

Somebody told me it was now September. How is this possible? But it must be. Salmon are spawning in Maple Creek, on the Whatcom Land Trust's property and I saw it with my own eyes. Members of **four Pacific salmon species** were thrashing around in portions of this stream, in a tiny amount of crystal clear water. Here's a video (Whatcom Land Trust's Salmon Spawning Spectacle).

This month's Board meeting included discussions of membership policies and procedures, along with an update on the progress being made by our Auction Committee. You'll hear more about this at our Club Meeting later this month, but Raffle Tickets have been printed and, with a purchase, you'd have a chance to win:

1. A multi-course dinner and winery tour for 10 guests at the fabulous "Willow Tree Vineyard".

2. A scenic float trip down the Skagit, Nooksack or Stillaguamish Rivers with friends from the Confluence Fly Shop and Cascades Flyfishing expeditions.

3. Two nights lodging at the "Sun Mountain Lodge" in Winthrop PLUS a dinner for two at their acclaimed restaurant.

4. Three relaxing hours of Swedish massage, facial, manicure and pedicure at Sazen Salon & Spa near the Hotel Bellwether.

NEWS FLASH! Mike Riber has found a new Auctioneer for the "Live" portion of this year's affair – she will be attending the September meeting to see just what a group of curmudgeons, er [ahem] fine-spirited gentlefolk we all are. And, yours truly has volunteered to M.C. the Live Auction, so any fly fishing gear in the Auction might end up being described with more precision than in past auctions, and you need not feel constrained to be polite if I do manage to fail to give an item its proper due.

If you have items to donate to the Auction [nice stuff, not yard sale material, please...] you can drop them off with Mike Riber, Dan Coombs or Bob Cooper, depending on who is closer to you. I've personally been assembling some reels with extra spools and lines, along with a rod or two to donate to the affair - could make someone starting out in this sport quite happy. What could YOU contribute? Only the Shadow knows...

At the September meeting we will, in accordance with the provisions of the Bylaws, be ratifying the selection of a Nominating Committee to help us fill vacancies that will appear on the Board in 2014. We'll also be approving the Awards Committee that evening. And with a program being given by Mike Benbow on "Chum on the Fly", the September Club meeting looks as though it is shaping up to be "A Goodie !"



See you there. Be well....

Hugh Lewis, President of the 4CFF



"The climatic shift of September invigorates the trout and steelhead that had grown stale during the warm and low stream flows of August. It also prompts the entry of fresh returning adult steelhead, cutthroat, coho, and Chinook into freshwater. The fish nose further upstream with each successive storm, their silvery luster of anadromy – like the season – gradually darkening over the course of the month. ...

Metaphorically, September exudes the ambience of a subway terminal. There is a constant hustle and bustle of fresh anadromous fish passing through shallow riffles like turnstiles seeking a migratory corridor that will lead them to their final destination. Given the incredible diversityI find it impossible to indentify a single species or subspecies as being representative. Instead, I celebrate the variable fall climate and the diversity of all salmonids."

Bill and John McMillan, "May the Rivers Never Sleep" [2012]

# Sepember's Meeting!

This month's general meeting of the 4th Corner Fly Fishers will be held at the Bellingham Golf and Country Club on September 26, 2013. The Wet Fly will begin at 6pm with dinner at 6:45pm. The program will begin at 7:30pm and will be followed by the general membership meeting.

Our guest speaker this month is Mike Benbow. Mike is a retired newspaper writer and editor who has fly fished in Washington state for 30 years. A former co-owner of the Avid Angler Fly Shop

in Lake Forest Park, Mike is now a freelance writer and photographer for magazines like Northwest Fly Fishing. He is a member of the Evergreen Fly Fishing Club in Everett and presents programs on fly fishing for Cabelas, clubs and other groups.

In his presentation, Mike will provide tips and techniques for fly fishing for chum salmon, a powerful fish that come willingly to a fly. The program will focus on fishing on the upper Skagit River, but the information will work on any good chum river, like the Harrison in British Columbia.

I personally have not had the pleasure of seeing one of Mike's presentations before, but I have followed his writing in Northwest Fly Fishing the past few years and I know he'll put on a great show. I hope you can join us!

