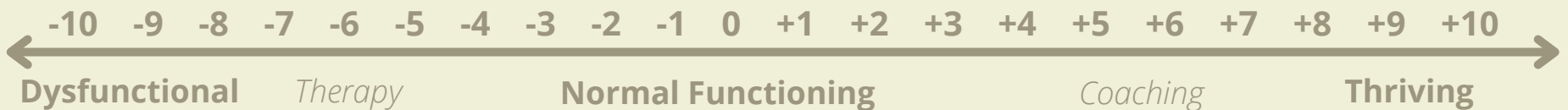
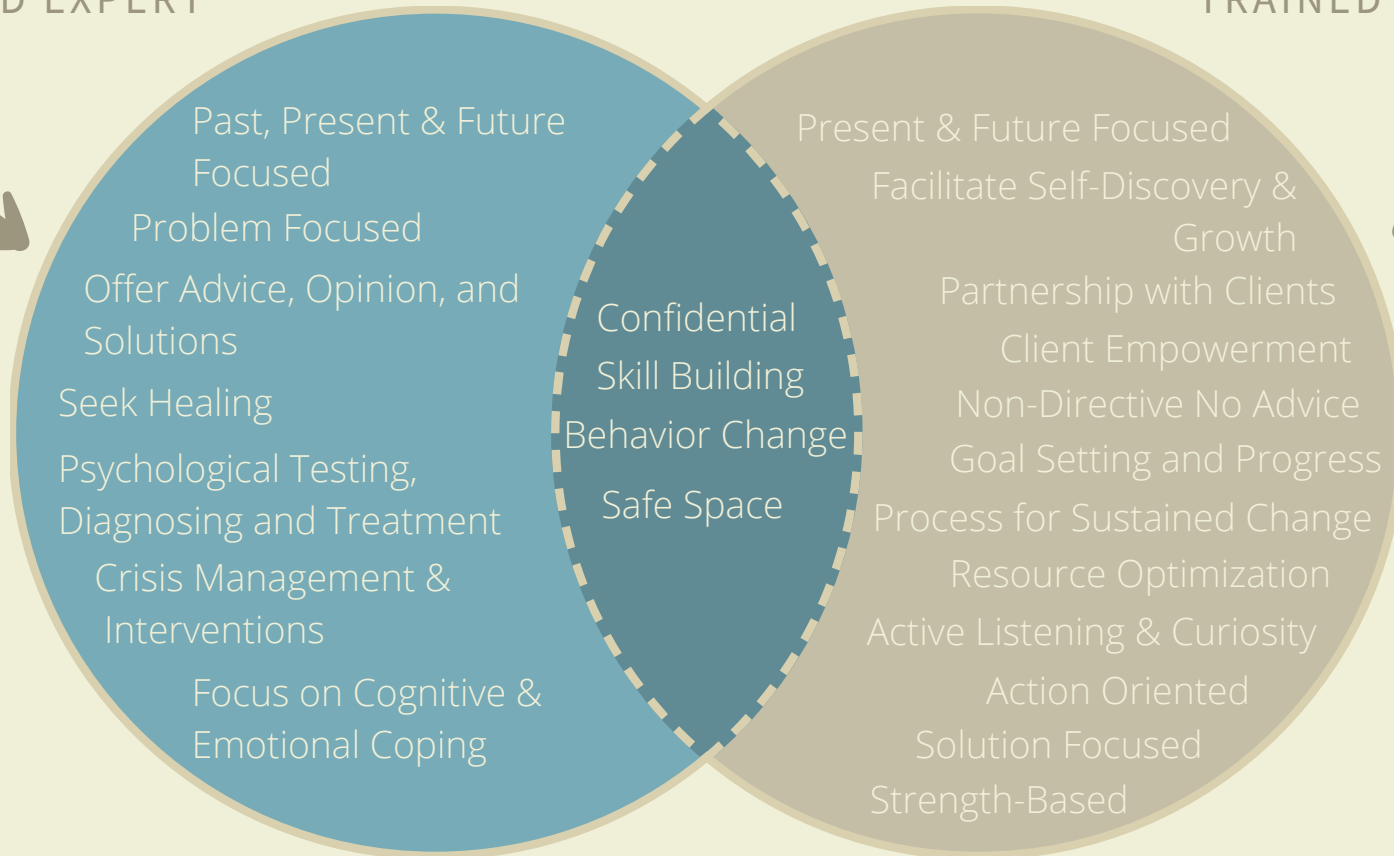


# COACHING VS. THERAPY

THERAPY  
LICENSED EXPERT

COACHING  
TRAINED FACILITATOR



WELLNESS CONTINUUM REFERENCE: JASON HUGHES, LPC-S, CHANGEPOINT COUNSELING