



UPDATED COVID-19 STATEMENT – NOVEMBER 13, 2020

With the rise in COVID-19 numbers we would like to remind you and your athlete to continue being vigilant in your daily screening. Please remind your athlete to wash their hands and/or sanitize frequently and wear their mask when required.

Simcoe County is currently in the Yellow Zone. Please remind athletes to keep 3 meters apart at all times while at the club.

Athletes and employees are to continue to complete the Daily Athlete Self-Screening Checklist (updated November 13, 2020) **BEFORE** entering the Alliston Gymnastics Club.

Stay home if you feel unwell. If you or your child is not feeling well or have symptoms related to COVID-19, stay home and seek a COVID-19 test. See the Daily Athlete Self-Screening Checklist for symptoms.

As detailed in our COVID-19 Policy (updated Nov.13, 2020) please contact your coach or an administrator if you have tested positive for COVID-19 or if someone in your household or who you have had close contact with has tested positive for COVID-19.

Masks are required for ALL athletes over the age of 2. Masks are not required while they are actively performing and training (i.e while training on bars, beam, vault and floor or during conditioning) but are required when they are moving around the gym, cleaning equipment, using the bathroom, during breaktime etc.

It is **MANDATORY** that all adults entering the Gym wear a mask. No exceptions.