

Dear 4CFF Members,

Can someone remember a better entrance to September than what we've experienced this last week? Such a delight, carrying only a hint of the imminence of a surely-advancing autumn. These were days to be on cool water, a breeze in one's hair, with the potential for fish somewhere nearby.

Fish, you say? How about this? Fish from the sea have been returning to upper reaches of the Elwha River, for the first time in a century. It should not have taken this long, but what was supposed to happen just happened: <a href="http://peninsuladailynews.com/article/20140906/NEWS/140909980/updated-8212-after-a-century-fish-return-to-upper-elwhariver">http://peninsuladailynews.com/article/20140906/NEWS/140909980/updated-8212-after-a-century-fish-return-to-upper-elwhariver</a>. If we can let native fish recolonize this magnificent river on their own, without hatchery interventions, this lengthy, sometimes contentious and expensive process will have been fully justified. I'm crossing my toes....

I'm pleased to report that your Board has been busy, and productively so, in a now distinctly mellow and congenial operating environment. Last Tuesday, we identified five members and even some alternates for the Nominating Committee that must identify and recommend candidates to fill the vacancies that will appear on the Board in 2015.

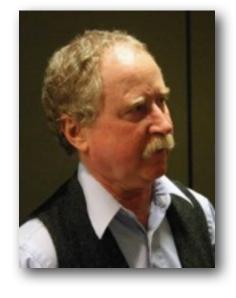
At our upcoming September Club meeting on Thursday the 25<sup>th</sup>, the membership will have a chance to ratify the Board's choices for the Nominating Committee. The Nominating Committee will make its recommendations to the membership at its November meeting. In the interim, the Committee will be conversing internally, and may reach out to YOU, dear reader, to see whether your unique blend of talent and interests might include a stint on our Board. Think about it - your shot at 4CFF glory?

### (President's Message Cont.)

In the same vein, you should know that come 2015, I will be happily occupying the position of Past President, a position that starts this coming January and lasts a year. I'm planning to use that time to complete some necessary revisions to our Bylaws, and get our tax situation sorted out. This means that the office of President will be up for grabs this November. We know that there's someone out there who can and will slide into that position. Who will it be? Don't be bashful; it could be you...

One last little item of future business warrants mention at this time. 2015 will be an AUCTION YEAR! Something we learned from last year's highly successful auction is that we did better, both financially and in terms of fun, with a smaller number of donations consisting of items made by members, or functions like dinners, casting classes or other activities involving donor members. So think about things like this that you or someone you know might to donate to next year's Auction.

Well, 'nuff of that. See you all there on the 25<sup>th</sup>! Be well....



Hugh Lewis, 4CFF Presiden



"September represents a climatic and biological transition from summer to fall. On the Olympic Peninsula, the seasonal shift is marked by shorter days, cooler temperatures, and brilliant sunsets. Mornings begin to feel like mornings, rather than a mere respite from summer's heat and humidity. Rain arrives in brief, but spirited squalls. Stream temperatures drop and flows rise and fall rapidly due to the antecedent moisture conditions. The changes in weather and stream flow bring new life into the river..."

Bill and John McMillan, "May the Rivers Never Sleep" [2012]

# September's Program

This month's general meeting of the 4th Corner Fly Fishers will be held at the Bellingham Golf and Country Club on September 25, 2014. The Wet Fly will begin at 6pm with dinner at 6:45pm. The program will begin at 7:30pm and will be followed by the general membership meeting.

Our speaker this month is Jim Pankiewicz. Jim has been an avid fly fisherman since 1971. He has caught many species of trout, four species of Pacific Salmon, Atlantic Salmon ("plastic ones" planted in a lake) Largemouth Bass, Smallmouth Bass, and several other species of fish. This past summer he caught a catfish on a fly. His favorite species to fish for is Carp. They are big, smart, strong, wary, and in so many ways the world's greatest sport fish.

Jim served as the National Fly Fishing Director for the Carp Anglers Group from 2007 to 2012. He has published numerous articles in North American Carp Angler magazine and was the Fly Fishing Editor of the magazine from 2008-2011. Recognized nationally as an authority on fly fishing for Carp, Jim was invited to join the Pro-Staff of USCarpPro in 2012. Since then he has contributed articles to USCarpPro magazine. Additionally, he has been on the St. Croix rod Pro-Staff for 10 years.