Please RSVP by Tuesday, September 24 by visiting <u>http://4cff.eventbrite.com</u> or by contacting me via email at <u>msr@deepsnow.com</u> or by phone at 360-319-1350. Be sure to indicate if you'll be having dinner or just attending the meeting, and remember that a dinner recompution mode is a binding commitment for you

dinner reservation made is a binding commitment for you to pay. Also, a reminder that getting your RSVP in on time helps us provide an accurate count for the kitchen. In July we had a large number of late reservations and it caused trouble with the food count. Thanks for your help in placing your reservations on time!

I look forward to seeing you on the 26th!

Tight lines,

Matt Roelofs, 4CFF Programs.





## A note from your internal VP

#### Hi Everyone,

If you attended our July meeting you'll likely remember hearing from Ed Megill about a fundraiser that was just getting off the ground. Now, 6 weeks later the effort is in full swing and Ed and his wife Audrey and Scott Willison (The Confluence Fly Shop) have organized an impressive amount of support to help young Neilan and his family. The raffle part of the fundraiser MIGHT happen the same night as our September meeting (Sept. 26 at 5pm...this might change) and so I wanted you to be aware of this effort – partly because there are some awesome items in the silent auction and raffle, but mostly because this young family needs all the support they can get. I'm pasting a copy of the information from Ed's guide service (Cascades Flyfishing Expeditions) website. You can visit the site (<u>http://www.cascadesfly.com/content/What\_We\_Do/neilan.asp</u>) for updates and more information on how to participate or just stop by The Confluence to pick up tickets. Thanks for anything you can do.

#### Matt Roelofs

Neílan Hart Fundraíser

A good friend of The Confluence Fly Shop and an avid flyfisher, Trevor Hart, recently learned that his young son, Neilan, has a rare form of leukemia. Neilan is currently undergoing chemotherapy at Seattle Children's Hospital. Neilan and his family are

facing some enormous challenges, and The Confluence Fly Shop has solicited donations for a silent auction and raffle in hopes of providing some morale support and financial assistance. The generous response of companies, associates, and friend with donated items has been absolutely amazing.

Complete descriptions of Silent Auction and Raffle items can be found at www.cascadesfly.com.



## Neilan Hart Fundraiser Auction Items

## **Silent Auction Items**

Scenic Skagit Float Trip and Lunch with Bill McMillan – October 19th Float Overnight Guided Flyfishing Outing for two with Ed and Audrey Megill BBQ for 20 people with Frank Koterba

Nate Koenigsknecht with C. F. Burkheimer - Oregon Coast Guided Steelhead Trip Bob Triggs Walk and Wade, Sea Run Cutthroat, Olympic Peninsula Guided Day Trip

Bids on these Silent Auction items should be sent to rsvp@theconfluenceflyshop.com. They will post new high bids at www.cascadesfly.com. daily.

## **Raffle Items**

Derek Young of Emerging Rivers with a guided flyfishing trip on the Yakima River Ryan Smith of The Avid Angler with a guided day on the Puget Sound beaches Scenic Eagle Float Trip Solitude Reel of your choice Scott Willison Flies with Box Any Echo single hand, SR switch, TR or DH spey rod and Airflo line from Rajeff Sports Islander Reel, No. 6 The Confluence Fly Shop \$100 Gift Certificate Hardy Reel, The "St. George", 3 <sup>3</sup>/<sub>4</sub>, Mk2, with spare spool Orvis Saltwater Reel, medium, gold with spare spool Hand-turned Wood Bowl Jack Salstrom's Bugs with Box Errol McWhirk Bugs with Box Dennis Elwell assorted flies with box Case of Wine Joe's Garden \$100 Gift Certificate Mike Kinney Print, Signed, Your Choice North Fork Nooksack Whitewater Rafting Trip for Four

## Neilan Hart Fundraiser Auction Items

A Case of Pacific Northwest Beers North Fork Nooksack Whitewater Rafting Trip for Six ... Afternoon Run "May the Rivers Never Sleep" by Bill McMillan ... Signed Ben with the Avid Angler, Flies with Box Scott Christensen, FFF Casting Instructor, One Hour Lesson St Croix Imperial Spey Rod, Reel and Line

Raffle tickets are \$20 apiece and will be on sale anytime at the The Confluence Fly Shop, 2620 North Harbor Loop, #9, Bellingham. They will also be sold at the September 19th Fidalgo Fly Fishers meeting.

