

## St. Peter Claver Catholic Community Presents

## A Zoom Mini-Series: Sharing the Cure to a Wounded World

FEATURING: Rev. John Phelps, C.Ss.R. & Mrs. Jennie Sinatra

Pastor Director of Formation



### 4th Gift: COURAGE heals GLUTTONY through MODERATION

- 1. Opening Scripture Reflection Luke 12:10–12
- 2. Review Gifts of Knowledge, Understanding, and Counsel
- 3. Courage is self-awareness and self-control asking first the Kingdom of God. Matthew 6:33



- a. READY to ASK for GRACE
  - i. Prodigal Son Luke 15:17–20 "Coming to his senses...I shall get up and go to my father.....So he got up and went back to his father."
  - ii. Addictions are self-destructive and self-defeating choices using creation to satisfy the flesh.

    Galatians 5:19-21



#### b. RESOLVE

- i. Personal Decision John 8:7, 10–11
- ii. Love in Action 1 Corinthians 13:11–13
- iii. Battle Against Evil Ephesians 6:10-17



- 4. Personal Testimony
- 5. Faithfulness Transcends the World Experience of Success.
  - a. Serenity Prayer See Handout
  - b. Faithful to Plan of God and work the plan. James 2:14-17
  - c. Sacrament of Marriage is a model for faithfulness.





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#### **Serenity Prayer Handout**

- 1. Accept what we cannot change... Ecclesiastes 3:1-8
  - a. Read the Signs of the time in light of the Word of Life. Romans 8:25
  - b. Foundational Response to being Chosen. Luke 11:23
- 2. Courage to change what I can... Acts 2:42-47
  - a. Our Eucharistic community with whom we are sent.
  - b. Our Apostolic community to whom we are sent.
- 3. Wisdom to know the difference... and to dare to be different.
  - a. Shake the dust. Luke 9:1-4; Matthew 10:14
  - b. Walk together, 2 by 2. Mark 6:7
  - c. Call for patience, gentleness & humility. Ephesians 4:2