



**Fashions on the Field – Seasonal Guidelines for the fillies (ok Ladies)**

	<b>Spring/Summer (S/S)</b>	<b>Autumn/Winter (A/W)</b>	<b>Trans-seasonal (T)</b>
<b>Shoes</b>	<ul style="list-style-type: none"> <li>• Open toe</li> <li>• High heeled sandals</li> <li>• Open weave fabrics e.g. straw</li> </ul>	<ul style="list-style-type: none"> <li>• Closed toe only</li> <li>• Heavier woollen/ boucle fabric</li> </ul>	<ul style="list-style-type: none"> <li>• Closed toe</li> <li>• Closed toe mules</li> <li>• Boots and Booties (longer boots are generally seen more often in AW)</li> <li>• Fabric: leather/suede/patent, synthetic fabrics, Perspex, plastic/PVC, silk, wood, fabric, satin, (consider appropriateness and durability of shoes for the race track)</li> </ul>
<b>Outfits</b>	<p>Tops or dresses can be:</p> <ul style="list-style-type: none"> <li>• Sleeveless</li> <li>• One shoulder</li> <li>• Short to mid sleeves</li> <li>• Thicker shoulder straps (usually at least 1 inch+ in width)</li> </ul> <p>Choose lighter fabrics</p>	<p>Tops or dresses to have</p> <ul style="list-style-type: none"> <li>• Sleeves</li> </ul> <p>Choose heavier fabrics</p>	<ul style="list-style-type: none"> <li>• Dresses</li> <li>• Skirt &amp; top</li> <li>• Pants/pant suits</li> <li>• Jumpsuits (knee length or longer)</li> <li>• Off the shoulder tops/dresses (consider adding a jacket/wrap/fur during A/W or cooler days)</li> <li>• Backless tops/dresses</li> <li>• Capes/boleros/wraps</li> <li>• Tailored jackets</li> <li>• Hem lengths for dresses and skirts: – hem length to be just above knee or longer (keep in mind current fashion trends as these change regularly)</li> <li>• Fabrics: look at the colour, cut/style of the outfit to see if the outfit</li> </ul>



			could work for the current season
<b>Colours</b>	Pastel & lighter colours, lighter florals Bright colours	Darker colours e.g. burgundy, dark green, brown, burnt orange	Black & white Navy (Any colour can be used trans-seasonally if you accessorise to the season)
<b>Accessories</b>	Baskets as bags	Fur/Faux Fur	<ul style="list-style-type: none"> <li>• Gloves</li> <li>• Clutch/bag/pouch</li> <li>• Jewellery</li> <li>• Brooches</li> <li>• Hosiery (weather &amp; outfit dependent, often expected in autumn/winter)</li> <li>• Umbrellas/parasols</li> <li>• Racing accoutrements a e.g. binoculars, jockey crops, race books etc</li> </ul>
<b>Millinery</b>	Refer to Millinery Association of Australia Guide ' <b>Millinery in Fashions On the Field Competitions'</b> <a href="http://millineryaustralia.org">Millinery in Fashions on the Field - The Millinery Association of Australia (millineryaustralia.org)</a>		

FOTF Must Haves	FOTF no-no's
<p>Before walking out the door, make sure you have the following items:</p> <ul style="list-style-type: none"> <li>• Outfit</li> <li>• Clutch</li> <li>• Millinery</li> <li>• Shoes</li> <li>• Grooming: pay attention to hair styling and make up</li> <li>• A positive attitude</li> </ul>	<ul style="list-style-type: none"> <li>• Extremely short/Mini dresses</li> <li>• Strapless tops/dresses</li> <li>• Shoe string straps on tops</li> <li>• Shorts/playsuits</li> <li>• Exposed mid-riffs</li> <li>• Visible underwear</li> <li>• Costume (unless a themed category)</li> <li>• Inappropriate cleavage</li> <li>• Skin tight/ill-fitting clothing</li> <li>• Sportswear</li> <li>• Overly casual footwear e.g. flat sandals/thongs/flip flops/jandals</li> <li>• Copying outfits of other competitors</li> <li>• Asking a designer or milliner to copy the work of another designer/milliner</li> </ul>

**Notes:**

- Please contact individual race clubs/event organisers for their specific FOTF requirements (if any) prior to an event as they may differ or have various requirements i.e. theme, hem length etc



- Despite popular belief, gloves are only an optional item of women's FOTF wear. Please check with individual race clubs or event organisers to see if they have specific requirements.
- For ideas of current race wear trends and to view winners' photos, visit FOTF dedicated Facebook or Instagram pages, such as 'It's All About The Sash'
- The acronym 'FOTF' used within this guide refers to 'Fashions on the Field', which is the term given most of the best dressed competitions within Australia. These competitions are also known as, but not limited to be known as FITF (Fashions in the Field), Best Dressed, Ladies Day Competition and Style Stakes in other parts of the globe. These competitions are predominately held (but not limited to) events held at race tracks, harness racing, polo, state/county shows/fairs and more.
- This guide reflects dressing standards at traditional FOTF events. For guides on dressing for relaxed race wear events, please contact the event organisers as requirements often vary. A quick overview as follows:

<b>Relaxed Racewear Tips</b>
<ul style="list-style-type: none"> <li>- Consider wedges, high heeled espadrilles or block high heels</li> <li>- Move away from structured clutch bags and consider something more casual e.g. basket bags, straw bag, casual leather bag, pouch, wicker, cotton, cross body bags, mini bags etc</li> <li>- Popular outfit looks include:               <ul style="list-style-type: none"> <li>• Floaty sundresses</li> <li>• Culottes</li> <li>• Palazzo pants</li> <li>• Maxi skirts</li> <li>• Jumpsuits</li> <li>• Less structured/formal dresses e.g. floral, prints etc</li> </ul> </li> <li>- Strap &amp; shoulder coverings not as strict as traditional FOTF formats</li> <li>- Hem length can have more variety e.g. maxi length</li> <li>- Millinery to be less formal e.g. boaters, sun/straw hats, floral, giant brims, less structured styles</li> </ul>

This document was produced as a general guide to FOTF dressing by 'It's All About The Sash' and is in no way sponsored or endorsed by any race club. The dress regulations at the Victoria Racing Club, Royal Ascot Racing Club and many other country and city race clubs were referred to in the compilation of this guide (if visiting these clubs please check their specific requirements as they do differ from FOTF considerations). This guide may be used by individuals and race clubs in planning FOTF outfits and/or events and may be republished without permission of its Author, however may not be altered without permission. This document has been edited and audited by an assortment of independent race wear aficionados with a variety of racing fashion and judging experience across multiple Australian states.

