

Greetings from Wounded Healers International!

We hope you're doing well and staying healthy as we enter September. We're excited to share some incredible highlights and updates from our projects and events this month. Let's dive into the latest news and achievements!

Spotlight on Tamasha Performers: Batimbo United



As we prepare for Tamasha: A Multicultural Market + Benefit Concert on September 29th, we're excited to introduce one of our featured performers: Batimbo United. Batimbo United is a high-energy drum and dance ensemble that celebrates the rich cultural heritage of Burundi through their performances. They are known for their powerful and rhythmic drumming, vibrant dances, and dynamic choreography. Their performance promises to be a highlight of the event, offering an unforgettable experience for all attendees. Don't miss out on this fantastic showcase of culture and music!

[Buy Tickets
Now](#)

Are you coming to my Tamasha Event?

LOCATION

Franco Center, 46 Cedar St, Lewiston, ME 04240, USA

DATE AND TIME

09/29/24 12:00pm - 09/29/24 4:00pm US/Eastern

Tamasha is our largest fundraiser this year and promises to be a vibrant celebration of culture, community, and creativity.

[I'll Be There!](#)

Maybe

I Can't Make It

Projects Updates

KENYA: Wounded Healers Foundation

Reusable Pads on the Market



When we asked for your support to buy sewing machines, you showed incredible generosity. Thanks to your kindness and commitment, we were able to purchase 20 sewing machines, obtain materials, and train women to make reusable sanitary pads. Because of your contributions, the women at our City of Peace Shelter in Kenya now produce reusable sanitary pads for other women and girls in their communities. Instead of giving out disposable pads each month, which harms the environment, we can now provide reusable pads once a year to girls in need. This not only reduces waste but also ensures that each girl has access to sustainable and reliable menstrual hygiene products throughout the year.

Read
More

Celebrating the Success of Our Recent Graduates



We are delighted to share that on August 15, fifteen young women from the City of Peace Shelter successfully completed our vocational courses and earned their Beauty Certificates. These graduates have demonstrated remarkable dedication and perseverance throughout their training, and we are incredibly proud of their accomplishments. This achievement marks an important milestone in their journey, equipping them with valuable skills that will open doors to new opportunities and brighter futures

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Our Girls Soccer Club Shines Against All Odds!



Our girls' soccer club has been on an incredible winning streak, demonstrating exceptional skill, teamwork, and a never-give-up attitude. In August, they participated in friendly matches and tournaments, showcasing their hard work and strong bonds as a team. Soccer is also a powerful tool in our mission to challenge sexual violence, empowering our girls to build confidence, develop leadership skills, and promote a culture of respect and equality.

[Read More](#)

MAINE: Maine Afro Yoga Project

[Maine Afro Yoga Project Awarded \\$30,000 Grant for Outdoor Equity](#)



We're thrilled to announce that the Maine Afro Yoga Project was awarded a total of \$30,000 from Maine Initiatives and the Nature-Based Consortium on Outdoor Equity Fund! This grant provides \$10,000 annually over the next three years, enabling us to significantly expand our outdoor activities with immigrants in Maine. This essential support will help us foster healing and resilience through yoga and mindfulness. The Yoga and Mindfulness Project is committed to serving, caring for, and rebuilding the lives of individuals who have experienced trauma by providing culturally sensitive mindfulness practices and trauma-informed nature programs.

[Read Press release](#)

August Sound Bath: A Peaceful Experience of Healing & Connection



In August, our Afro yoga studio hosted our monthly special sound bath session in collaboration with Zagon Beauty and Journey ONEderland. This event was designed to offer a calming and healing experience by combining the peace of nature and the soothing power of sound. It was a wonderful way for us to support the well-being of the BIPOC community, and the event turned out to be both relaxing and meaningful.

[Read More](#)

Remember to get Register to Tamasha Event Today!



Sep 29

TAMASHA! A Multicultural Concert + Market for Wounded Healers International

Tamasha is our largest fundraiser this year and promises to be a vibrant celebration of culture, community, and creativity! The event will feature live performances by:

JULIA GAGNON | Maine's American Idol
BATIMBO UNITED | Burundian Indigenous Dance Troupe
DJ INNOX | Spinning Afro Beats

There will also be a Multicultural Market and Community Connection. This event is a vital fundraiser for Wounded Healers International, supporting our mission to create healing spaces and amplify the voices of sexual assault survivors in Maine and Kenya.

[Register](#)

\$50.00 - \$75.00

Wounded Healers International | 1129 Broadway | South Portland, ME 04106 US

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