



LAS AMERICAS RESTAURANT AND BAKERY

\$10.00 **Higado Encebollado**



Sauteed Liver, fried green plantain and rice

\$9.50 **Calentado de Frijol**



Mixed Rice and Beans, Scrambled Eggs
whith Onions, Tomatoes, and Arepa

\$9.50 **Calentado de Lentejas**



Mixed Rice and Lentils, beef fajitas, fried green plantain and egg

\$5.50 **Omelette**



Ham, Cheese, onions and tomatoe omelette

\$9.50 **Carne Encebollada**



Sauteed beef and Arepa

\$7.50 **Huevos Pericos**



Scrambled eggs with onions
and tomatoes

\$4.50 **Bolón de verde**



Green Plantain Bomb with
cheese and pork.

\$5.50 **Pericos Ecuatorianos**



Scrambled eggs, plantain,
pork, onions and cheese

\$4.50 **Pericos con Arepa**



Scrambled eggs with arepa

\$6.50 **Arepa Rellena**



One choice of meat, Pork, chicken, beef or sausage,
avocado, cheese, tomatoes and onions.

Vejetarian