

# Response - ABILITY

## Unlock a child's ability to respond

In a world where reactivity often overshadows thoughtful action, *Response - ABILITY* provides parents, caregivers, mentors, and educators, and mentors with a structured framework to empower children to navigate life's challenges with intention and confidence.

Drawing from real-life experiences, including the pivotal moment when her son, Cooper, faced an unthinkable crisis, Rachel Estes Leyk introduces the *Response - ABILITY* Toolbox, a practical set of strategies designed to help children take ownership of their actions, make thoughtful choices, and build resilience in both everyday and high-pressure situations.

This book is more than just guidance; it's a shift in how we prepare the next generation to rise above obstacles, take control of their growth, and thrive.

### Contact Information

For media inquiries, speaking engagements, or workshops please contact Rachel directly.

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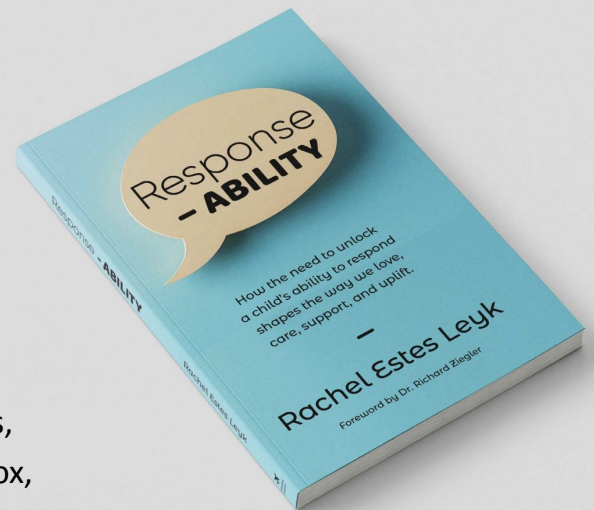
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### About the Author



**Rachel Estes Leyk** is an empathetic solution creator, coach, advocate, and author dedicated to equipping children with the tools they need to develop confidence, accountability, and resilience. Raised in Minnesota, she carries a strong Midwest work ethic that evolved into an unstoppable drive, one that blends strategic problem-solving with a deeply empathetic approach.

With an MBA from the University of St. Thomas and a career solving complex business and technology challenges for some of the world's largest corporations, Rachel brings a unique perspective to personal development. Her 16 years of experience raising a child on the autism spectrum inspired her to develop the *Response - ABILITY* Toolbox, a practical framework designed to help children build the skills they need to navigate life with strength and intention.

Through her writing, speaking engagements, and coaching, Rachel is committed to helping parents, caregivers, mentors, and educators, guide children toward success.