

Hello Nuna,

I hope this email finds you well.

I am writing to inform you that I will be taking a month off for maternity leave until July 9th. During this time, I will have limited access to my email. However, our dedicated team at Wounded Healers International will continue to work tirelessly to support survivors and further our mission to shift the cultures of sexual violence.

#### **MAY PROGRAM UPDATES:**

Wounded Healers International in Kenya:

## Survivor Support Groups:

We successfully launched two new support groups, providing a safe space for over 50 survivors to share their experiences and heal together.

# • Community Workshops:

Three community workshops focusing on consent education and bystander intervention were conducted, reaching over 200 participants.

## • Advocacy Efforts:

Our advocacy team has been actively engaging with local policymakers to push

for stronger protections and resources for survivors of sexual violence.

### Maine Afro Yoga Project:

### Yoga and Wellness Sessions:

We held weekly yoga sessions that integrated Afrocentric wellness practices, benefiting over 100 participants in Maine.

#### Cultural Awareness Events:

Organized two events to promote cultural awareness and community building through Afrocentric practices and mindfulness.

## **GET MORE INVOLVED:**

As we continue our crucial work, there are several ways you can get more involved and support our mission:

## Help me reach our goal:

I am celebrating the birth of a new baby girl I am bringing into this world by asking for your support to fund freedom for 20 adolescent girls in Kenya who are victims of sex exploitation. Will you help me reach our goal?

#### • Become a Board Member:

We are looking for passionate individuals to join our board. If interested, please fill out the **Board Member Application Form** on our website.

#### Follow Us on Social Media:

Stay updated on our latest news and events by following us on social media:

Facebook: https://www.facebook.com/WoundedHealersInternational/

Twitter: https://www.twitter.com/WHIntl

Instagram: https://www.instagram.com/woundedhealersinternational/

Linkedin: https://www.linkedin.com/company/18732786/

During my absence, if you have any urgent matters or need assistance, please contact our board member Christine Lemieux in the USA at <a href="mailto:christine@experiencemqcg.com">christine@experiencemqcg.com</a> or our Kenyan Based Program Director Josphine Wanjiru at <a href="mailto:josphine@woundedhealerskenya.org">josphine@woundedhealerskenya.org</a>.

Thank you for your continued support and understanding. I look forward to reconnecting with you all in July.

Warm regards,

Nuna Gleason (She/her/ Hers
Founder|Executive Director
Wounded Healers International
Maine Afro Yoga Project
Tel:+1 (207)536 0684
Let's connect on LinkedIn!
Visit my favorite nonprofit at www.woundedhealersintl.org.

#### "Love Liberates"



This month, we are raising funds to keep 20 girls free from slavery of sex exploitation. **Give the gift of freedom today** 

**Give Now** 

Wounded Healers International | 1129 Broadway | South Portland, ME 04106 US

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