

**CHILD CLIENT INTAKE FORM**  
**Rachel Finch Sulka, M.S. MFT**  
Licensed Marriage and Family Therapist #51499  
(805) 364-4427

Client Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_ Email: \_\_\_\_\_

Employer: \_\_\_\_\_

Employer address: \_\_\_\_\_

Employer phone: \_\_\_\_\_

School: \_\_\_\_\_ School Phone: \_\_\_\_\_

School address: \_\_\_\_\_

Child and Family History

Form completed by:  Parent  Foster Parent  Guardian  Other : \_\_\_\_\_

Are you a single parent?  Yes  No

Child's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Gender:  Male  Female Grade: \_\_\_\_\_ Name of School: \_\_\_\_\_

Referred by:  Parent/Guardian  Pediatrician  School  Self  CWS  Social Services  Court Order   
 Other: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_  
\_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone: H \_\_\_\_\_ W \_\_\_\_\_ Cell \_\_\_\_\_

Parent's Email Address: \_\_\_\_\_

Therapist may leave message at :  Home  Work  Cell  Email (Preferred: \_\_\_\_\_)

Emergency contact person: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone #: \_\_\_\_\_

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Type(s) of service desired:  Child therapy  Adolescent therapy  Family therapy

Group Therapy  Referral for medication evaluation

Child's main problem/major reason for seeking help at this time: \_\_\_\_\_

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How long has your child had these problems, symptoms, or issues? \_\_\_\_\_

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Has your child had treatment for these issues in the past?  Yes  No

If Yes, was the outcome helpful?  Yes  No

Has your child had inpatient mental health treatment?  Yes  No

Briefly describe treatment including dates, name of facility/therapist, presenting issues and outcome:

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Describe any other behavioral or emotional problems your child is having: \_\_\_\_\_

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Describe the impact of your child's problems on the family: \_\_\_\_\_

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Describe your child's strengths and unique qualities: \_\_\_\_\_

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Is your child currently under the care of a physician or psychiatrist? { } Yes { } No

If yes: Doctor's Name: \_\_\_\_\_ Phone # \_\_\_\_\_

Treatment for: \_\_\_\_\_

Is your child currently taking any medications? { } Yes { } No If yes, include the following information:

Name of medications Dosage Prescribed by

Name of medications	Dosage	Prescribed by
_____	_____	_____
_____	_____	_____
_____	_____	_____

Does this child have a history of abuse (physical, sexual, emotional, neglect)? { } Yes { } No

If yes, please describe briefly, including dates, location, perpetrators, type of abuse and impact on child/family: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Is there legal action pending related to accusations of abuse? { } Yes { } No

If yes, describe briefly: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Is there any other legal action that may have impacted your child? Please check all that apply:

Current or Past

Custody Visitation

Adoption Child Protective Services

Probation Other

If yes, describe briefly: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

BEHAVIOR CHECKLIST :

Please check any of the following behaviors that concern you:

Behavior	Past	Present	Behavior	Past	Present
Crying, sadness, depression			Argues a lot		
Temper outbursts			Disobedience		
Loss of enjoyment of usual activities			Bedtime fears		
Irritability, anger			won't sleep		
Expressing a wish to die			Does things that annoy others		
Has threatened/attempted suicide			Worries more than others		
Panics			Unusual fears or phobias		
Anxious, nervous			Repeats unnecessary act over and over		
Is overly concerned about things			Is overly concerned about things		
Has rituals, habits, superstitions			Eats very little/fasts to lose weight		
Twitches or unusual movements			Sleepwalking		
Gorges or binge eats			Withdrawn Easily		
Blames others for own mistakes			Nightmares, night terrors		
Annoyed by others			Low self-esteem		
Swears or uses obscene language			Wakes up very early		
Wanting to run away			Sneaks out at night		
Unable to go back to sleep			Injures self		
Tiredness, fatigue			wakes frequently		
Restless sleep			Stealing		
Trouble going to sleep			Lying		
Sleeps too much			Hurts animals		
Poor appetite			Destroys property		
Under or overweight			Hurts people		
Over-activity			Drug use		
Frequently acts without thinking			Alcohol use		
Doesn't finish things			Cigarette use		
Disruptive Sexual problems			Problems with authority		
Short attention span			Problems with the law		
Daydreams, fantasizes			Hallucinations		
Easily distracted			Vomits intentionally		
Low motivation			Disorientation		
Bedwetting/daytime wetting			Strange or unusual behavioral		
Soiling (pooping) in pants					

Forms of discipline used in the home: { } Time out { } Loss of privileges { } Grounding

{ } Rewards/incentives { } Extra chores { } Physical/corporal punishment

{ } Other: \_\_\_\_\_

Relationship Development Check each item that describes your child:

	Current	Past		Current	Past
Prefers to be alone			Is demanding and bossy		
Is alone a lot, but dislikes this and feels lonely			Fights with others		
Is shy			Bullies others		
Has few friends			Teases a lot		
Has many friends			Plays with younger kids		
Plays with "problem kids"			Plays with older kids		
Is picked on a lot			Poor relationships with peers		
Is oversensitive			Conflict with parents/step-parents		
Poor relationships with teachers			Has difficulty getting along with brothers and sisters		

