



# Neighborhood News

A Newsletter for Residents in Indian Hills Estates

May 2022

## Your IHE POA Officers and Directors

**President:**

Charles "Chuck" Styers

**Vice President:**

Christine "Christi" Bell

**Secretary:**

Beverly Maloy

**Treasurer:**

Debbie Hood

**Board Member:**

Sharon Wolf

**Board Member:**

Pamela Barquest

**POA Contact Information:**

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## Prayers for Uvalde

Our thoughts and prayers go out to those affected by the tragedy in Uvalde. Nineteen children and two adults lost their lives in this senseless act of violence.

As a parent, I cannot fathom the thought of losing a child. No parent should ever have to suffer through that horror.

Life is short and can end at any moment. Spend time with your children, hug them a little tighter today. And say a special prayer for those parents in Uvalde who are no longer able to do that.



**United Way** of San Antonio and Bexar County have set up a special fund to help the victims' families and the Uvalde community with long-term mental health resources. It will also address any emerging needs identified by their non-profit partners on the ground in Uvalde now.

If you would like to donate, please click the "Support Uvalde" link below to be taken to the United Way website.

[SUPPORT UVALDE](#)



UNITED WITH  
**UVALDE**

## Talk to Your Children

Save the Children's emergency response experts offer tips to help you talk to children about school shootings.

**Start the conversation.** It may never seem like the right time to start a discussion about school shootings with your child. But, not talking about it can lead to feelings of worry and confusion while also opening the door to misinformation.

**Emphasize safety.** Start by asking your child what they already know about school shootings. Allow them to express their concerns and ask questions. Reassure them and be honest – don't lie to them. Address any inaccurate concerns that they may have (e.g., school shootings happen frequently; children are not safe at school).

Don't go into graphic details, put the emphasis on safety, and help them identify the plans in place to protect them in all types of emergencies.

**Reiterate that it's normal to be scared.** Everyone feels afraid when they're in danger. Fear is how our bodies alert us and prepare us for action in times of danger. Help children understand that their natural reactions are normal.

**Look for leaders.** Remind your child that adults – teachers, leaders and first responders – are working every day to keep them safe at school. The emergency drills that they may practice in the classroom are an example of this. Children are more likely to have the confidence to make a safe decision in an actual emergency situation when they've practiced.

**Watch for signs of trauma.** It's normal for children to be a little anxious about school shootings and emergency drills. If children appear extremely fearful, angry or withdrawn during or following an exercise, seek professional help. Involve mental health professionals in the development and implementation of drills and exercises.

Source: <https://www.savethechildren.org/us/charity-stories/how-to-talk-to-children-about-school-shootings>



## *Do you know how the Indian Hills Estates POA Officers and Board of Directors are selected?*

### **Your vote counts!**

The Indian Hills Estates Home Owners' Association is governed by a *Board of Directors*. Directors are property owners in Indian Hills Estates that are elected by members (property owners). These positions are voluntary and unpaid.

All meetings are held at the Pavilion at 5057 Apache Moon.

Annual meetings are held the second Sunday in September at 2:00 PM.

Monthly meetings are held the first Monday of each month at 7:00 PM.

**Property Owners - Please be sure your annual dues are current. These funds support our street lights and will help us continue these special events.**



# Notices and Reminders

## Board Member Elections are in September

We are working hard to restore our neighborhood but we need your help. The election of board members occurs at the annual meeting each year and we have open positions that need to be filled.

We also have vacant positions to fill on the Architectural Control Committee (ACC) and would welcome the opportunity to have you join us.

If you own property and are interested in serving our wonderful community, or you know another property owner who would be interested, please submit the name as a candidate this year. You can email the information to us at [IndianHillsPOASpringBranch@gmail.com](mailto:IndianHillsPOASpringBranch@gmail.com)

If you would like more information on what board members do before making a decision, please reach out to us and we will be happy to answer any questions you have.

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## We want to hear from you!

So far, we have held events for Christmas and Easter. Now we are looking into an outdoor “Family Movie Night” during the summer. We feel like this would be a good way to meet and spend time together as a community.

If you have ideas, please share them with us. We would like to hear your thoughts for future community events.

