod of rising trout, but will probably fall down and get your ass wet, too.”

John Gierach, “Trout Bum”

October Culinary Corner

This is a time of year when I start to get a craving for something with a bit more substance and I can stand to spend more time over a hot stove. Browning a 5+ pounds of meat over a hot pan is not something I want to do when it is 75 degrees outside.

This is also a time of year when the fare at our local vegetable purveyors changes as well. One of those items now available now is the quince. (Actually to make sure you can get them is to ask the produce department to order some. I have done this with Haggen's and with The Market on Lakeway.) This fruit used in Mediterranean cuisine, looks like gravenstein apple but you really don't want to eat one raw. They are usually peeled cored and cooked. They are also found in a paste form that is great with cheese.

This is a recipe I cooked for our outing to Chopaka Lake. The weather will be cold and I wanted something to get is warm and keep us that way. It is also not my usual chili. I will be serving over Israeli cous cous or maybe the celery root recipe I put in the last newsletter.

Enjoy

Braised Pork with Quinces

Source: Casual Cuisines of the World – Taverna

Active Time: 50 Minutes **Total Time:** 4 Hours 55 Minutes **Serves** 6

Quinces are prized in Greece and Turkey during the fall months, when their unique scent perfumes every kitchen. If you cannot find quinces, substitute apples or pears and reduce the sugar to 2 tablespoons. Although pork is naturally sweet and a wonderful foil for quince, this stew can also be made with beef or lamb.

INGREDIENTS:

2 1/2 lb boneless pork shoulder,
trimmed of excess fat and cut into 2-inch cubes
2 teaspoons ground cinnamon
2 teaspoons ground cumin
Juice of 1 lemon
3 lb quinces
2 tablespoons unsalted butter
1/2 cup sugar



(Culinary Corner Cont.)

1/4 cup olive oil

2 onions, chopped

Pinch of ground cayenne pepper, optional (I substituted 3 medium hot chilies like jalapeños with the seeds)

1 cup chicken stock or water

DIRECTIONS

Rub the meat with 1 teaspoon each of the cinnamon and cumin. Place the spice-coated meat in a nonaluminum bowl, cover and let marinate for 2 hours at room temperature or overnight in the refrigerator.

Fill a large bowl three-fourths full with water and add the lemon juice. Peel the quinces, core them and then slice thickly. As they are cut, drop them into the bowl of lemon water to prevent discoloring until all are cut.

Drain the quince slices and pat dry. In a sauté pan over high heat, melt the butter. Add the quinces and sauté until softened, about 10 minutes. Sprinkle with the sugar and continue to sauté until golden, 15-20 minutes longer. Add the pomegranate juice or water and simmer over medium heat until tender, 15-20 minutes. Remove from the heat and let stand for 1 hour.

Return the quinces to a simmer over medium heat and simmer for 15 minutes longer. Remove from the heat and let stand for 1 hour longer; or let cool, cover and let stand overnight.

In a large, heavy sauté pan over medium heat, warm the olive oil. Add the pork and brown on all sides, about 10 minutes. Using a slotted spoon, transfer the pork to a plate and set aside.


To the fat remaining in the pan, add the onions. Sauté over medium heat until tender, about 8 minutes. Add the remaining 1 teaspoon each cinnamon and cumin and the cayenne, if using. Sauté a few minutes longer to blend the flavors and then return the meat to the pan. Add the 1 cup stock or water and stir well. Reduce the heat to low, cover and simmer for 1 hour.

Place the pan holding the quinces over medium heat and bring to a simmer. Simmer for 15 minutes. Add the quinces and their juices to the meat and continue to simmer over low heat until the meat is tender and the flavors have blended, about 30 minutes longer. Season to taste with salt and pepper.

Spoon the stew into a warmed serving dish and serve hot.



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Willow Tree Vineyards

A Few More....





4CFF CALENDAR OF EVENTS



Conservation Projects

Conservation is the corner stone of our club. Projects are continually being added to our calendar. The only thing that is needed is the willingness to give something back to the resource will all love. Call Dan Coombs at (360) 398-1637 and sign up to be put on the list of volunteers.