The drawing will be held at The Confluence Fly Shop in Bellingham in early October.

Bruce Freet



## September Outings Report:

Before we look forward I would like to thank all of you who helped make this year's club picnic such a success. In particular Bob Cooper for the use of the "*Cooper Cooker* "and all the time he spent tending the brisket. I would also like to thank the Don and Linda Anderson and their daughter Heather for their generosity and use of the Willow Tree Winery. Their wines will be missed as they move on to other pursuits. In all I think we ended up with 85 members and guests sharing some good company, food and a little BBQ.

Whether we are ready or not another seasonal transition is upon us. The salmon are here and the end of the trout fishing is in sight. It's time to review our activities for the next couple of months.

## **Upper Skagit:**

The club will be making our annual sponsored run up the Canadian side of Ross Lake to fish the Skagit River with the potluck scheduled for Saturday September 7th. This is always a great trip. We should be enjoying good company, the beginning of the fall colors, and hopefully some eager fish. This will be an opportunity to work both in the surface film for trout or dredge the bottom for some of the big Dolly's hiding there.

We will be staying at the Hozomeen Campground on the US side of the border. There is no fee for this campground and you do not need to have a permit to camp there. (If you stop at a National Forest Service Trailhead you do need the annual pass. If you are 62 or older you can get a lifetime pass for \$10.) The campground has water and vault toilets. There are picnic tables and fire ring. All Trash must be hauled out and there is no cutting of firewood. It is pretty basic but the price is right.

To get there:

Cross the border at Sumas and take HWY 1 towards Hope. Take the 2<sup>nd</sup> Hope exit, and turn right at the stop sign. Go to the flashing light and take a right onto Silver/Skagit Road. Stay on this all the way to the campground.

The Silver/Skagit can and will probably be a rough gravel/dirt road. Make sure you have a spare tire and working jack. It is also 40 miles from the highway to the campground. So make sure you double check your gear because it is a long way to go back to Hope for things you forgot!

## **Update:**

There were a few brave (or maybe crazy) members that went despite the forecast of heavy rains and thunderstorms in the area. At the time we are going to "press" I have not heard any reports from them. I guess we will have to wait for the next meeting on the 26th to find out what happened.

## Yakima River:

After years of attempting to fish here in the spring I finally woke up and listened to Steve Worley's (Worley bugger Fly Shop) advice and scheduled the trip in September. We are going over the week leading up to the potluck on Saturday September 21st. The host for this outing will be Matt Roelofs. We will be camping at the KOA Campground near Ellensburg. Their address is 32 S. Thorp Hwy. Ellensburg, WA 98926. Contact: Info: (509) 925-9319 Reserve (800) 562-7616. When you call let them know you are with us. Be advised that there will be a large gathering of "Project Healing Waters" participants there at the same time. This is a group that works with veterans introducing to the sport we all love.

To get there:

Due to the numerous construction projects road closings and other issues it is advisable to check with the Washington DOT to get the latest information.

To get more information on the fishing itself, check the outings detail document for the "Yakima River (2013)" on the website.

If you have any venues or locations you would

like to fish next year, please let me know. We

will be working on the calendar soon.

Upcoming US Salmon Outings: September 25th

(Location to be determined)

Upcoming Canadian Outings: October 7th (Location to be determined)

See you out there!

Frank Koterba Your External Vice President and Outings Chairman



# **CONSERVATION REPORT!**

As you know, we are in the midst of preparing for our semi-annual Conservation Fund raiser to be held at Bellingham Country Cub on Saturday October 26. Historically speaking, the Conservation Committee realizes that not everyone in the club can go out to work sites and do manual labor to improve our local salmon spawning streams. However, each member can and should actively donate time/ money to the following worthwhile projects and groups that we are currently The club's current conservation projects include major stream rehab at helping. the 10 Mile Creek School site, maintainence of the entryway and boat launch areas of Squalicum Lake as well as its yearly creel census, assistance with salmon carcass planting in various creeks under the auspices of CCA and assistance with stream rehab of the headwaters of the Samish River near Wickersham. In the past two years the Conservation Fund has made important donations to Nooksack Salmon Enhancement, the Skagit Fisheries Enhancement Group, the Coastal Conservation Association, the Native Fish Society, the Flyfishing Educational program at Western Washington University, the Wild Fish Conservancy and monetary support for our Educational branch of the club. Whew! That's alot of well deserved support from our club and you as members can be quite proud of your involvement. What can you do to keep our projects and donations going? Get involved at some level in the success of our fundraiser ie. attend and participate in the auctions, bring a guest who might also participate in the auction, donate an item or buy an item to donate for that night, buy and/or sell as many raffle tickets as you can, ask business aquaintaces for a donation of items or services for our fundraiser, and call to volunteer a little of your time for the fundraiser setup. We can all get involved in one or more ways so let's make this the best fundraiser yet!!!

