

# President's Message

Dear 4CFF Members,

It's time to dust off the equipment and ready yourselves for the inaugural club outing of the year – Pass Lake. This is a great outing especially for those who are new to fly fishing; the outing is close, veteran members attend, and Frank dishes up some of his fabulous chili and cornbread!

For those of you who are new to the sport and need equipment, do not be bashful! The club owns several 5 weight rods that are all ready to go (you will need to have some tippet and flies), Ed will probably hand out a fly or two, and some members have extra watercraft to borrow. For details about the outing and



Pass Lake – go to our website: <u>www.4thcornerfly.com</u> and under the Outings tab you will find "outing details". There is an outing detail document for Pass Lake that will give you more specific information about equipment, etc.

On a separate note, I want to bring to your attention that this Newsletter includes thank you letters from Reel Recovery and Casting for Recovery that you should read and be aware of. Your 4CFF club provides contributions to several fly-fishing related entities and I believe it is important for members to be aware of such.

Wishing you all a great spring!

Lin J. Nelson

Your Club President



## **Conservation Report**

Some of you may have received the good news from Hugh about the Lower Elwha Tribe signing an agreement NOT to plant any non-native Chambers Creek hatchery fish in the Elwha River in 2012. This will allow various agencies to gather information (evidence) to push the case for strongly favoring the wild fish should a court case develop. Our show of concern and solidarity for the wild Elwha fish seems to have tipped the scales a little towards all the stake holders doing the right thing. Hugh thanks us for our moral as well as financial support.

Just an early heads up about our first conservation work party on Saturday March 24. We will meet at the lake at 9:30 AM . As in the past, this will be primarily a light clean-up project so bring gloves, eye protection, and a tool (rake, weedwhacker, loppers). Rumor has it that Frank K. will be again spoiling us with some delicious lunch. For directions to Squalicum Lake or to answer any other questions, call me at 398-1637 or E-mail me at djcmbs@nas.com.



Dan Coombs, Conservation Chair



# 2012 Awards Committee



To do a better job at recognizing club members who contribute to the club and further its aims and purposes, the Board has approved a policy that commences the Awards Committee at the beginning of the year rather than the end of the year. The Board has also decided that the members of the Awards Committee for a given year will consist of the award recipients of the prior year. With that said, the **Awards Committee for 2012 will be Bill Hall, Brian Faloon, Bruce Ruckey, Klaus Lohse, and Terry McEwen**.

Throughout the year the Awards Committee members have the responsibility of recognizing members who are going above the call of duty in contributing to the club. Likewise, now that you know who is on the Awards Committee, we ask members to let the committee know of other members who they believe should be recognized.

Thanks to many hours of reading and documenting by Paul Bodenshot, we will soon publish the award recipients of past years on our club website. The greatest benefit of maintaining the award recipients on our website is that I will now have more space in my garage as I will no longer need to store the plaques!! That should leave room for a Dave Scadden Outlaw 5 if my calculations are correct!!

Lin Nelson, Club President



Klaus Lohse Education Award



Terry McEwen, Ralph Wahl Conservation Award

# March Outings Report

Well, I guess spring is still a little way off. I woke up to 4+ inches of snow on the ground. Anyway, I hope it is still in our future.

#### Fly Tying Sessions

We are past the middle of our fly tying sessions and by the time you read this we will be down to just a few left in the schedule. Since our last newsletter we have had sessions hosted by Lin Nelson, Tammy Findlay, and yours truly. All were well attended and a range of patterns were tied. There seems to be a growing interest in saltwater and bone fish patterns as members return or plan on heading to warmer climes. There is also a contingent of new tiers that are perfecting techniques and flies with the help of many of the more experienced members. By the time you read this, Klaus Lohse will have hosted a session as well.





