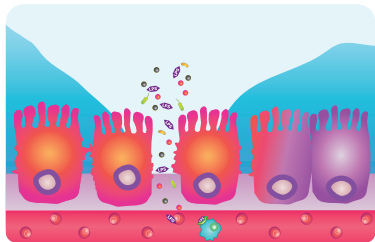


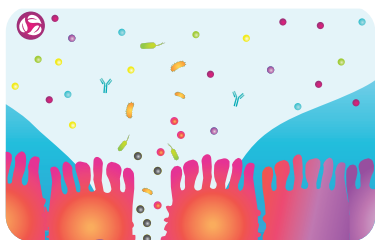
# PATIENT EDUCATION

# TOTAL GUT RESTORATION



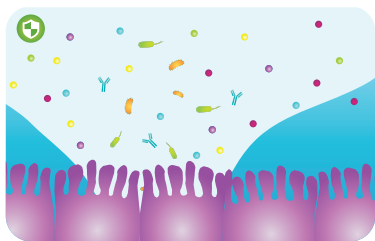
Leaky gut occurs when cracks or holes develop in the lining of the intestinal tract. These holes allow toxins and unwanted particles to enter into your blood stream and weaken your immune system. If you have leaky gut, it is important to follow an approach that addresses the key layers of a healthy gut. The Total Gut Restoration system can help fix your gut in 3 simple steps.

## STEP ONE: RECONDITION



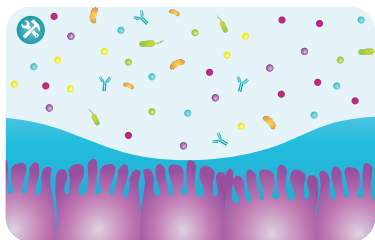
Reconditioning the gut changes the environment so that it favors your beneficial gut bacteria. MegaSporeBiotic™ can change this environment by changing the acidity in the intestines, limiting the presence of harmful bacteria, and producing metabolites that feed beneficial bacteria.

## STEP TWO: REINFORCE



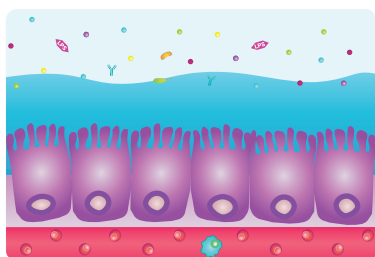
The gut microbiome is a very dynamic environment so it's important to reinforce the beneficial changes from MegaSporeBiotic™ by feeding friendly keystone bacteria. MegaPreBiotic™ contains short-chain carbohydrates, known as oligosaccharides, that have been shown to selectively feed beneficial bacteria and enhance gut restoration.

## STEP THREE: REBUILD



In a leaky gut, the protective mucosal layer breaks down and allows toxins to tear through the intestinal lining and into the blood stream. MegaMucosa™ contains key amino acids to help your body naturally rebuild your protective mucus layer and immune cells to help fend off any unwanted toxins during the rebuilding process.

## TOTAL GUT RESTORATION



A healthy gut microbiome is multi-faceted and relies heavily upon 3 fundamental aspects of gut health including the microbial population, physical structures, and immune function. For this reason, therapies that only address one layer are often ineffective. This system was uniquely designed to target all three of these areas to help you achieve Total Gut Restoration.



# TOTAL GUT RESTORATION

1

**MEGA**  
**sporebiotic**



RECONDITION

MegaSporeBiotic™ **RECONDITIONS** the gut microbiome by crowding out pathogens, increasing microbial diversity, and creating favorable shifts in the environment.

Week 1: One capsule every other day  
Week 2: One capsule daily  
Week 3-4+: Two capsules daily

TAKE WITH A MEAL

## SUPPLEMENT FACTS

Serving Size: 2 Capsules  
Servings Per Container: 30

Amount Per Serving	% Daily Value
Proprietary Probiotic Blend 340 mg 4 Billion CFU	†
<i>Bacillus indicus</i> , HU36™	†
<i>Bacillus subtilis</i> , HU58™	†
<i>Bacillus coagulans</i> (SC-208)	†
<i>Bacillus licheniformis</i> (SL-307)	†
<i>Bacillus clausii</i> (SC-109)	†

† Daily values not established.

**OTHER INGREDIENTS:** Cellulose, vegetable capsule (cellulose and water).

2

**MEGA**  
**PREBIOTIC**™  
Precision Prebiotic™



REINFORCE

MegaPreBiotic™ **REINFORCES** a healthy and diverse gut microbiome by promoting the growth of beneficial gut bacteria.

IN ADDITION TO MEGASPOREBIOTIC™  
  
Week 5: Add 1/2 scoop to 16 oz water  
Week 6-8+: Add 1 scoop to 16 oz water

TAKE WITH OR WITHOUT A MEAL

## SUPPLEMENT FACTS

Serving Size: 5 grams (1 scoop)  
Servings Per Container: 30

Amount Per Serving	% Daily Value
Calories	10
Total Carbohydrate	4 g 1%*
Dietary Fiber	1 g 4%*
Total Sugars	1 g †
Proprietary Functional Fiber Blend	4 g †
Galactooligosaccharides (Bimuno®)	
Organic Fructooligosaccharides (Livaux™ and ACTAZIN™)	
Organic Xylooligosaccharides (PreticX™)	

† Daily values not established.

\* Percent Daily Value is based on a 2,000 calorie diet.

**OTHER INGREDIENTS:** Natural Mango Flavor, Stevia Extract (Reb A), Malic Acid, Citric Acid, and Monk Fruit Extract 80%.

3

**MEGA**  
**MUCOSA**™



REBUILD

MegaMucosa™ **REBUILDS** the thick mucosal barrier that protects the immune system from the outside world.

IN ADDITION TO MEGASPOREBIOTIC™  
+ MEGAPREBIOTIC™  
  
Week 9: Add 1/2 scoop to 16 oz water  
Week 10-12+: Add 1 scoop to 16 oz water

TAKE WITH OR WITHOUT A MEAL

## SUPPLEMENT FACTS

Serving Size: 5 grams (1 scoop)  
Servings Per Container: 30

Amount Per Serving	% Daily Value
Total Fat	0.5 g 1%*
Sodium	20 mg 1%*
Total Carbohydrate	1 g 0%*
Protein	1 g 2%*
L-Proline	1 g †
L-Serine	700 mg †
L-Threonine	600 mg †
L-Cysteine	80 mg †
Serum-derived immunoglobulin concentrate (ImmunoLin®)	1 g †
Immunoglobulin G (IgG)	450 mg †
Immunoglobulin M (IgM)	50 mg †
Immunoglobulin A (IgA)	10 mg †
Bovine serum albumin	50 mg †
Citrus bioflavonoids (MicrobiomeX®)	500 mg †

† Daily values not established.

\* Percent Daily Value is based on a 2,000 calorie diet.

**OTHER INGREDIENTS:** Natural Lemonade and Raspberry Flavor, Citric Acid, Stevia, Malic Acid, Luo Han Guo, Salt.

\*\*These statements have not been evaluated by the food and drug administration (FDA) These products are not intended to diagnose, treat, cure or prevent any disease.