



SMOKY MOUNTAIN MEDICAL SOCIETY

*Cherokee, Clay, Graham,
Haywood, Jackson, Macon & Swain Counties*

SMOKY MOUNTAIN PRIMARY CARE CONFERENCE

APRIL 27, 2024

**KERN AUDITORIUM, LAKE JUNALUSKA CONFERENCE CENTER
LAKE JUNALUSKA, NC**



Jointly Provided by
SMOKY MOUNTAIN MEDICAL SOCIETY and MORE FOUNDATION

MORE Foundation

SMOKY MOUNTAIN PRIMAY CARE CONFERENCE

SATURDAY, APRIL 27, 2024

ACCREDITATION STATEMENT This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Arizona Medical Association (ArMA) through the joint providership of MORE Foundation and ArMA. MORE Foundation is accredited by ArMA to provide continuing medical education for physicians.

DESIGNATION MORE Foundation designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

DISCLOSURES The MORE Foundation adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Medical Education. Any individuals in a position to control the content of a CME activity including faculty, planners, reviewers, or others, are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

Planning Committee and Speaker Disclosures
Name and credentials, has the following financial relationship to disclose:

Stephan Moll, MD: Diagnostica Stago - consultant

Joseph Aloï, MD: Abbott Diabetes - research funds;
Medtronic Diabetes - research funds

Jill Ohar, MD: AstraZeneca - Advisory Board Member, Consultant; Simmons Hanly Law Firm - consultant; Roven Law - consultant; SWMW Law - consultant; Verona - consultant; Wallace and Graham Law - consultant; Wise Law - Consultant; TEVA - research grant; Moore Foundation - research grant

The remaining planners and speakers and any individuals in a position to control content have no relevant financial relationships to disclose.

All financial relationships with ineligible companies (commercial interests) relevant to this activity have been mitigated.



COURSE DESCRIPTION & TARGET AUDIENCE

COURSE DESCRIPTION

The Smoky Mountain Medical Society will present a one-day conference on updates in patient management including diabetes, anticoagulants, chronic lung disease, urinary incontinence, rheumatology and behavioral health. Distinguished faculty from prestigious medical universities, who are nationally recognized physicians and educators, will share their knowledge on these topics.

TARGET AUDIENCE

Primary care physicians, physician assistants, nurse practitioners, and nurses will gain knowledge from attending this activity.

REGISTRATION

Online registration, go to our website at mysmms.org

or go to: [Online registration.](#)

[Download Registration Form](#)

- Haywood County Providers **Free Tuition (provided by a Haywood Healthcare Foundation Grant)**
- Non-Haywood County Physicians **\$150**
- Non-Haywood County Allied Health **\$75 (includes PAs, NPs, Nurses, others)**

Educational Grant: This program is supported by a generous grant from the Haywood Healthcare Foundation to provide tuition assistance for all Haywood providers free of charge.

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FACULTY

Joseph Aloï, MD, FACE, FACP

Professor, Department of Internal Medicine
Chief, Section on Endocrinology & Metabolism
Wake Forest School of Medicine
Winston Salem, NC

Ashley Blaske, MD

Assistant Professor
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Division of Rheumatology
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Johnson City, TN

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Psychiatric-Mental Health Nursing
The University of North Carolina School of Nursing
Chapel Hill, NC

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AGENDA

MORNING SESSION

- 7:30AM-9:00AM** REGISTRATION *EXHIBITOR ROOM OPEN*
- 8:00AM-8:55AM** SPONSORED BREAKFAST WITH SPEAKER
(NO CME)
- 8:55AM-9:00AM** INTRODUCTIONS/OPENING REMARKS
- 9:00AM-9:45AM** UPDATES ON ANTICOAGULANTS: HOW TO START AND MANAGE
STEPHAN MOLL, MD
- 9:45AM-10:00AM** Q&A
- 10:00AM-10:45AM** UPDATE ON COPD/CHRONIC LUNG DISEASE
JILL OHAR, MD
- 10:45AM-11:00AM** Q&A
- 11:00AM-11:45AM** UPDATE ON URINARY INCONTINENCE
AMIE KAWASAKI, MD, FACOG
- 11:45AM-12:00PM** Q&A
- 12:00PM-1:00PM** LUNCH IN EXHIBITOR ROOM

AFTERNOON SESSION

- 1:00PM-1:45PM** UPDATE ON DIABETES AND WEIGHT LOSS MEDICATIONS
JOSEPH ALOI, MD, FACE, FACP
- 1:45PM-2:00PM** Q&A
- 2:00PM-2:45PM** WHERE TO START WITH BEHAVIORAL HEALTH: WHAT CAN PCP'S DO FOR THEIR
PATIENTS WHILE WAITING FOR REFERRAL
VICTORIA SOLTIS-JARRETT, PHD, PMHCNS/NP
- 2:45PM-3:00PM** Q&A
- 3:00PM-3:45PM** RHEUMATOLOGY FOR THE RURAL PCP
ASHLEY BLASKE, MD
- 3:45PM-4:00PM** Q&A

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LEARNER OBJECTIVES

At the conclusion of this educational activity, participants should be able to:

- Describe the advances in managing patients who need anticoagulants.
- Discuss current treatment strategies for patients diagnosed with chronic lung diseases including chronic obstructive pulmonary disease.
- Examine patient management strategies in diagnosing and treating patients with urinary incontinence.
- Identify actions the primary care provider can take for a behavioral health diagnosis while waiting for a referral.
- Review updates on treatments for diabetes and weight loss management.



SMOKY MOUNTAIN MEDICAL SOCIETY

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