## **Upcoming Tying Sessions**

March 17th at Mark Brovak's RSVP 650-0875 March 26th at Emil Ekman's RSVP 738-2913

April 7th at Jack Salstrom's RSVP 733-2809







These are all opportunities to spend some time getting ready for the year, learning some new patterns, or practice a technique. It is also one of the possible steps in completing the membership program for those working toward membership. There are no tying sessions scheduled after these.

Pass Lake Outing March 31

RSVP to Frank 647-9715

#### Pass Lake Outing:

Our first outing will be at Pass Lake in Deception Pass Park, on March 31st. Given the crowds that hit the lake, arriving early is a good idea. The Lunch will be at 12:30 near the boat ramp at the west end of the lake. Ed (Doc Hackle) Ruckey once again will be raffling off a box of his appropriate creations. It is also one of those situations where you need to let me know if you are coming so I know how much lunch will be required. And I will thank you in advance for helping me set up and take down.

Pass Lake has rainbows, brown trout, and cutthroats, some of which can be quite large. The lake is loaded with underwater structure which holds fish but also offer many opportunities for that early "release". This is a catch and release fishery. And no motors are allowed. Since it is a state park you need to have a Discovery Pass displayed on your vehicle. It is also a good idea to pay attention where you park, Rangers were handing out tickets for vehicles blocking access to the lot and on the highway.

For additional information on the lake and this outing consult the Pass Lake Outing document on our website. <u>www.4thcornerfly.com</u>.

To get there:

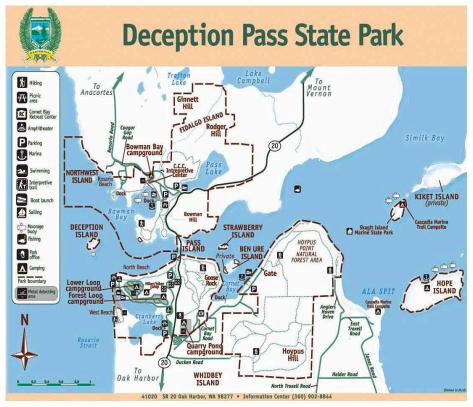
Take I-5 south and take exit 230 toward WA-20 (Burlingame/ Anacortes)Follow the signs for WA-20 toward Deception Pass State Park.

Once you enter the park, you will see Pass Lake on the right side of the road.

Follow it until you see the end of the lake, the launch ramp will be there and so will we. Look for the blue canopy cover and our new club banner.

The outing next month is still undecided. We will have to wait and see what weather conditions prevail before the choice is made. As soon as I know I will make an announcement as to the location

and the accommodations. It will also be up on the website.



MARCH 10, 2012

Silver Lake Outing

April 28

**RSVP** to Frank

647-9715

#### Silver Lake Outing:

We need to start planning for the return of the Silver Lake Breakfast. This will be on Opening Day, April 28th, at the large gazebo in the park. All are welcome. To effectively prepare, we will need to know how many of you will be attending. Let me know if you are coming and how many of you will be there. I want to thank all of you who have volunteered to lend a hand with the set-up, the cooking, and the clean up.

We have several events planned this year that will be paid for by the club. Here we are covering the facility rental. As a result, there will be a nominal charge to cover the food. After I do a site visit to plan the event, I can give you more specifics. This should be another one of our great times together.

#### Coastal Conservation Association News:

For those of you interested in saltwater beach fishing, one of the speakers at the next CCA meeting will be Ryan Smith, who owns Arch Anglers and the Avid Angler Fly Shop. He guides throughout the Puget Sound and Eastern Washington. One of their specialties is Sea-run Cutthroats off the beach. If you have an interest in this fishery, it would be worth your time to run down to Holiday Market Sports in Burlington, The next meeting is March 14 from 6:00-8:00 pm. I am including the meeting announcement in another part of the newsletter.



It is time to start getting ready to get outside!

