

# Cosmetic Teeth Whitening Consent Form & Information

## General Information:

Teeth whitening safely removes stains caused by foods, beverages, tobacco, medicine and aging. When whitening you may feel a slight tingling throughout the process. Teeth whitening will not damage existing dental work. Teeth whitening will remove stains from existing dental dental work, but will not whiten them beyond their original shade. White spots may appear prevalently on your teeth after whitening, but will lessen within 24 hours. Everyone's teeth respond differently and have their own natural stopping point for whitening results. Teeth may feel temporary sensitivity; however, sensitivity is typically normal and shall be gone within 24 hours. You may experience some temporary gum irritation, which is more prevalent in clients that have brush abrasion from brushing within 4 hours prior to whitening.

## Types of Teeth Whitening:

- Superior Teeth Whitening (1 Hour 20 Minutes)
- Advanced Teeth Whitening (1 Hour)
- Basic Teeth Whitening (30 Minutes)

## Description of Procedure:

Cosmetic laser teeth whitening is when a hydrogen peroxide gel is placed on the tooth enamel and is activated by a blue light lamp. The light activates the gel and opens the tooth pores and whitens the dentin inside the tooth that will change the shade of the tooth up to 8-10 shades brighter. A cheek retractor is placed in the mouth to keep the lips and cheeks retracted while the teeth are being whitened. To reduce salivation cotton rolls will be placed to keep teeth dry. Before and after teeth shades will be recorded.

## Recommendations:

To maintain healthy teeth and gums, it is recommended that you visit your dentist on a regular basis. If you have allergies or reactions to peroxide or glycerin, teeth whitening is not recommended. If you have diabetes, heart condition, pregnant or currently breastfeeding consult with your doctor.prior to using whitening products. Any existing mouth sores may feel temporary irritation during/after whitening.

\*By signing below you acknowledge and understand that the teeth whitening process is a self administered process and that you have read and hereby all of the information above and understand the procedure and what could be expected.

## CUSTOMER SIGNATURE

If your under the age of 16, parent consent is required

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