He created and produced "Lessons from the Carp Lodge", an original video series demonstrating how to catch Carp on the fly. You can see the first four episodes on YouTube. Jim also writes the blog GotBacking? It is a blog about fly fishing for Carp. Well, kind of...He can't catch Carp on the fly all year long so it's about fly fishing for anything that will take a fly. Mixed in are thoughts on fishing, thoughts on life, fly tying, some cool pictures and video, and a bit of humor here and there. He is currently working on "Lessons from the Carp Lodge, episode #5—Casting, Presentation, and Confidence".

On the 25th, Jim will discuss why carp fishing is so engaging and so darn much fun. His presentation will show video of various carp behaviors and help you distinguish between poor targets, mediocre targets, and good targets. Video of strategies and presentation techniques will also be shown.

### (September's Program Cont.)

Please RSVP for the membership meeting by Tuesday, September 23 by visiting <a href="http://4cff.eventbrite.com">http://4cff.eventbrite.com</a>, by email at <a href="msr@deepsnow.com">msr@deepsnow.com</a>, or by phone at 360-319-1350. Be sure to indicate if you'll be having dinner or just attending the meeting, and remember that a dinner reservation made is a binding commitment to pay. Also, a reminder that

getting your RSVP in on time helps us provide an accurate count for the kitchen and we very much appreciate your help in placing your reservations on time!

This promises to be an exciting and interesting presentation. I look forward to seeing you on the 25<sup>th</sup>!

Tight lines,

Matt Roelofs 4CFF Internal Vice President and Program Chair



# **EDUCATION REPORT!**

Hello all from your Education group! It's been a great summer, with several fly tying and casting sessions.

We just did a couple of classes with our friends at St. Joseph Cancer Center. A very rewarding outing and I must admit, I believe we get as much out of these sessions as the attendee's. Many thanks to Klaus, Jamie, Frank and Nathan for the help.

Next up is an outing with the 4-H club, to be held at the Firs in Bellingham. We are still working on the details.

Summer fishing was very good this year. I was able to fish for a week in August with my brother Jim from North Carolina and my long time fishing buddy Rick from Samammish.

We had a lot of success with a size 14 Sparkle Dun. It's a

Comparadun tied with a z-lon tail, as tied by Craig Mathews of Blue Ribbon Flies in West Yellowston, MT.

<u>blue-ribbon-flies.com</u> Go to the how to tag. Lots of great ideas. Look forward to seeing everyone at the Sept. meeting.

I understand that Matt has lined up a presentation on Carp fishing with a fly.

Keep your head on a swivel,

Jerry Hill, 4CFF Education Chair



# REEL RECOVERY OFFER!!!

As you know, our club has been actively involved with "REEL RECOVERY" over the past six years. Members of our club are "fishing buddies" with cancer patients once a year in on the Yakima river. Knowing their mortality, one of their wishes is to learn how to fly fish and catch a fish on a fly.

"Canopy Tours" is offering a unbelievable invitation to help Reel Recovery continue their operation.

Hello to our Washington State Reel Recovery Community:

Have Fun and Put a Little More Zip into Reel Recovery!

Canopy Tours Northwest has dedicated 3 special zip line tours to support Reel Recovery's Washington State Retreat Program. Go zipping, have a great time, and know that 100% of your tour fee will be donated to Reel Recovery!

WHEN: Sunday September 14th at 9:00AM

Reservations are required so sign up today, have fun, and do a wonderful thing for men recovering from cancer.

Make your online reservation for this terrific event at

https://my.getinsellout.com/providers/canopy-tours-northwest/skus/private-zipline-tour-reel-recovery/buy?inst=944127

You can also call the Canopy Tours NW office (360-387-5807) to reserve your spots on the phone. Our thanks go out to Washington State Coordinator Kris Kristoferson and Canopy Tours Northwest for offering this wonderful opportunity to help Washington men living with cancer. Our Retreat this year is September 16-18 at Canyon River Ranch near Ellensburg. If you can't Zip but want to help support this Retreat, please visit our website: <a href="http://reelrecovery.org/how-to-help/donate/">http://reelrecovery.org/how-to-help/donate/</a>

Be Well! Fish On!
Stan Golub
Executive Director Reel Recovery
800-699-4490
www.reelrecovery.org

# September Outings Report:

This is another of period in the outings schedule where things stack up. There are still trout streams and lakes open, the salmon are starting to show up in both the fresh and saltwater and there are sea-run cutties all over!

