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PLAY THERAPY & GRIEF: INTEGRATING SANDTRAY FOR HEALING AND MEANING- MAKING (SANDTRAY SERIES: PART 5)

Presented by:
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&

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6 Contact APT CEs

Sponsored by Yellow Ribbon Counseling PLLC
APT Approved Provider 24.721



WHEN AND WHERE



February 8, 2026, 9 am to 4:30 pm (CST)

UMHB, Parker Academic Center
900 College Street, Lord Conference Ctr
Belton, TX 76513

Description

This six-hour training introduces clinicians to the therapeutic application of Sandtray technique in Play Therapy with clients experiencing grief across the lifespan. Participants will explore foundational grief concepts, developmental considerations, emotional/behavioral grief responses, and the rationale for expressive modalities in grief work. Through lecture, case examples, and three hands-on experiential activities using sandtray methods, clinicians will learn to facilitate symbolic expression, narrative reconstruction, and meaning making with grieving clients. The course emphasizes ethical practices and provides practical strategies for integrating sandtray into clinical work.

Learning Objectives

1. Describe core concepts, models, and types of grief relevant to play therapy practice.
2. Identify developmental norms, emotional responses, and behavioral manifestations of grief across childhood, adolescence, and adulthood.
3. Explain the therapeutic benefits of expressive play therapy techniques such as Sandtray for clients processing grief.
4. Demonstrate at least three Sandtray interventions designed to support symbolic expression, emotional regulation, and meaning-making in grieving clients in play therapy.
5. Apply culturally responsive considerations when using Sandtray with individuals experiencing grief and loss.
6. Evaluate client themes, metaphors, and process indicators that emerge in Sandtray grief work in order to guide treatment planning and intervention.



Cancellation and Refund Policy

Requests for cancellations with refunds for single-day event attendance must be made at the latest 72 hours before the event. A partial refund can be requested minus \$30 administrative fee. In the unforeseen situation where an event must be canceled, an attempt to notify attendees by their listed email 24 hours before the event if at all possible. There will be a non-refundable administrative fee. Email admin@yrcpllc.org to cancel.

ATTENDANCE FEES

\$150 for Licensed Professionals
\$100 for Licensed Associates
\$85 for Graduate Students

30 openings for this training



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admin@yrcpllc.com

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