On another note, just a heads up that I need about a half dozen volunteers to help me on Wednesday morning September 18 out at 10 Mile Creek School site to prepare new areas for fall tree planting. This will involve some pruning, weedeating and possibly a bit of weed spraying. Please call me if you can donate a couple hours of your time.

Thanks for All your support, Dan Coombs, 4*CFF Conservation Chair* 



## The Conservation Auction:

Greetings to All 4CFF Members,

I would like to share with you the latest information about our upcoming conservation auction and how you can help. First off, if you have not marked the date please know that our auction will take place **Saturday, October 26<sup>th</sup>**at the Bellingham Golf and Country Club. We are planning on having a nice sit down dinner for \$35 or \$65 per couple. Dinner tickets will go on sale soon with no day of event ticket sales. More information will be shared about the dinner later.

Our raffle items are set and ticket packages are available. Please see the attached brochure which highlights the raffle choices. We will have raffle tickets available at the next meeting and we encourage everyone to take one or more packages to help us sell tickets. Ticket packages can also be picked up from any of the Conservation Auction Committee members listed below. All raffle money and ticket stubs must be turned in to me before the start of dinner on auction night. The raffle has been the biggest contributor to our conservation fund so please help sell tickets.

Prior to the next regular meeting you should expect to be contacted by one of the Conservation Auction Committee members. We will be contacting you about attending the auction, selling raffle tickets and helping us solicit and collect items for the silent and live auctions. Auction items do not necessarily need to be fishing related, but they should be of good quality and value. Do you have a contacts that might be willing to make a donation to our conservation fund? If so, please help us solicit donations. Drop off sites for auction items will be at Dan Coombs, Bob Cooper or Mike Riber's. All auction items should be turned in by October 19<sup>th</sup> (or sooner).

Thank you for your help in making this a fun and rewarding event for our conservation fund. We will also be looking for volunteers to help the night of the event. Let me or any of the Committee members know if you have any questions.

#### Your 2013 Conservation Auction Committee,

Frank Koterba, Dan Coombs, Angus MacArthur, Paula Faulkner, Bill Faulkner, Bob Cooper, Bob Johnston and Mike Riber



# September Culinary Corner

I always try and keep an eye out for what is in season. And as we are now approaching the beginning of the end with regards to local produce a couple of uses for the current crops came to mind.

Right now you can still get some good melons and basil hasn't run out. So when I saw this little gem slide into my e-mail box it all came together. It's from a site called Tasting Table. I ran through several versions using different melons, honeydew, cantaloupe and watermelon. The key is getting a sweet, ripe one. (Agave nectar can be added to taste.)The color of the final product will change with the type of melon. If you need to add sweetness I also increased the amount of avocado to add a bit more viscosity to the soup.

The garnish of the pimentón infused cucumbers introduces a little heat to add balance.

#### Melon Basil Soup with Cucumbers Pimentón

Recipe from the Tasting Table Test Kitchen

#### Yield: 4 servings Prep Time: 30 minutes Total Time: 30 minutes

#### Ingredients

<sup>1</sup>/<sub>2</sub> honeydew melon-peeled, seeded and roughly chopped (about 4 cups)

1 English cucumber, seeded--<sup>3</sup>/<sub>4</sub> of the cucumber roughly chopped, <sup>1</sup>/<sub>4</sub> finely chopped

1<sup>1</sup>/<sub>4</sub> cups fresh basil leaves

<sup>1</sup>/<sub>2</sub> ripe avocado, roughly chopped,

<sup>1</sup>/<sub>4</sub> cup plus 2 tablespoons fresh lime juice (from 5 to 6 limes)

1 teaspoon kosher salt, divided

2 ice cubes

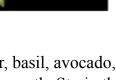
<sup>1</sup>/<sub>4</sub> teaspoon smoked paprika (*pimentón*)

1 teaspoon extra-virgin olive oil

#### Directions

1. Make the soup: To a blender, add the melon, roughly chopped cucumber, basil, avocado, lime juice, ½ teaspoon of the salt and the ice cubes and purée until completely smooth. Strain the purée through a fine-mesh sieve set over a medium bowl.

