



ABOUT ACUPUNCTURE

How it works.....

Brain Commands the Nervous System

Acupuncture stimulates, balances and regulates Pain Receptors, Feel good Hormones, and Organ Systems to improve overall well-being and health naturally.

Tools

Hair thin needles which are sterile, individually wrapped and single use, stimulate the nervous system and activate the body's self-healing mechanism to speed up healing.

Heal the Root Cause

Don't deal with symptoms, this medicine is thousands of years old and helped billions globally to reduce pain and symptoms of both acute and long term conditions



DO YOU HAVE THESE STRESS SYMPTOMS?

Fatigue, Insomnia, Digestive Trouble, Headaches, Pain, Anxiety.....

If you suffered from 2 or more for 6 months or longer, you qualify for a complimentary consultation. Message me to schedule!



HEAL YOUR VIBE WELLNESS

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Case Studies

Hip/ Sciatica pain - 10 Years

F/ Age 68

Overview: Came in walking with a cane pain 10/10 which was deep and achy worse with rest and at night. Better with heat and gentle movement. Eventually the pain was so severe she stopped many normal activities.

Prior Treatments: Pain Medication, Physical Therapy, Muscle Relaxants and Pain Creams

Our Treatment: Treatment with Acupuncture, Cupping and Tui Na (Therapeutic massage) 2 x/ week for 5 weeks and 1 x per week for 8 weeks.

Results: She is walking without a cane, and now pain is less than 1/10. Her children cried when they saw her walking again for the first time in 10 years unassisted. She occasionally receives a maintenance treatment as needed several times per year.

Migraines - 15 Years

F/ 32 / Teacher

Overview: Severe migraines for 15 years, and tension headaches for 10+ years that lasted for weeks at a time. Pain was "debilitating pounding headaches", worse with noise, light and her period. When aggravated the right side of her body and her right eye were painful and throbbing, she was nauseous and irritable.

Prior Therapies: Medications

Our Treatment: 2 /x week for 4 weeks and 1 x/ week for 6 weeks of cupping, Acupuncture and lifestyle guidance for detox.

Results: Her symptoms reduced by 80%, and she had minor headaches occasionally instead of the long term migraines. Her nausea, irritability and body pain reduced to minimal and occasional. She now comes in for the occasional maintenance as needed.

Athletes and Acupuncture

- *"Yankees starter A.J. Burnett credits acupuncture with helping him stay healthy"*
- www.nj.com
- *"Nibali's Secret to a Tour de France Win: Acupuncture"* - Wall Street Journal
- *Andre Hal, Texans NFL player, credits Acupuncture for greatly helping during his Cancer Recovery.* - Houston Chronicle
- *Swimmer Michael Phelps and Gymnast Naddour use Cupping Therapy during the Rio Olympics as it grows in popularity to improve performance-* USA Today