Frank Koterba External Vice President (Outings Chair)



# Your Contributions at Work

Each year we pay our dues, we buy some raffle tickets at the monthly meetings, but we don't always realize what a difference these funds make to organizations around our community and state. In addition to helping to pay for things that directly benefit the club, our committees contribute funds to organizations like Reel Recovery, Casting for Recovery, and the Wild Fish Conservancy.

This issue of the newsletter features some of the thank-you notes that we have received as a token of appreciation from the groups we've supported. Please take the time to read through the attached letters and see what a difference your contribution makes.



So next time you see Errol or Craig selling raffle tickets, or Larry collecting dues your (now late!) dues, remember that the money you spend is benefitting not just those around you, but many folks you'll never meet and fish you might one day catch! *The Editor* 



"There is never the hardness and bitter cold of winter fishing in March, but the month has a wild competitive savagery of strength suddenly aroused from sleep. There can be sunny days in March, mild and full of spring, but I do not think of such days when I think of March trout fishing. Instead, I remember a day of cold, heavy rain driven by an equinoctial gale that lifted spray from the crests of the current waves...."



Roderick Haig-Brown

## Website Helper Needed

I'm calling on all club members to step up and learn how to update our site in case I'm permanently called to fly fish in Patagonia or New Zealand (it could happen).

Currently our site is built with PHP. PHP is a script language like Javascript and HTML. Actually the site uses all three of these languages. But don't worry, you don't have to be a programming genius to update the site. Can you send an email? Do you Facebook? Have you ever used Microsoft Excel? Then you can update our site.

Our site uses a database program that works with PHP called MySQL. To update our site, you login on any computer connected to the internet. You don't need a special program and you don't need to download anything. The site is organized in tables, containing information. You click on the table, click on the entry and update the info in the field. Then you hit Go. That is basically it. I can make it more complicated as needed.

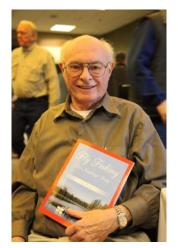
Usually, this is a 4 hour time commitment once a month. Unless you are really savvy. Then, it's a little more time. Because I'll teach you even more. PLUS! It's a marketable skill. It may be worth it for you to learn. As for training, it's more of a time commitment, because repetition is really important. A half hour a day, 10 days in a couple weeks should solidify the information in your brain. Otherwise, you'll look at it a month later and not remember a thing.

And now we'll steer in a completely different direction. We could rebuild the entire website in Wordpress. Wordpress is a widely used platform for websites that is easy for users to update. I'm curious if we should move to Wordpress. So, show of hands (email me), how many of you know how to use Wordpress?

Thanks for getting back to me on this (I know you will),

Tammy Findlay, your webmaster tammy@bbaybrewery.com 360-220-7879

## Program for the Monthly Meeting







Last month we had a really great presentation from Ray Gould on fishing BC lakes. The March program will be presented by Ed and Barbara Dahl, "Expect the Unexpected and Plan for it!"

This presentation is about safety and first aid. The program will not be a dry presentation that leads to a safety certificate or first aid card but a lighter look at the serious topic of safety and practical first aid for the club members.

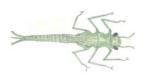
Barbara was the Program Director of the Medical Assistant program and a teacher at Whatcom Community College for more than 20 years before she retired. Her teaching duties included teaching first aid, and she was an American Red Cross Certified Instructor. She is co-author of a textbook used in the majority of the medical assistant teaching programs in North America. She has made many presentations to a variety of medical organizations around the northwest.

Ed was born and raised in Bellingham and is an engineer at Conveyor Dynamics, Inc. with more that 20 years field experience. His job requires him to travel and work on mine sites around the world. Mining is one of the most regulated and safety-oriented fields, and requires all personnel to have extensive safety

training before being allowed on a mine site. Ed has had a variety of outdoor experiences growing up in the northwest including several years as a member of the Mt. Baker Ski Patrol. He is also a licensed corner worker (flagger) for amateur and professional auto races and a trained Safety Steward for autocross events. The meeting is March 22 at Bellingham Golf and Country Club: Wet Fly at 6:00, dinner at 7:00, Ed and Barbara at 7:45. Please RSVP if plan on attending.