Fly Tying Sessions

Fly tying sessions are constantly being held. Whether you're an expert or just beginning, please join us. Check our website <http://www.4thcornerfly.com> for dates, times, and locations.

R.S.V.P.'s are required.

Education Classes

We need Volunteers to help teach fly tying and fly casting at various places throughout the year. Even if you have tied for a little while, your presence is needed. Please contact Klaus Lohse (671-8453) or Frank Koterba (647-9715) if you wish to participate.

OUTINGS

Our club has a constant list of fantastic outings every month. We also have smaller outings for those who can only make it on the weekends. For a list of outings, their dates, and locations, please check out our website <http://www.4thcornerfly.com>. Frank Koterba is our present Outings Chairman and can be reached at (360) 647-9715.

If you are new to fly fishing, our club has fly rods, reels, and fly tying equipment available for use. Also, if you attend outings, it's wise to bring your own lawn chair.

For more information, please contact the hosts.

October's Meeting October 27, 2011

BELLINGHAM
COUNTRY CLUB

3729 Meridian St
Bellingham, WA 98225
(360) 733-3450

Wet Fly	6:00
Dinner	6:45
Program	7:30
Meeting	9:00

Contact Gary Jones,
gary-jones@comcast.net
for all dinner reservations.

Be sure to check off your name on the list when you arrive for dinner.

BRING A FLY FOR THE
"FLY PLATE"!

November's Board Meeting

November 1, 2011

Trinity Lutheran Church
119 Texas Street
Bellingham, WA

6:00 P.M.

4CFF Board Members

President

Lin Nelson (360) 961-0408 lin.nelson@comcast.net

Outings Chairman

Frank Koterba (360) 647-9715 fwkphotography@comcast.net

Program Chairman

Gary Jones (425) 239-4193 gary-jones@comcast.net

Secretary

Brian Faloon bfaloon@hotmail.com

Treasurer

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Tammy Findlay
<tammy@bbaybrewery.com>

Newsletter

Sid Strong (360) 220-0099
swstrong@comcast.net

Membership Chairmans: Brian Faloon and Nathan Weston

Raffle Chairmans: Errol McWhirk, Craig Lang

Directors: Klaus Lohse, Sid Strong, Nathan Weston, and Ed Ruckey

Volunteers are ALWAYS needed in our club. Conservation projects, educational classes, and all chairman positions are always open for new and old members....INCLUDING THE NEWSLETTER EDITOR POSITION!!!

It is the responsibility of ALL members for ALL of the outings to obey ALL local, state, and national regulations.

We represent an outstanding conservation and fishing club. Let's set a great example to ALL.

*All entomology sketches are drawn by Jack Salstrom, Member of the FCFE.
All Fly illustrations are drawn by Ed Ruckey taken from, "Diary of Northwest Trout Flies" by local author and FCFE Member Dan Homel.*



4th CORNER FLY FISHERS



Aims and Purposes

The members of the 4th Corner Fly Fishers are united by our enjoyment of the sport of flyfishing and by our desire to preserve and enhance fishing opportunities for all. To these ends we will strive to promote conservation of angling brotherhood and to broaden the understanding of fellow anglers. The following are the aims and objectives as stated in our Constitution.

- To work for the betterment and preservation of angling waters and surrounding lands.
 - To promote the creation of fly only and/or quality fishing waters and encourage appropriate management of these waters.
 - To practice and advocate protection of the resource and the natural environment.
 - To improve the state-of-the-art of fly fishing and keep members informed of developments of interest.
 - To maintain high standards of membership by selecting as prospective members those persons who are dedicated to fly fishing, are good sportsmen, and are conservation oriented; and to temper organizational growth consistent with the maintenance of quality membership standards.
 - To develop and implement programs of education designed to encourage individuals of all ages to become fly fishers and better sportsmen.
-



P.O. Box 1543
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<http://www.4thcornerfly.com>