2. In a small bowl, add the finely chopped cucumber, the remaining  $\frac{1}{2}$  teaspoon of salt, the smoked paprika and olive oil and stir to combine. Divide the soup among 4 bowls and serve.



#### (September Culinary Corner Continued)

Looking ahead soon we will see the end of the tomato crop. With it comes the flood of green tomatoes. I wanted to try something other than the standard fried recipes.

### **Green Tomato Jam**

(adapted from Christine Ferber's Green Tomato with Cinnamon Jam)

#### **Ingredients:**

4 pounds green tomatoes (2 1/2 pounds net) 4 1/3 cups superfine sugar Juice (and zest) of two small lemons

#### Directions

- 1. Rinse tomatoes in cold water. Dry them with towel. Cut in wedges and remove juice, seeds and the white center parts. Dice tomatoes.
- 2. In a bowl, combine the tomato pieces, sugar and lemon juice. Cover with plastic wrap and let macerate overnight.
- 3. The next day, pour this mixture into a large flat-bottomed nonreactive pan preserving pan. Bring to a boil and on low heat cook for 10 minutes, stirring occasionally. Pour back into the bowl. Cover with plastic wrap and again refrigerate overnight.
- 4. On the third day, bring the mixture to a boil, skim if necessary and continue cooking in low heat for 10 minutes, stirring occasionally.
- 5. Check the set and cook a bit more if needed. Put the jam into jars immediately, seal and cook in a water bath for 10 minutes. (For small batches, just refrigerate).

The last instruction assumes that you are set up do a proper job of canning with all the necessary food safety steps included.

Enjoy

Frank Koterba, 4th Corner Chef





Photos by Steve Kopp on Racehorse Creek and Thompson Creek near Glacier.



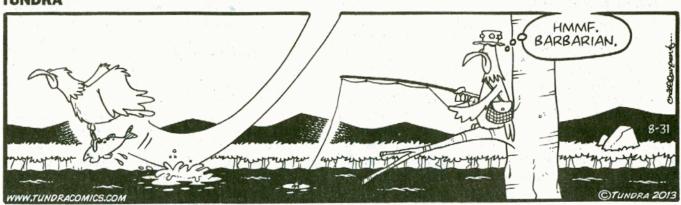
# FOR SALE!!!

Southfork Pontoon Boat (Forest Green) purchased NEW in 2007 for \$900. Asking \$200. Terry McEwen (360)733-4548



The Southfork is the most rugged and stylish 8' pontoon boat on the market today! It is designed with both performance and economy in mind. From day trips down your favorite trout stream to fishing a mountain lake, this boat covers all the bases.

The rotary-welded pontoon covers have 18oz. PVC coated polyester on top and 22oz. material on the bottom where most abrasions occur. The bladder is 100% polyurethane. The stainless steel frame is amazingly strong and corrosion resistant and offers adjustable footrest and oar placement. Other standard features include 6' aluminum breakdown oars with molded rubber oar-stops, roomy weatherproof storage pockets, a large rear cargo deck and an effective stripping apron.



#### TUNDRA

# A Fly Fishing Film

As featured in the recent edition of the Heritage Resources Newsletter, Western Libraries is delighted to collaborate with the Pickford Film Center, <u>http://www.pickfordfilmcenter.org/</u> in cosponsoring the opening night of a documentary film series entitled "Doctober" on October 1st. The event will feature a screening of "Kiss the Water," a documentary film about Megan Boyd and her expertise in fly-tying. In conjunction with the film, Heritage Resources will provide a small exhibit of our fly fishing books, flies and other realia. These featured items will be housed in a secure exhibit cases donated by the Whatcom Museum for our use that evening. Additionally, select images from the collection of noted fly fisherman and photographer Ralph E. Wahl (housed at the Center for Pacific Northwest Studies) will be streaming on the big screen prior to the film's start. A review of "Kiss the Water" is available here....... http://www.hollywoodreporter.com/review/kiss-water-tribeca-review-450318>.