Gary Jones, FCFF Program Chair (425) 239-4193 or gary-jones@comcast.net



# March Culinary Corner

At my fly tying session I served a Garlic White Bean dip that went over pretty well. It is really easy to make and you can make it well before your guests arrive. Furthermore it is pretty flexible. I wanted enough to feed roughly 20 people, so I tripled the recipe. I used 3 different varieties of canned beans, great northern, cannelloni, and garbanzo. (They were in the pantry.) The ingredients that do make a real difference are the fresh lemon juice, fresh garlic, and good quality extra virgin olive oil.

Lemon-Garlic White-Bean Dip

YIELD: Serves 8

#### Ingredients:

- 1 15.5-oz. can small white beans, drained and rinsed
- 3 cloves garlic, chopped
- 1 tablespoon lemon zest
- 2 tablespoons lemon juice (Meyer Lemon)

Salt and pepper

1 oz extra virgin olive oil (Use the good stuff)

1 tablespoon chopped fresh parsley



#### Preparation

•In a food processor, process beans, garlic, lemon zest and juice, 1/2 tsp. salt, 1/4 tsp. pepper and oil until almost smooth.

•Add and pulse in parsley and season with additional salt and pepper, if desired.

•Cover; chill for 30 minutes.

#### **Roasting Garlic**

There are many recipes that call for roasted garlic, some as simple as a slice of toasted baguette! I have tried a number of methods to get the job done. But this is the easiest.

•Pre heat the oven to 375 (350 for convection)

•Select garlic heads with larger cloves. Break the cloves from head, trim the base but don't peel. Since most cloves will vary in size I sort them into a couple of piles by size: really small, medium and large. We will be roasting the last 2 piles. Use the small ones for something else.

- •Tear off 12" of aluminum foil and double it by folding it over to 6". It should be a narrow rectangle.
- •Place the cloves along the center of the foil, drizzle some olive oil over them. (See Note)

•Fold the foil up into a tent over the garlic and fold it to seal the top and fold in the ends as well. You should end up with long narrow packages. (2" wide by almost the width of the foil roll.)

•Put them on a sheet pan or cookie sheet with a rim. And put them in the middle of the oven.

The package with the medium cloves should be done in about 15 minutes, the larger 3-4 minutes longer. You can check it by taking the package out and opening it. The cloves should be soft and opaque. If they are not done just reseal and put them back for a little longer.

When they are done just let them cool. Squeeze the cloves into an air tight container and cover with any of the oil they were cooked with or add a little to cover them. They will last at least a week in the refrigerator.

When I am doing this I usually roast 5 or 6 heads at a time. Its surprising how many uses you can find for this sweet treat!

Chef's Note: When you are going to cook or heat olive oil, just use a good quality oil, don't waste your money on Extra Virgin Oil. The heat just oxidizes the oil and the flavor fades. Save the good stuff for recipes where you can taste it.

#### Enjoy!

Frank Koterba, Campsite Chef of the FCFF



March Photo of the Month

I've been told that tropical fish make a very long run when first hooked; you either let them take the line or lose them. Apparently, despite extra backing, the pictured angler failed to land this "fish" during a recent trip to Crooked Island.

The Editor



# **4CFF CALENDAR OF EVENTS**



# **Conservation Projects**

Conservation is the corner stone of our club. Projects are continually being added to our calendar. The only thing that is needed is the willingness to give something back to the resource will all love. Call Dan Coombs at (360) 398-1637 and sign up to be put on the list of volunteers.

# Fly Tying Sessions

Fly tying sessions are constantly being held. Whether you're an expert or just beginning, please join us. Check our website <u>http://www.4thcornerfly.com</u> for dates, times, and locations. R.S.V.P.'s are required.

