

HOW TO USE SilverSkin INTERNATIONAL



ONCE A DAY AT NIGHT, OR AGAIN IN THE MORNING (AFTER SHOWER)

1. Wash your hands, then your face; use PEARS (pure!) or any good acne soap. Pat dry with clean towel.
2. Apply SilverSkin Masque to your face and any outbreak/infection site. Allow to dry 30 min to one hour. You may elect to do this only once or more a week.
3. Wash your face with a squirt of SilverSkin Foam Pore Cleanser. Pat dry with clean towel.
4. Put one pump of SilverSkin (NON-PORE CLOGGING!) Moisturizer Lotion in the palm of your hand, add Spray two pumps of SilverSkin PH-Balance.
 - Stir the SilverSkin mix with your finger and apply evenly all over your face.
 - Allow to dry before putting your head on your (clean every day) pillow.
5. Use a clean pillow case every night or sleep on a clean towel over pillow every night.
6. **If you have outbreaks / infections:**
 - Never touch them with your (unwashed) hands.
 - Apply Masque to the site, allow to dry, then wash away and apply Foam Cleanser and allow it to dry. Do not remove it.
 - If you are in a hurry, just apply Foam Cleanser and allow it to dry.
 - Do not apply *anything* with alcohol, it is too harsh and may damage skin tissues. Beware these products.
7. For cuts, scrapes, burns and skin injury = apply Foam Cleanser and allow it to dry. Best to wash first if possible.
8. Beware the popular products that are mostly **salicylic acid; this will eventually damage the protein layers in your skin, causing it to be red, sensitive, and begin breaking out.**

SilverSkin contains no preservatives. If Masque is dry, add distilled or bottled water. Keep lid on.

Slap bottle bottom on hand to force liquid to the bottom of the bottle for pump to draw on.

If you follow the instructions, your bottle should last 2 months.

You can always ask me - ASK DR. DONNA: