## Loving Hands Massage Coupon

Recipient

This certificate entitles	\$5.00 off on your first visit

BY APPOINTENT ONLY Call: (317)439-5383

E-mail:darlene@lovinghandsmassage.com \* Good for 60 minute or 90 minute massage only Darlene Grant 4595 Bayberry Lane Zionsville, IN 46077

Just print out and present this coupon on your first visit.

- Physical and Mental Benefits
- relaxes the whole body
- relieves tired and aching muscles
- loosens tight muscles
- increases flexibility and range of motion
- diminishes chronic pain
- enhances skin tone
- lowers heart rate
- lowers blood pressure
- calms the nervous system
- assists in recovery from injuries and illness
- strengthens the immune system
- reduces tension headaches
- reduces mental stress
- aids in mental relaxation
- promotes restful sleep
- improves concentration