**South Sound Beaches:** 10 of us made the trip down to the end of the Hood Canal to chase the denizens off the beaches. For most of us it was also reinforcement of the opinion that living along the lower stretches of the I-5 concrete canyon requires just too much overhead! On the way down the back up going north started above Marysville and ended below Everett. Anyway, I rant enough!

The opportunity on this trip was for all of us to take the next step for this type of fishing! It could be the first time, some new gear, or a new area. I believe it has been a while if ever we have been to this area. The opportunities are much different than we have in the northern sound. If the fish aren't there you can drive a short way to find a different spot. And they are all very different. Some are on the large waters of the Puget Sound and others are parts of the Hood Canal. Having a boat and a guide did make a difference! The Hiller's and the Faulkner's took advantage of some guided time and did really well. This is not a bad idea when learning new water or a new fishery. Others like Steve Kopp and I were able to lean on our very own Scott Willison who fished these waters in his youth (?) to find areas to fish.

It should be noted that these beaches are more like rivers than lakes. The tides make a big difference on the fishing. You also fish them like a river, cast, cast, cast, step down, cast.... The structure on each also a contributing factor as well as the likely forage species. This is a year-around fishery with revolving fish species susceptible to the fly! And the scenery is pretty spectacular as well! We will be doing this again.





### (September Outings Report Cont.)

<u>Sandy Point</u>: It always helps when you have a committed party like Dan Coombs monitoring the situation. He and others spent a lot of time fishing (no catching) this area in hopes that the anticipated Silver/Coho run would appear. That turned out to not be the case! He will be continuing his efforts and maybe we will see some later. There is always next year.

**Upper Skagit**: As I write this I believe there're about 10 of us who are plying the waters of the Upper (BC) Skagit River. This has been a premier stream fishery for the club for as long as I know. When the conditions are right, it is dry fly heaven! This is one of those outings where I am not sure who is making the trip. I hope next year to have a way to connect the hosts with those willing to go. I will let you know what happened next month!

The Classic on the Yakima (September 18<sup>th</sup>—21<sup>st</sup>): We have moved our Classic Outing to the Yakima River and the KOA Campground. This will be one of our featured trips. We will have drawings for "4CFF LoGoWare". As I have been advised by the hosts, the big meal could be something other than a dinner. Some of the best time on the water is the evening. The actual makeup of the festivities will be dependent on the Number of us who are going to make the trip. So if you plan on going please let me know!

Lower Skagit Float (September 27<sup>th</sup>): Jack Salstrom\_is again hosting this float down in the lower Skagit River. It's that time of year when you could connect with coho's, bull trout, sea-run cutthroat, or just about anything. This is a one day float with the exact to put in and take out to be determined. You are on your own with regards to food etc. You will also need an appropriate craft as well. There will be a detail document available and you must let Jack know you are going! His contacts are: phone: 360 733-2809, e-mail j.salatrom@comcast.net

<u>Chopaka Lake (October 3rd-5th):</u> This is another old favorite for the club. One of the experts on the fishery, Mike Riber is our host. This is a long run for a last opportunity this year to get into some great trout. The food will be up to the attendee's discretion. The detail document will be available shortly. Please let Mike if know you plan to make the outing. His contacts are phone: 360 676-8171, e-mail <u>michaelriber@comcast.net</u>

(September Outings Report Cont.)

## The future of the outings program (Revised):

The next meeting will be the one in which we ratify the nominating committee for the officers for 2015. As part of the process, some of you might be asked or you might just volunteer to take on a post. This is your opportunity to make the club better and assist in deciding which way we will move in the future.

I am willing to extend for one more term as outings chair with the intent of turning it over to a group of us to manage. As I said last month, the schedule has grown by 50% in the last year and to keep it viable there should be more hands at the controls. While maintaining outings to some of our favorite venues, we are exploring new areas, techniques, and fisheries. There are more to come.

