Power4Teens Inc. – Mother Daughter Retreat

To be filled out by PARENT or GUARDIAN

Co-operation and confidentiality between participants and Power4Teens staff contribute greatly to a positive experience for each Retreat. Please be thorough in completing this form. If enough space is not provided for a particular response, please use extra paper. The more we know about you and your daughter, the better experience we can provide.

MAY 14 - 16 2027

Cost (per mother-daughter pair):

- ☐ King room: $1,785 + HST$(2,017.05 total) - 3 ROOMS AVAILABLE
- ☐ Queen room, two separate beds: $1,685 + HST$(1,904.05 total) - ONLY 1 ROOM AVAILABLE
- ☐ Queen room, shared bed (for those who love cuddles!): $1,640 + HST$(1,853.20 total) - 2 ROOMS AVAILABLE

Rooms are subject to availability.

All food, games, activities and entertainment included:

$600 + HST per additional daughter. Not all retreats can accommodate due to space**

Contact Information:

Mothers Information:

Name: _____

Address: _____

City: _____ Prov: _____

Postal Code: _____

Phone (Primary): _____

Email: _____

Allergies/ Food sensitivities:

_____

Daughters Information:

Name: _____

Age: _____

DOB (mm/dd/yyyy): _____

Allergies/ Food sensitivities:

_____

_____

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“Need to Knows”: This is to better understand you, your daughter and your family dynamic

Mom’s response: How would you describe yourself?

_____

_____

_____

_____

Mom’s response: How would your daughter describe you?

_____

_____

_____

_____

Mom’s response: How would your daughter describe herself?

_____

_____

_____

_____

Daughter's response: How would you describe yourself?

_____

_____

_____

_____

Please best describe your current mother/daughter relationship:

_____

_____

_____

_____

What are your intentions on this retreat?

_____

_____

_____

_____

How did you hear about our retreat?

_____

_____

_____

ACKNOWLEDGEMENT OF RISK, WAIVER AND RELEASE OF LIABILITY WARNING: THIS DOCUMENT WILL AFFECT YOUR LEGAL RIGHTS, READ IT CAREFULLY!

A parent or guardian must sign. Every parent/guardian must read and understand this Acknowledgement, Waiver and Release of Liability prior to participating in Power4Teens Inc. (P4T) Girls Group, summer day camp, overnight camp & retreats. Every participant is advised to consult with their physician before engaging in any and all athletic activities.

The undersigned (the “Participant and Guardian”) hereby enters into this Agreement with and for the benefit of P4T its directors, employees, volunteers, trainers, sub-contractors, business operators and site property owners or Occupiers (the “Company”). “Occupiers” is defined in accordance with the definition of Occupiers contained in the Occupiers Liability legislation in the Province of Ontario.

The parent/guardian acknowledges and understands that there are inherent and significant risks associated with participation in athletic activities, including (but not limited to) the potential for serious personal injury caused by any event or any condition of the facilities or equipment provided by the Company, and health risks such as light-headedness, fainting, increased or decreased blood pressure, chest discomfort, muscle cramps, broken bones, strains, sprains, bruises, concussion, hyperthermia, abnormal heart rate, soreness, nausea, heart attack, stroke and possibly death.

The parent/guardian hereby accepts and assumes all responsibility for all risks and possibilities of personal injury, death, property damage or loss resulting from his/her child/wardens’ participation in any and all activities and events at Power4Teens Inc., including accidents or injuries that occur within and outside the facilities (e.g. on church property, walking to lakeshore, public swimming pool, TTC, cottage property, walking into Bala for ski show, wakeboarding, swimming in Muskoka, paddle boarding with P4T and/or Osha Osha, hiking and other general P4T activities). The Participant has read “camp outline”, is aware of all the activities on the camp and freely accepts the associated risks

and agrees to the terms of this Waiver and Release, even if the Company is found to be negligent or in breach of any duty of care or any obligation to the Participant with respect to his/her participation in Power4Teens Inc. activities.