## **Conservation Projects**

Conservation is the corner stone of our club. Projects are continually being added to our calendar. The only thing that is needed is the willingness to give something back to the resource will all love. Call Dan Coombs at (360) 398-1637 and sign up to be put on the list of volunteers.

# Fly Tying Sessions

Fly tying sessions are constantly being held. Whether you're an expert or just beginning, please join us. Check our website <u>http://www.4thcornerfly.com</u> for dates, times, and locations. R.S.V.P.'s are required.

# Education Classes

We need Volunteers to help teach fly tying and fly casting at various places throughout the year. Even if you have tied for a little while, your presence is needed. Please contact Bill Hall (305-0161), Joe Kelly (384-0623), Klaus Lohse (671-8453) if you wish to participate.

## OUTINGS

Our club has a constant list of fantastic outings every month. We also have smaller outings for those who can only make it on the weekends. For a list of outings, their dates, and locations, please check out our website <u>http://www.4thcornerfly.com</u>. Frank

Koterba is our present Outings Chairman and can be reached at (360) 647-9715.

If you are new to fly fishing, our club has fly rods, reels, and fly tying equipment available for use. Also, if you attend ANY outings, it's wise to bring your own lawn chair. (it's better than a rock or a tailgate.)

For more information, please contact the hosts.

September's Meeting THURSDAY, September 26, 2013 BELLINGHAM COUNTRY CLUB 3729 Meridian St Bellingham, WA 98225 (360) 733-3450

Wet Fly	6:00
Dinner	6:45
Program	7:30
Meeting	9:00

RSVP to Matt for reservations: http://4cff.eventbrite.com msr@deepsnow.com 360-319-1350

Be sure to check off your name on the list when you arrive for dinner.

## October's Board Meeting

October 1, 2013

Trinity Lutheran Church 119 Texas Street Bellingham, WA

6:00 P.M.

VOLUME 42, ISSUE 9

"RANDOM CASTS"

SEPTEMBER 12, 2013

# **4CFF Board Members** CONSERVATION President Hugh Lewis (360) 676-5150 hugh@hughlewislaw.com **Outings** Chairman Frank Koterba (360) 647-9715 fwkphotography@comcast.net Program Chairman Matt Roelofs (360 714 8407) msr@deepsnow.com Secretary Craig Lang (360) 201-1917 craig.lang@ch2m.com Treasurer

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Website Tammy Findlay <tammy@bbaybrewery.com>

Newsletter Sid Strong (360) 220-0099 swstrong@comcast.net Steve Runge srunge@logos.com

Membership Chairmen: Brian Faloon and Nathan Weston Raffle Chairmen: Errol McWhirk

Directors: Sid Strong, Ed Dahl, Jim Darden, Dave Johnson & Lin Nelson

Volunteers are ALWAYS needed in our club. Conservation projects, educational classes, and all chairman positions are always open for new and old members.

It is the responsibility of ALL members for ALL of the outings to obey ALL local, state, and national regulations.

We represent an outstanding conservation and fishing club. Let's set a great example to ALL.

All entomology sketches are drawn by Jack Salstrom, Member of the FCFF. All Fly illustrations are drawn by Ed Ruckey taken from, "Diary of Northwest Trout Flies" by local author and FCFF Member Dan Homel.

# 4th CORNER FLY FISHERS

## Aims and Purposes



The Members of the Fourth Corner Fly Fishers (located in Bellingham, WA) are united by our enjoyment of the sport of fly fishing and by our desire to preserve and enhance fishing opportunities for all. To these ends, we will strive to promote conservation of angling brotherhood and to broaden the understanding of fellow anglers.

#### The purposes for which the Club was formed are:

- To operate a social club for the pleasure, association and recreation of its members engaged in fly fishing activities.
- To work to protect wild fish and the habitat which sustains them.
- To work for the betterment and preservation of angling waters and surrounding land.
- To improve the "State of the Art" of flying fishing and to keep members informed of developments of interest.
- To develop and carry out programs of education designed to encourage individuals of all ages to become fly fishers and to promote ethical use of the resource.



P.O. Box 1543 Bellingham, WA 98227

http://www.4thcornerfly.com