School Check any area of concern:

	Current	Past		Current	Past
Dislikes school			Missed many school days		
Works hard but does not do well			Repeated a grade		
Unmotivated, refuses to complete work			Discipline referrals, detentions		
Learning problems			Suspensions (how many? ____)		
Expulsions (how many? _____)					

If your child has been suspended or expelled, please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

School Environment Check all that apply:

	Current	Past		Current	Past
Resource classes/special ed.			Continuation school		
Gifted program			Home study		
Speech therapy			Independent study		
Other programs					

If other programs, please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Family Stresses Check all that apply:

	Current	Past		Current	Past
Marital problems			Housing problems		
Marital separation			Legal issues		
Divorce Custody disputes			Death of a friend		
Financial problems			Death of a relative		
Job loss			Death of a pet		
Parents using alcohol/drugs			Family illness		
Other stressors:					

If other stressors, please describe: \_\_\_\_\_

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Developmental History During pregnancy, did mother:

drink  drugs  illness  accident

problems with pregnancy  problems with labor  problems with delivery

If yes, please describe: \_\_\_\_\_

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Please check if child is/was delayed in any of the following areas:  holding head up

turning over  sitting up  crawling  walking alone  weaning  feeding self

toilet training  using single words  using sentences  dressing self  sleeping through night

Briefly explain any delays: \_\_\_\_\_

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As a baby/toddler, was child: check all that apply

eating well  colicky  head banging  performing rocking behavior  clumsy

easy to regulate (sleeping/eating)  wanting to be left alone  adaptable to transitions

more interested in things than people  easy to soothe  performing daredevil behavior

Medical History Indicate if your child has had any of the following:

Condition	Yes	No	Age	Details
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Serious Infection				
Convulsions/seizures				
Head injuries				
Other injuries				
Hospitalizations				
Surgeries				
Ear infections				
Poisonings				
Allergies				
Asthma				
Alcoholism				
Drug Use				
Sexual Problems				

Does your child have any other medical conditions? { } Yes { } No

If yes, please describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Does your child frequently complain of bodily aches and pains? { } Yes { } No

If yes, please describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Does your child miss school because of his/her physical complaints? { } Yes { } No

If yes, please describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Does your child have any allergies to medications, drugs or foods? { } Yes { } No

If yes, please describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Family Information: List all of the people who currently live with the child

Name	Age	Relationship	Occupation/School and Grade


What are your family supports? (church, friends, clubs etc.) \_\_\_\_\_

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What are your family strengths? \_\_\_\_\_

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Additional comments: \_\_\_\_\_

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Indicate if any family members or relatives have the following: Please distinguish if it's past or present.

Problem:	Father	Mother	Brother(s)	Sister(s)	Other
Problems with attention, activity or impulse control as a child					
Learning disabilities					
Did not graduate from high school					
Alcohol abuse					
Drug use					
Problems with aggressive behavior as adult or child					
Antisocial behavior (arrests, jail, legal problems, probation, other)					
Abuse victim					
Abusive to others					
Depression					
Nervous disorders					

Mental retardation					
Serious illness or surgeries					
Physical handicaps					
Tics or unusual movements					
Other mental problems or concerns					

Please list any adults who are authorized to drop off or pick up your child from his/her therapy session in the event you or another legal guardian is unavailable:

Name	Relationship to child

I authorize the above named person(s) to drop off or pick up my child from his/her therapy session. I agree that I or any person named by me (listed above) will not leave the premises and will remain in the waiting room for the duration of my child's therapy session.

\_\_\_\_\_

Child's Name Date of Birth

\_\_\_\_\_

Print Parent/Guardian Name Relationship to child

\_\_\_\_\_

Signature Date

\_\_\_\_\_

## Authorization for Credit Card Use

PRINT AND COMPLETE THIS AUTHORIZATION AND RETURN.  
All information will remain confidential

Name on Card: \_\_\_\_\_

Billing Address: \_\_\_\_\_  
\_\_\_\_\_

Credit Card Type:    \_\_\_ Visa    \_\_\_ Mastercard    \_\_\_ Discover    \_\_\_ AmEx

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Card Identification Number: \_\_\_\_\_ (last 3 digits located on the back of the credit card)

I authorize Rachel Finch Sulka to charge the credit card provided herein for purposes of copayments, deductibles, and fees not reimbursed by my insurance company, managed care organization, or third party. I understand that I am responsible for payment of all services rendered, including those which are not reimbursed by my insurance company, managed care organization, or third party. I agree to pay for this purchase in accordance with the issuing bank cardholder agreement.

Cardholder – Please Sign and Date

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

**Return the completed and signed form to the following:**

Rachel Finch Sulka

[rachelfinchmft@gmail.com](mailto:rachelfinchmft@gmail.com)