The undersigned Participant, for him/herself and his/her heirs, next of kin, executors, administrators and assigns (collectively, the “Releasing Parties”), does hereby agree a. to waive all claims that the Releasing Parties or any of them may have in the future against Power4Teens Inc., its directors, officers, employees, agents, sub-contractors, insurers and representatives (collectively, the “Released Parties”); b. to release and forever discharge the Released Parties from all liability for personal injury, death, property damage or loss resulting from the Participant’s participation in all activities due to any cause, and c. to be liable for and to hold harmless and indemnify the Released Parties from all actions, proceedings, claims, damages, costs, demands, including hospital costs, court costs and costs on a solicitor and his own client basis, and liabilities of whatsoever nature or kind arising out of or in any way connected with the participant’s participation in athletic and all other activities.

This agreement shall be governed by and construed in accordance with the laws of the Province of Ontario, and any legal actions, claims or demands shall be handled in a court of competent jurisdiction within such Province.
The Participant understands that this document is binding on him/herself and his/her heirs, next of kin, executors, administrators and assigns. I hereby certify that the participant is suffering under no legal disabilities, and that I (or my parent or guardian) have read this document carefully, understand each term and provision in its entirety, have agreed to the terms freely and voluntarily. Having read the foregoing, I (or my parent or guardian) knowingly acknowledge my understanding of the risks set forth herein and knowingly agree to accept full responsibility for my own exposure to such risks.

I give Power4Teens Inc., permission to take and use photographs and/or videos of my child which may be used in any and all of its publications, including our website, brochures or promotional materials. Additionally, we waive any right to royalties or other compensation arising related to the use of the photograph and/or video.

PLEASE READ CAREFULLY

Payment & Cancellation Policy:
Payment in full is due at registration. 40% of your payment is a non-refundable deposit, and the other 60% is refundable only if you cancel by March 14, 2027.
King room ($1,785 + HST): $714 + HST is non-refundable, and $1,071 + HST is refundable if you cancel by March 14, 2027.

Queen room, two separate beds ($1,685 + HST): $674 + HST is non-refundable, and $1,011 + HST is refundable if you cancel by March 14, 2027.
Queen room, shared bed ($1,640 + HST): $656 + HST is non-refundable, and $984 + HST is refundable if you cancel by March 14, 2027.

Power4Teens Inc. – Mother Daughter Retreat

If you need to cancel:

- More than 60 days before the retreat (11:59 pm on March 14, 2027): The 40% deposit is non-refundable, and we'll refund the remaining 60%.
- 60 days or less before the retreat (March 15, 2027 onward): Your full payment is non-refundable, because spots are limited and hard to fill on short notice.
- If we can resell your spot: We'll refund the 60% (not the deposit), subject to an administration fee.

- Transfers: You may transfer your registration to another mother-daughter pair with our advance approval.

Life happens, so we also recommend checking whether your travel or credit card insurance covers trip cancellations.

**Prices may vary based on different retreats. Subject to change at any time.

Weather Response:

The seasons can change quickly, so please plan ahead. Especially for snow and rain seasons, please ensure you have:

- Proper tires for the retreat season
- Make sure your vehicle's maintenance is up to date before you leave
- Check the weather forecast before you depart
- Give yourself extra time for travel and traffic - we rather you be late then stressed and rushed!
- Contact Shyanne immediately if you are unable to attend last minute or will be running late

WINTER LIKE CONDITIONS: Country roads are plowed frequently, however, we cannot guarantee the roads will be plowed during the time of our approximate arrival and departure.
Why we have our policy in place:

I, _____ (Name of parent/guardian) hereby certify I have read this document carefully, understand each term and provision in its entirety and have agreed to the terms freely and voluntarily.

_____ _____

Signature of Parent or Guardian Date

Digital Signature accepted

P4T is a technology sensitive zone! We will be asking all participants to keep phones away until “freetime”. If you need to keep your devices on you for emergencies, we kindly ask that you keep your phone on vibrate.