# **Mission Trip Packing Guide**

#### **On Your Person**

#### **Required Travel Docs**

Passport (Valid 6 mos. past trip
☐ Driver's license or state ID
☐ Flight locator code / tickets
☐ Itinerary
☐ Traveler's ins. card
☐ <u>Visa</u> (if required)
☐ <u>Vaccination card</u> (if required)

#### **Travel Clothes**

Comfortable, layered clothes
Light jacket / zipped sweater
Comfortable shoes that slip off
Phone / earbuds / headphones
RFID passport belt/neck wallet
☐ Limited cash and cards

#### In Your Personal Item

#### Flight Comfort & Tech Gear

☐ One change of nice clothes

] <u>Pen</u> / paper / mask / plugs
Reading / games / downloads
Glasses / contacts / sunglasses
☐ Water bottle / gum / snacks
Comfy/compression socks
Glasses / contacts / sunglasses
☐ Hat / scarf / shawl / belt
Power converter or adapter
Charger cables / power bank
Cable adapter(s) / Data blocker

### Toiletry Kit & 3-1-1 Qt Ziplock

☐ Toothbrush / paste / floss / etc
☐ Sanitizer / kleenex / microfiber
☐ Wipes /feminine care items
Deodorant / makeup / lip balm
☐ Moisturizer / sunscreen
☐ Comb / brush / spray / haircare
☐ Soap / shampoo / conditioner
☐ Motion aids / meds / first aid
☐ Stainstick / detergent / repellent
☐ Pins / sewing kit / repair tape

## In Your Carry-on Bag

#### **Non-Clothing**

☐ Journal / Bible / games		
☐ Economical gifts for new friends		
☐ Electrolytes and snacks		
☐ Travel hangers/clothesline, pins		
☐ Duffel / laundry bag		
othing (See Guidelines)		

#### Clo

☐ 4-6 Modest shirts & blouses
☐ Tees allowed in schools
☐ 2-4 Nice pants (no rips or wear
Jeans allowed in schools
☐ 1+ longer skirts / dresses
☐ At least 3" below knee
☐ Undergarments and socks
☐ Comfortable spare shoes (opt)
☐ Closed toe and bottom
☐ 1 "90's Church outfit" for
speaking/teaching at night
☐ Rain gear
☐ Sleepwear
☐ Modest swimwear
☐ Belt

# **UTIM Dress Code – Quick Reference**

Pack wrinkle-resistant clothing that you can layer for comfort in different climates. Business Casual attire is appropriate at all times. You may opt for Casual Attire during food outreaches, school visits, children's crusades and teen conferences. No tight-fitting or revealing clothing ever. Capris and shorts below the knee may be worn at the hotel. For poolwear, please see the Swimwear and Jewelry section. If you choose, you may wear modest shorts in your room or on the plane.

# **Always Keep Clothing:**

Modest and professional. One level nicer than your audience.

- Clean, neat, modest, and without rips or holes.
- Free of offensive words, images, or messages.
- Covering midriff, knees, armpits/shoulders, undergarments, cleavage, backside, toes.

**Check in a mirror before packing:** Can you bend, kneel, sit, stand, and raise your hands in worship without exposure?

# **Casual Attire for Schools, Outreach**

Think "Casual Friday." Comfortable but tidy and presentable.

- **Acceptable:** Jeans (no holes), caps, polos, t-shirts, blouses, skirts, dresses, sneakers/loafers.
- Not Allowed: Shorts (except at pool/hotel), sandals, tank tops without a cover, ripped clothing, sloppy or offensive items.

## **Business Casual (Always OK)**

Polished and professional. Think "US church in the '90s."

- **Acceptable:** Khakis, dress pants, chinos, dark-wash jeans, button-downs, polos, blouses, sweaters, modest skirts/dresses, blazers, loafers, dress shoes.
- Not Allowed: Shorts, hats of any sort, leggings/athleisure, t-shirts (unless under a jacket), ripped jeans, hoodies, sweatpants, athletic shoes.

## Swimwear, Jewelry & Valuables

- **Swimwear:** Women—midriff covered. Men—shorts that reach at least mid-thigh. No bikinis or speedos.
- **Jewelry:** Only wedding rings are allowed on the trip. Please leave other jewelry at home. Remove all facial piercings for the entire trip.
- Valuables: Keep any items of value securely on your person in a money belt, shoulder bag or neck wallet so they are safe. Leave at home anything but the essentials: phone, passport, wallet items, etc..

Bottom Line: Be clean, modest, and professional. Represent Christ well.