



# SMOKY MOUNTAIN MEDICAL SOCIETY

*Cherokee, Clay, Graham,  
Haywood, Jackson, Macon & Swain Counties*

## SMOKY MOUNTAIN PRIMARY CARE CONFERENCE

**APRIL 26, 2025**

**DINING HALL, LAKE JUNALUSKA CONFERENCE CENTER  
LAKE JUNALUSKA, NC**



Jointly Provided by  
SMOKY MOUNTAIN MEDICAL SOCIETY and MORE FOUNDATION

**MORE** Foundation 

# SMOKY MOUNTAIN PRIMAY CARE CONFERENCE SATURDAY, APRIL 26, 2025

**ACCREDITATION STATEMENT** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Arizona Medical Association (ArMA) through the joint providership of MORE Foundation and ArMA. MORE Foundation is accredited by ArMA to provide continuing medical education for physicians.

**DESIGNATION** MORE Foundation designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing Credits Statement: Provider approved by the California Board of Registered Nursing, Provider #CEP17071, for 6.0 Contact Hours

**DISCLOSURES** The MORE Foundation adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Medical Education. Any individuals in a position to control the content of a CME activity including faculty, planners, reviewers, or others, are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

## Planning Committee and Speaker Disclosures Name and credentials, has the following financial relationship to disclose:

Michael Guyton-Nunley, MD - Organon (Contracted Nexpleon Trainer)

Holly Humphrey, MD, FACC - None

Francis Luk, MD - None

Stephanie Myracle, MD - None

John M. Roberts, MD

Stephen Weinrib, MD - Eli Lilly (stock investment, researcher), Novo Nordisk (stock investment)



## COURSE DESCRIPTION AND TARGET AUDIENCE

### COURSE DESCRIPTION

The Smoky Mountain Medical Society will present a one-day conference geared toward the family practice and internal medicine providers who treat common conditions such as diabetes, rheumatology, heart disease, mental health, adolescent medicine and skin issues. The faculty are experts in their fields who will share their knowledge with primary care physicians who treat or coordinate care with these specialties. Distinguished speakers will share their knowledge on these topics.

### TARGET AUDIENCE

Primary care physicians, physician assistants, nurse practitioners, and nurses will gain knowledge from attending this activity.

## REGISTRATION

Online registration, go to our website at

[mysmms.org](http://mysmms.org) or go to: [Online registration.](#)

[Printable Registration Form](#)

### REGISTRATION FEES

- Physicians All Counties \$150
- Allied Health All Counties **\$75 (includes PAs, NPs, Nurses, others)**

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**FACULTY**

**Michael Guyton-Nunley, MD**

Adolescent Medicine  
Prisma Health Adolescent and Young Adult Medicine  
Greenville, SC

**Holly Humphrey, MD, FACC**

Cardiology  
Pardee Cardiology Associates  
Hendersonville, NC

**Francis Luk, MD**

Rheumatology  
Advent Health Medical Group  
Hendersonville, NC

**Stephanie Myracle, MD**

Dermatology  
Advanced Dermatology and Skin Surgery  
Asheville, NC

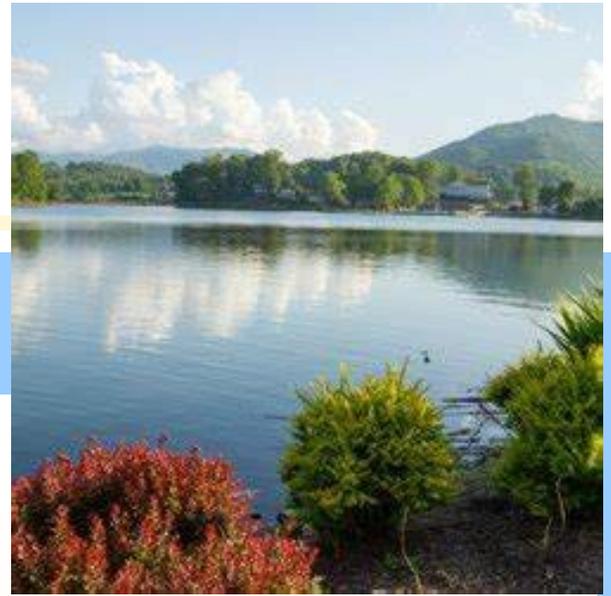
**John M. Roberts, MD**

Psychiatry  
Roberts Psychiatry and Addiction Medicine  
Travelers Rest, SC

**Stephen Weinrib, MD**

Endocrinologist Faculty Physician  
MAHEC Endocrinology Clinic  
Asheville, NC

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## **AGENDA**

### **MORNING SESSION**

- 7:30AM-9:00AM REGISTRATION \*EXHIBITOR ROOM OPEN\***
- 8:00AM-8:55AM SPONSORED BREAKFAST WITH SPEAKER  
(NO CME)**
- 8:55AM-9:00AM INTRODUCTIONS/OPENING REMARKS**
- 9:00AM-9:45AM DIABETES AND WEIGHT LOSS MEDICATIONS  
STEPHEN WEINRIB, MD**
- 9:45AM-10:00AM Q&A**
- 10:00AM-10:45AM RHEUMATOLOGY FOR THE PRIMARY CARE PHYSICIAN  
FRANCIS LUK, MD**
- 10:45AM-11:00AM Q&A**
- 11:00AM-11:45AM ADOLESCENTS: IMMUNIZATIONS, DEPRESSION AND RISKY BEHAVIORS  
MICHAEL GUYTON-NUNLEY, MD**
- 11:45AM-12:00PM Q&A**
- 12:00PM-1:00PM LUNCH WITH EXHIBITORS – SPONSORED (NO CME)**

### **AFTERNOON SESSION**

- 1:00PM-1:45PM PSYCHIATRY – WHAT TO DO WHILE WAITING FOR THE REFERRAL?  
JOHN ROBERTS, MD**
- 1:45PM-2:00PM Q&A**
- 2:00PM-2:45PM DYSAUTONOMIA (POTS & ORTHOSTATIC HYPERTENSION)  
HOLLY HUMPHREY, MD, FACC**
- 2:45PM-3:00PM Q&A**
- 3:00PM-3:45PM DERMATOLOGY UPDATE  
STEPHANIE MYRACLE, MD**
- 3:45PM-4:00PM Q&A**

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# LEARNER OBJECTIVES

**At the conclusion of this educational activity, participants should be able to:**

- Describe the advances in the individualized treatment of patients with medications for type 2 diabetes and obesity.
- Discuss treatment strategies for Dysautonomia (POTS and Orthostatic Hypertension in primary care.
- Examine the primary care's role in diagnosing and treating patients with arthritic and autoimmune diseases.
- Identify actions the primary care provider can take for the management of the adolescent patient.
- Review updates on diagnosis and treatment of patients with skin issues treated in primary care.
- Identify treatments for mental health that the primary care physician can implement prior to referral to specialists.



## SMOKY MOUNTAIN MEDICAL SOCIETY

900 Hendersonville Rd, Suite  
201C, Asheville, NC 28803  
828-277-9706  
[mysmms.org](http://mysmms.org)

## MORE Foundation

18444 N. 25th Ave., Suite 110  
Phoenix, AZ 85023  
623-241-8724  
[more-foundation.org](http://more-foundation.org)

Conference Planning by:

## ASHEVILLE MEETING LOGISTICS

900 Hendersonville Rd, Suite 201C, Asheville, NC 28803  
828-277-9634  
[ashevillmeetinglogistics.com](http://ashevillmeetinglogistics.com)