To ensure that we maintain our levels of success I am requesting one or more of you become my co-chairs for the next term. The program, the club and its members will benefit from your participation. There is a bit of work, but with the inclusion of the individual outing hosts and information available for existing outings, the fun outweighs the load. If you are interested give me a call (360.647.9715) or shoot me an e-mail. fwkphotography@comcast.net

I am looking forward seeing you out there. Frank Koterba Your External VP / Outings Chair.





"September is as good a fishing month as one could hope for, and if the fall frosts come early they can do no more than clear away the heavy heat of summer and color the leaves of maple and willow and poplar to make the river banks more beautiful."

Roderick Haig-Brown, "A River Never Sleeps"

# September Culinary Corner:

Summer is winding down and we are seeing the last on many of the many vegetables available. One of those is sweet corn. If you are lucky enough to have a place like Joe's Garden with the really fresh corn, so much the better!

An axiom that is present in the kitchen is to keep it simple and use the best ingredients. In my constant search for great ideas and recipes I ran across this one. It has only a few ingredients but it really features the flavor of the corn.

The chef is one of this year's Food & Wine Best New Chefs for 2014.

Ari Taymor doesn't let a single bit of corn go to waste in this soup, combining corn cobbroth with corn juice and fresh corn kernels spiced with vadouvan, a French spice blend inspired by Indian curry.

(The key for the recipe is to look at the volumes he lists not the number of ears of corn. Joe's corn yields about 50% more per ear.) Also pay close attention to the amount of Vadouvan you use. It is easy to overdo it.

The only special equipment is the juicer.

Adapted from Ari Taymor Food & Wine 2014

### Corn Soup with Vadouvan

**SERVINGS: 4** 

### **Ingredients:**

(pay particular attention to the volumes nut the numbers. Some ears are bigger than others)

12 ears of corn, shucked

2 tablespoons "Smart Balance" spread

1 large onion, thinly sliced (2 cups)

2 tablespoons vadouvan (see Note)

Kosher salt

2 tablespoons freshly squeezed lime juice

### (September Culinary Corner

### **Directions:**

Cut the kernels from the cobs (you should have about 8 cups); reserve the cobs. Set aside 1/3 cup of the raw kernels for garnish.

In a juicer, juice 3 cups of the corn kernels. Reserve the juice.

In a large pot, combine the corn cobs and 4 quarts of water and bring to a boil. Simmer over moderate heat, occasionally skimming the foam, until the broth is reduced to 6 cups, about 1 hour. Strain the corn broth through a sieve into a large bowl; discard the cobs.

In a large saucepan, melt the butter. Add the onion and cook over moderately low heat, stirring occasionally, until softened, 10 minutes. Add the remaining corn kernels and the vadouvan and season with salt. Cook, stirring, until very fragrant and the kernels are well coated in the spices, 2 minutes. Add the corn broth and simmer over moderate heat until the liquid is reduced by half, 1 hour. Stir in the reserved corn juice.

In a blender, and working in 2 batches, puree the soup until smooth; add water if a thinner consistency is desired. Strain the soup through a sieve into a large bowl. Stir in the lime juice and season with salt. Serve warm, garnished with the reserved raw corn kernels.

Make Ahead The soup can be refrigerated for 2 days and rewarmed before serving. Notes Vadouvan is a French spice blend that's inspired by Indian curry. It's available at specialty food shops and from amazon.com

**Alternatives:** If you are not a fan of curry there are other alternatives.

Substitute: 4 Star anise pods and 6 tablespoons of fresh Tarragon. Remove the anise before you blend.

You can add any of your other favorite herbs (basil, thyme, etc.) or veggies, (peppers, garlic, shallots) to the mix at that point Enjoy!

Frank Koterba

"In this quiet, peaceful time of twilight there is, in this great circle of life, an awful lot of hunting and fishing and catching and killing and dying and eating going on all around me. As the old fisherman said, 'That's the way it is with life. Sometimes you eat well; sometimes you are well eaten."

Paul Quinnett, Darwin's Bass

# A Few Of Our Club Supporters





















# 4CFF CALENDAR OF EVENTS



# Conservation Projects

Conservation is the cornerstone of our club. Projects are continually being added to our calendar. The only thing that is needed is the willingness to give something back to the resource will all love. Call Dan Coombs at (360) 398-1637 and sign up to be put on the list of volunteers.

