

Course Content summary

- Active consent and ethics in recreational hypnosis and The hypnotic wheel of consent- This is via 3 hours of pre-workshop learning.
- Enhancing Hypnosis Scripts through Personalisation and Creativity
- The Key to an Amazing Sensual Hypnotic Experience: Consent, Negotiation, Anticipation, and Expectation
- Keeping Things Safe- The Role of the “Watcher” in Hypnosis
- Empowering Boundaries: Understanding Safe Words and the Red-Yellow-Green Light System

The Power of Playfulness in Hypnosis Induction: Fostering Intrigue and Building Rapport

- How to make a Hypnotic inductions and deepeners out of anything! .
- Enchanting Time Piece-Swinging watch Induction.
- Mind Crystal Induction
- Illusion of choice induction
- Just Imagination- Using Props to Facilitate Hypnotic Induction
- Sensual Silence non-verbal induction
- Sensual hand massage induction
- Sensual fragments – a fractionation induction

The Power of Hypnotic Deepening: Amplifying Focus and Immersion

- The Power of Now- The Useful Now Deepener
- 10-1 Deepener – Pleasure to Fear and Everything Between.
- Directing Focus- Mind’s Eye Deepener

Enhancing Hypnotic States: Harnessing Sensory Processes and Stimuli

- Using Anticipation- Expectation Deepeners
- Intricate Interplay: Sensuality, Sexuality, Eroticism, Imagination, and Fantasy

Enhancing Hypnotic Outcomes: The Power of Priming

- The no suggestion suggestion to enhance sensuality
- The Universal Suggestion
- Harnessing the Power of the Law of Reversed Effect

Can You Feel It? Playing With Sensation

- Creating, Moving and Amplifying Sensations.
- Creating Arousal – It’s all in the mind!
- Exploring Erogenous Zones: The Power of Hypnosis in Enhancing Pleasure
- Eroticising Non-Erogenous Zones
- Single Spot Erogenous Zone
- Hypnotic Mirror Touch Sensation
- Hypnotic Extra Body Parts, Gender Bending and Body Part Upgrades
- Hypnotic Toys- Turning the Ordinary Into Orgasmic

Harnessing the Power of Post-Hypnotic Triggers

- Freeze Command
- Empty Bank Mind
- Kinky Control Room of the Mind
- Journey to the Realm of Infinite Possibilities – Hypnotic Fantasy Escapes
- Erotic/Sensual Mind Castle
- Immersion in Sound, Musical triggers
- Deepening Sensuality and Connection- The Ultimate Eye Gazing Experience
- Exploring the Power of Consensual Dynamics
- Embracing Your Dominance with Calm and Grace
- Relaxing into Submission and Letting Go of Control
- Bewitched- Hypnotic Spells
- Mind Bondage- The Sensual Magic Rope