*Together We Rise*

**Who we are:**

We are a coalition of family peer support providers in New York State. Established in 2021 our coalition provides support and training to family peer advocates who, in turn, provide support to families who are raising children with emotional, behavioral and or mental health challenges.



*POWER of FAMILY, NY*

*A Coalition of Family Peer*

*Support Providers in New York*

**What we do:**

We advocate for the needs of families both at the state and federal level. Our vision is that **all** families receive the support they need to raise their children in these challenging times. We assist family peer advocates in their work with families across the state. Our steering committee is comprised of highly experienced family peer advocates from each of the regions in New York State. Our primary mission is to bring together family peer advocates from across the state and provide support and training so that they can be **strong** and **effective** in their work with families.

**Family Peer Support: Strength in Community**

What Is Family Peer Advocacy/Support?

Family Peer Advocacy/Support involves family members supporting one another, sharing experiences, and advocating for rights and services for their loved ones. Together, we can navigate challenges and promote positive change.

**What Family Support Programs Offer:**

* Support Groups
* Workshops: Participate in workshops focused on coping strategies, communication skills, and self-care techniques.
* Resource Sharing: Access valuable resources, including information on mental health services, educational tools, and community programs.
* One-on-One Support: Receive personalized support from trained family peer support specialists who have walked a similar path.

**Why Join**

Connect: Meet other families and build a supportive network.

Empower: Gain knowledge and skills to better support your loved ones and yourself.

Grow: Share your story, learn, and grow in a compassionate environment.

**Who Can Join?**

Anyone who is a family member or caregiver of someone experiencing mental health challenges, addiction, or other life difficulties.

**Contact Us for More Information!**

📞 MJ: 931-250-2229/ BA: 845-797-1861

www.poweroffamilyny.com

📧 mjjohnan@icloud.com/ [barbara.altadonna@gmail.com](http://barbara.altadonna@gmail.com)

*STAND STRONG with Family Peer Advocacy!*