# Fly Tying Sessions

Fly tying sessions are constantly being held. Whether you're an expert or just beginning, please join us. Check our website <a href="http://www.4thcornerfly.com">http://www.4thcornerfly.com</a> for dates, times, and locations. R.S.V.P.'s are required.

# **Education Classes**

We need Volunteers to help teach fly tying and fly casting at various places throughout the year. Even if you have tied for a little while, your presence is needed. Please contact Bill Hall (305-0161), Joe Kelly (384-0623), Klaus Lohse (671-8453) if you wish to participate.

## **OUTINGS**

Our club has a constant list of fantastic outings every month. We also have smaller outings for those who can only make it on the weekends. For a list of outings, their dates, and locations, please check out our website <a href="http://www.4thcornerfly.com">http://www.4thcornerfly.com</a>. Frank Koterba is our present Outings Chairman and can be reached at (360) 647-9715.

If you are new to fly fishing, our club has fly rods, reels, and fly tying equipment available for use. Also, if you attend ANY outings, it's wise to bring your own lawn chair. (it's better than a rock or a tailgate.)

For more information, please contact the hosts.

# September's Meeting

SEPT. 25, 2014

# BELLINGHAM COUNTRY CLUB

3729 Meridian St Bellingham, WA 98225 (360) 733-3450

RSVP to Matt for reservations:

<a href="http://4cff.eventbrite.com">http://4cff.eventbrite.com</a>

msr@deepsnow.com

360-319-1350

Don't forget to bring a fly for the FLY PLATE!

# October's Board Meeting

October 7, 2014
Trinity Lutheran Church
119 Texas Street
Bellingham, WA
6:00 P.M.

# **4CFF** Board Members

# President

Hugh Lewis (360) 676-5150

hugh@hughlewislaw.com

# External Vice President-Programs

Frank Koterba (360) 647-9715 fwkphotography@comcast.net

# Internal Vice President-Programs

Matt Roelofs (360 714 8407) msr@deepsnow.com

# Secretary

Craig Lang (360) 201-1917 craig.lang@ch2m.com

## Treasurer

Larry Irwin (360) 752-1506 larryandbarb@comcast.net

### CONSERVATION

Dan Coombs (360) 398-1637 dwjmcoombs@gmail.com

### **EDUCATION**

JERRY HILL, CHAIR (360-371-2506)

Bill Hall (360) 305-0161

billflies@comcast.net

Klaus Lohse (360) 671-8453

kpstnlohse@gmail.com

### LIBRARY

Nathan Weston (360) 306-8513 <u>npweston@comcast.net</u>

## Website

Tammy Findlay tflevels@gmail.com

### Newsletter

Sid Strong (360) 220-0099 <u>swstrong@comcast.net</u> Steve Runge <u>srunge@logos.com</u>

Membership Chairmen: Brian Faloon and Nathan Weston

Raffle Chairmen: Pete Lamb

Directors: Sid Strong, Rick Todd, Mike Riber, and Ed Dahl

Volunteers are ALWAYS needed in our club. Conservation projects, educational classes, and all chairman positions are always open for new and old members.

It is the responsibility of ALL members for ALL of the outings to obey ALL local, state, and national regulations.

We represent an outstanding conservation and fishing club. Let's set a great example to ALL.

All entomology sketches are drawn by Jack Salstrom, Member of the FCFF.
All Fly illustrations are drawn by Ed Ruckey taken from, "Diary of Northwest Trout
Flies" by local author and FCFF Member Dan Homel.



# 4th CORNER FLY FISHERS



# Aims and Purposes

The Members of the Fourth Corner Fly Fishers (located in Bellingham, WA) are united by our enjoyment of the sport of fly fishing and by our desire to preserve and enhance fishing opportunities for all. To these ends, we will strive to promote conservation of angling brotherhood and to broaden the understanding of fellow anglers.

#### The purposes for which the Club was formed are:

- To operate a social club for the pleasure, association and recreation of its members engaged in fly fishing activities.
- To work to protect wild fish and the habitat which sustains them.
- To work for the betterment and preservation of angling waters and surrounding land.
- To improve the "State of the Art" of flying fishing and to keep members informed of developments of interest.
- To develop and carry out programs of education designed to encourage individuals of all ages to become fly fishers and to promote ethical use of the resource.



P.O. Box 1543 Bellingham, WA 98227

http://www.4thcornerfly.com