

Participant Registration & Parent Information Form



To be filled out by PARENT or GUARDIAN

We're excited to have your daughter join us. This form helps our team get to know your daughter, understand any important health and safety considerations, and create a positive, engaging experience for them.

Please complete all applicable sections before your child's first session.

Participant Information:

Daughter's Full Name: _____ Age: _____ DOB (mm/dd/yyyy): _____

Allergies (if applicable): _____

Are there any medical conditions or diagnosis we should be aware of?

- ☐ Tween (8-12yrs) - 6pm - 7:15pm
☐ Teen (13-16yrs) - 7:30pm - 8:45pm

What would you most like your daughter to gain from their Power4Teens experience?

- ☐ Confidence
☐ Leadership skills
☐ Self-awareness
☐ Communication skills
☐ Assertiveness
☐ Positive body image
☐ Stress management strategies
☐ Social skills
☐ Healthy relationships & boundaries
☐ Physical activity & wellness
☐ Other: _____

What are 2-3 strengths you see in your child?

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Is there anything you would like our team to know that would help us better support their experience?

Emergency Contact Information:

Parent #1 Information:

Name: _____

Phone (Primary): _____

Email: _____

Parent #2 Information (Optional):

Name: _____

Phone (Primary): _____

Email: _____

Communication Preferences

Who should receive Power4Teens program communications?

- ☐ Parent/Guardian 1
- ☐ Parent/Guardian 2
- ☐ Both

Preferred method of communication:

- ☐ Email
- ☐ Text

Medical Consent:

In the event that I cannot be reached, I authorize Power4Teens Inc. and/or Shyanne McPherson to seek medical attention for my child(ren) in an emergency.

- ☐ Yes
- ☐ No

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Media Consent:

- ☐ **Yes**, I give Power4Teens permission to photograph/video my daughter that may be used in program/parent communication, or for promotional purposes, including social media, website and/or marketing materials.
- ☐ **No**, please do not use identifiable photos/videos of my daughter for promotional purposes.

If NO is selected:

I understand that Power4Teens is a community group based program and that photography and video often takes place during activities. I understand that Power4Teens will make reasonable efforts to respect this preference; however, due to the nature of group activities and candid photography, Power4Teens cannot guarantee that my daughter will never appear incidentally in the background of a group photograph or video.

I understand that if I do not wish my daughter to appear in photographs or videos, I am responsible for discussing this preference with her before participating and ensuring that she understands that she should step aside when photography or video is taking place or notify a Power4Teens staff member if she is unsure.

I understand that Power4Teens will continue to take photographs and videos of group activities for program documentation and parent communications, and that selecting "**NO**" does not mean that photography or video will not occur during the program.

ACKNOWLEDGEMENT OF RISK, WAIVER AND RELEASE OF LIABILITY

WARNING: THIS DOCUMENT WILL AFFECT YOUR LEGAL RIGHTS, READ IT CAREFULLY!

A parent or guardian must sign. Every participant/parent/guardian must read and understand this Acknowledgement, Waiver and Release of Liability prior to participating in **POWER4TEENS INC. (P4T)** Girls Group, summer camp, overnight camp. Every participant is advised to consult with their physician before engaging in the athletic activities.

The undersigned (the "Participant") hereby enters into this Agreement with and for the benefit of **P4T** its directors, employees, volunteers, trainers, business operators and site property owners or Occupiers (the "Company"). "Occupiers" is defined in accordance with the definition of Occupiers contained in the Occupiers Liability legislation in the Province of Ontario.

The parent/guardian acknowledges and understands that there are inherent and significant risks associated with participation in athletic activities, including (but not limited to) the potential for serious personal injury caused by any event or any condition of the facilities or equipment provided by the Company, and health risks such as light-headedness, fainting, increased or decreased blood pressure, chest discomfort, muscle cramps, broken bones, strains, sprains, bruises, concussion, hyperthermia, abnormal heart rate, soreness, nausea, heart attack, stroke and possibly death.

The parent/guardian hereby accepts and assumes all responsibility for all risks and possibilities of personal injury, death, property damage or loss resulting from his/her child/wardens' participation in the athletic activities and events at **POWER4TEENS INC.**, including accidents or injuries that occur within and outside the facilities (e.g. on church property, walking to lakeshore, Cottage property, walking into Bala for ski show, wakeboarding, swimming, paddle boarding with **P4T** and/or Oceah Oceah, hiking and other general **P4T** activities). The Participant has read "camp or girls group outline", is aware of all the activities on the camp and freely accepts the associated risks and agrees to the terms of this Waiver and Release, even if the Company is found to be negligent or in breach of any duty of care or any obligation to the Participant with respect to his/her participation in **POWER4TEENS INC.** activities.

The undersigned Participant, for him/herself and his/her heirs, next of kin, executors, administrators and assigns (collectively, the "Releasing Parties"), does hereby agree: a. to waive all claims that the Releasing Parties or any of them may have in the future against **POWER4TEENS INC.**, its directors, officers, employees, agents, insurers and representatives (collectively, the "Released Parties"); b. to

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release and forever discharge the Released Parties from all liability for personal injury, death, property damage or loss resulting from the Participant's participation in all activities due to any cause, and c. to be liable for and to hold harmless and indemnify the Released Parties from all actions, proceedings, claims, damages, costs, demands, including hospital costs, court costs and costs on a solicitor and his own client basis, and liabilities of whatsoever nature or kind arising out of or in any way connected with the Participant's participation in athletic and all other activities.

This agreement shall be governed by and construed in accordance with the laws of the Province of Ontario, and any legal actions, claims or demands shall be handled in a court of competent jurisdiction within such Province.

The Participant understands that this document is binding on him/herself and his/her heirs, next of kin, executors, administrators and assigns. I hereby certify that the participant is suffering under no legal disabilities, and that I (or my parent or guardian) have read this document carefully, understand each term and provision in its entirety, have agreed to the terms freely and voluntarily. Having read the foregoing, I (or my parent or guardian) knowingly acknowledge my understanding of the risks set forth herein and knowingly agree to accept full responsibility for my own exposure to such risks.

If you have granted permission for photographs and videos, you acknowledge and waive any rights to royalties or other compensation arising related to the use of the photograph and/or video.

Illness Policy

For the health and safety of all participants and staff, please do not send your child to the program if they are experiencing symptoms that would prevent them from comfortably participating in regular activities.

Refund & Cancellation Policy

Girls' Group sessions are non-refundable, with no exceptions, unless otherwise approved by Power4Teens in advance.

We strongly encourage families to contact us before registering if they would like to discuss the program or determine whether it is a good fit for their child.

Missed Classes: Missed classes cannot be used as a credit toward future sessions or refunded. Credits or make-up arrangements may only be considered in advance for significant or exceptional circumstances and must be approved by Power4Teens prior to the missed class. Credits are not provided for vacations, scheduling conflicts, illness, or other routine absences. Power4Teens reserves program space, staffing, facilities, and other resources based on each registration, and these costs are incurred regardless of attendance.

In the rare circumstance that an exception to our refund policy is approved, an administration fee may apply.

Full Name (please print)

Signature of Parent or Guardian

****Digital Signature accepted****

Date