



NAMEQUOIT SAILING ASSOCIATION

Rules & Suggestions

1. The club will provide a free t-shirt or a gaiter to each student as part of the program.
2. Each sailor must wear a gaiter / mask at all times, except while swimming or as a lone sailor in a boat.
3. Sailors must check-in at the desk outside of the club house, sanitize their hands, and then proceed to a color-coded table to meet an instructor, and wait there.
4. Each sailor must have a life jacket (PFD), which must be worn on the dock and boat & in the water.
5. Each sailor must wear footwear at all times. Closed toe shoes are required – no flip flops.
6. Sailors must check themselves in at the beginning of each class, and check themselves out at the end of the class.
7. Each sailor will be required to pass a rudimentary swim test the first day of class, so wear a bathing suit and bring dry clothes and a towel.
8. Classes are held on rainy days. We sail in light rain, so bring foul weather gear. If the weather isn't suitable for sailing, lessons will be held in the clubhouse. If there are several rainy days in a row, the instructors may call for an early pick-up.
9. Guest access to clubhouse grounds may be restricted to comply with COVID guidelines, and to ensure the safety of all.
10. Once sailors arrive at the club house, they are under the instructors' jurisdiction.
11. Bathrooms and sanitization / washing stations will be on the club premises
12. For each class, sailors will be assigned to sail with a sibling/household member as a 1st choice
13. Let the head instructor know if you are not able to sail on a day for which you are scheduled.
14. No running, swimming or jumping from the dock or floats is permitted.
15. Remember to bring sunscreen, a hat and drinking water (in a refillable bottle).
16. Each sailor is required to complete clean-up responsibilities, and sometimes sessions may run late.
17. Be sure to participate in the free Junior Cookout, held every Tuesday evening from 6 - 8 pm. It's a lot of fun, even when socially distancing and wearing masks!

Parents, please be courteous of our neighbors and observe the posted speed limit on Keziah's Lane at all times. I have read and understand the Rules & Suggestions, and will abide by them accordingly.

Sailor's signature: _____

Parent's signature: _____ Date _____