

OTC active ingredient(s)	Pain	Fever	Anti-inflammatory	Common brand examples
Acetaminophen	✓	✓	—	Tylenol, Panadol, FeverAll
Ibuprofen	✓	✓	✓	Advil, Motrin IB
Naproxen sodium	✓	✓	✓	Aleve
Aspirin	✓	✓	✓	Bayer Aspirin, Bufferin
Diclofenac sodium 1% gel	✓	—	✓	Voltaren Arthritis Pain
Lidocaine topical	✓	—	—	Aspercreme Lidocaine, Icy Hot Lidocaine, Salonpas Lidocaine
Benzocaine	✓	—	—	
Capsaicin topical	✓	—	—	Capzasin-HP, generic capsaicin
Menthol topical	✓	—	—	Biofreeze, Icy Hot, Bengay, Salonpas
Methyl salicylate topical	✓	—	—	Bengay, Icy Hot, Salonpas formulations
Camphor topical	✓	—	—	Tiger Balm, topical analgesic formulations
Pramoxine	✓	—	—	
Acetaminophen + aspirin + caffeine	✓	—	—	Excedrin Migraine, Excedrin Extra Strength
Acetaminophen + caffeine	✓	—	—	Excedrin Tension Headache, generic tension-headache products
Aspirin + caffeine	✓	—	—	Anacin
Acetaminophen + caffeine + pyrilamine	✓	—	—	Midol Complete
Acetaminophen + diphenhydramine	✓	—	—	Tylenol PM

Ibuprofen + diphenhydramine	✓	—	—	Advil PM, Motrin PM
Naproxen sodium + diphenhydramine	✓	—	—	Aleve PM
Menthol + methyl salicylate	✓	—	—	Bengay, Icy Hot formulations
Menthol + camphor	✓	—	—	Tiger Balm formulations
Lidocaine + menthol	✓	—	—	Icy Hot, Salonpas formulations

There are many over-the-counter products available for pain, fever, and inflammation. Pain can also be categorized by its type or location, including joint pain, muscle aches, headaches, menstrual pain, back pain, toothaches, and more.

Not every OTC pain reliever works the same way or is appropriate for every person. It is important to consult your pharmacist to determine which product may be appropriate for your specific type of pain and individual needs.

Note: Brand-name products may be available in different formulations with different active ingredients. Always check the **Drug Facts** label to confirm the active ingredient(s) before use.