# **Education Classes**

We need Volunteers to help teach fly tying and fly casting at various places throughout the year. Even if you have tied for a little while, your presence is needed. Please contact Klaus Lohse (671-8453) or Frank Koterba (647-9715) if you wish to

participate.

## OUTINGS

Our club has a constant list of fantastic outings every month. We also have smaller outings for those who can only make it on the weekends. For a list of outings, their dates, and locations, please check out our website <u>http://www.4thcornerfly.com</u>. Frank Koterba is our present Outings Chairman and can be reached at

(360) 647-9715.

If you are new to fly fishing, our club has fly rods, reels, and fly tying equipment available for use. Also, if you attend outings, it's wise to bring your own lawn chair.

For more information, please contact the hosts.

Monthly Meeting March 22, 2011 BELLINGHAM COUNTRY CLUB 3729 Meridian St Bellingham, WA 98225 (360) 733-3450

Wet Fly	6:00
Dinner	6:45
Program	7:30
Meeting	9:00

Contact Gary Jones, <u>gary-jones@comcast.net</u> for all dinner reservations.

Be sure to check off your name on the list when you arrive for dinner.

> BRING A FLY FOR THE "FLY PLATE"!

## April's Board Meeting

April 3, 2011 Trinity Lutheran Church 119 Texas Street Bellingham, WA

6:00 P.M.

VOLUME 41, ISSUE 3

"RANDOM CASTS"

# **4CFF Board**

## President

Lin Nelson (360) 961-0408 lin.nelson@comcast.net

## Outings Chairman

Frank Koterba (360) 647-9715 <u>fwkphotography@comcast.net</u>

## Program Chairman

Gary Jones (425) 239-4193 gary-jones@comcast.net

### Secretary

Brian Faloon <u>bfaloon@hotmail.com</u>

Treasurer

Larry Irwin <u>larryandbarb@comcast.net</u>

Susan Swetman (360) 428-2016
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Tammy Findlay <<u>tammy@bbaybrewery.com</u>>

#### Newsletter Sid Strong (360) 220-0099 swstrong@comcast.net Steve Runge (360)733-7394 srunge@logos.com

Membership Chairmen: Brian Faloon and Nathan Weston

Raffle Chairmen: Errol McWhirk, Craig Lang

Directors Klaus Lohse, Craig Carlile, Nathan Weston, and Matt Roelofs

Volunteers are ALWAYS needed in our club. Conservation projects, educational classes, and all chairman positions are always open for new and old members....INCLUDING THE WEBSITE EDITOR POSITION!!!

It is the responsibility of ALL members for ALL of the outings to obey ALL local, state, and national regulations.

We represent an outstanding conservation and fishing club. Let's set a great example to ALL.

All entomology sketches are drawn by Jack Salstrom, Member of the FCFF. All Fly illustrations are drawn by Ed Ruckey taken from, "Diary of Northwest Trout Flies" by local author and FCFF Member Dan Homel.

# 4th CORNER FLY FISHERS

## Aims and Purposes



The Members of the Fourth Corner Fly Fishers (located in Bellingham, WA) are united by our enjoyment of the sport of fly fishing and by our desire to preserve and enhance fishing opportunities for all. To these ends, we will strive to promote conservation of angling brotherhood and to broaden the understanding of fellow anglers.

#### The purposes for which the Club was formed are:

- To operate a social club for the pleasure, association and recreation of its members engaged in fly fishing activities.
- To work to protect wild fish and the habitat which sustains them.
- To work for the betterment and preservation of angling waters and surrounding land.
- To improve the "State of the Art" of flying fishing and to keep members informed of developments of interest.
- To develop and carry out programs of education designed to encourage individuals of all ages to become fly fishers and to promote ethical use of the resource.



P.O. Box 1543 Bellingham, WA 98227

http://www.4thcornerfly.com