

BARIATRIC GASTRIC SLEEVE

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MY VICTORY

This procedure can remove up to 80% of the stomach. The idea is to create a long “tube” like stomach, also known as “vertical sleeve gastrectomy“

What is the procedure like?

The surgery is done laparoscopically and takes between 60 to 90 minutes to complete.

The surgeon will apply 2 to 5 minor incisions in the abdominal area where the laparoscope will be introduced to view the internal region during the surgery.



CONSISTENCY

of the gastric sleeve

WHY GASTRIC SLEEVE?

MY VICTORY



IS THIS A GOOD OPTION FOR ME?

The gastric sleeve is the first choice for individuals with obesity (BMI of 50% or more) whom have tried alternate methods to lose weight such as diet and exercise with no success.

Individuals with a BMI of 30 to 40 percent may also be eligible for this procedure if they suffer from health conditions such as, high blood pressure, diabetes, sleep apnea and metabolic syndrome

START OF THE PROCESS



MY VICTORY

MY VICTORY
BARIATRIC AGENCY

Intro to the preparation
7 day diet prior to the
surgery
intro to the hospitalization
day 1: admission to the
hospital, lab work and
surgery
day 2: recuperation, rest and
fluids
day 3: drinks, X-rays,
medication prescribed and
hospital discharged
Follow up consultation in
case its necessary

KEY POINTS:

- Anesthesia explained
- Post surgery gas treatment
- Medication by the hour
- Benefits; less prone to illnesses and weight loss improvement
- Side effects: possible hair loss, and low tolerance of certain foods
- Medication & supplements
- The “golden rule” of eating healthy and exercise