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<https://yellowribboncounseling.com/play-therapy-training>

## GOING DEEPER IN THE PLAYROOM: USING SANDTRAY TO EXPLORE TRAUMA THROUGH A NEUROBIOLOGICAL LENS (SANDTRAY SERIES: PART TWO)

Presented by:  
Maria Dudley, MS, LPCS, RPT  
&

Christina Watts-Figueroa, MA, LMFTS, LPCS, RPT-S

6 Contact APT CEs

Sponsored by Yellow Ribbon Counseling PLLC  
APT Approved Provider 24.721



### WHEN AND WHERE



March 29, 2025, 9 am to 4:30 pm (CST)

UMHB, Parker Academic Center  
900 College Street, Lord Conference Ctr  
Belton, TX 76513

### Description

This training will enhance attendees' play therapy skills and techniques when addressing trauma in the playroom. Using the play therapy technique of sandtray, an overview of trauma, the theory of neurobiology, and lifespan development will be discussed and explored. Participants will engage in experiential activities incorporating sand, miniatures, and embodiment that they can later use in the playroom. Participants will identify how traumatic themes emerge in the sandtray throughout the lifespan.



### Cancellation and Refund Policy

Requests for cancellations with refunds for single-day event attendance must be made at the latest 72 hours before the event. A partial refund can be requested minus \$30 administrative fee. In the unforeseen situation where an event must be canceled, an attempt to notify attendees by their listed email 24 hours before the event if at all possible. There will be a non-refundable administrative fee. Email [admin@yrcpllc.org](mailto:admin@yrcpllc.org) to cancel.

### Learning Objectives

1. Discuss the theory of neurobiology, lifespan development, and trauma-informed care in play therapy.
2. Discuss and apply embodied grounding play therapy techniques.
3. Explain play therapy best practices related to caregivers, informed consent, and documentation.
4. Identify how traumatic themes emerge in the sandtray through stages of development.
5. Discuss case examples of trauma play in the sand.
6. Demonstrate the use of at least three trauma-informed sandtray play techniques.

### ATTENDANCE FEES

\$150 for Licensed Professionals  
\$100 for Licensed Associates  
\$85 for Graduate Students

24 openings for this training



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[admin@yrcpllc.com](mailto:admin@yrcpllc.com)



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