

FREE



JACKSON AREA COLLABORATIVE KNOWLEDGE SOURCE

# Give the Gift of Jackson

- pages 2, 3, & 12

[www.jacksfamilyguide.com](http://www.jacksfamilyguide.com)

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**Welcome to J.A.C.K.S. —**

Jackson Area Collaborative Knowledge Source. This community resource guide is designed to improve the lives of children and strengthen families in the Jackson community by providing fun and useful information.

**Learn more at  
[www.jacksfamilyguide.com](http://www.jacksfamilyguide.com)**

**Stefanie Riggs**  
*Publisher*  
[jacksfamilyguide@gmail.com](mailto:jacksfamilyguide@gmail.com)

**Morgan Riggs**  
*Managing Editor*

**Evan Zigler**  
*Distribution*

*If your business or organization would like to submit an article for FREE for publication please do so by the 3rd Friday of each month.*

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**FIND US AT ONE OF THESE  
AREA BUSINESSES!**

ABC Academy, Lansing Ave.  
Academy of the Arts  
Allskate Fun Center  
Ballooney Bin  
Bean Elementary School  
Biggby Coffee, Horton Rd.  
Biggby Coffee, E. Michigan  
Biggby Coffee, West Ave.  
Biggby Coffee, Spring Arbor  
Blue Ox Credit Union  
Book Cottage  
Brent Family Chiropractic  
Career Center  
Chilango's Burrito Bar  
Christoff & Sons Flooring  
Columbia Central Schools  
Community Action Agency  
Commonwealth Comm. Center  
Culver's  
Dahlem Center  
Dr. Davenport, D.D.S.  
Ella Sharp Museum  
Francis Street Primary School  
Goldsmith & Associates  
Habitat ReStore  
Hutches  
Imagine Planet  
I've Been Framed  
Jackson Coffee, Downtown  
Jackson County Chamber  
Jackson County Health Dept.  
Jackson District Libraries  
Jackson Furniture Outlet  
Jackson Pack N Ship

Jackson Public Elementary  
Schools  
Jackson Symphony Orchestra  
JAX 60  
JTV  
Kibby Cobb Market  
Lifeways  
Lyle Torrant Center  
Marino's, Parnall  
Marino's, Spring Arbor  
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McDonald's, 10 locations  
Michigan Theatre  
Miller Shoes  
North Star Montessori  
Not So Shabby, Oh! So Chic  
Paragon Charter Academy  
Parlour of Jackson  
Parma Elementary School  
Personal Images Spa & Salon  
Picture This Jackson  
Polly's Country Markets  
Recovery Technology  
Salvation Army  
Simple Flooring Solutions  
Spring Crest Dental Associates  
Summit Pointe Dental  
The Blue Julep Bakery  
The Jackson School of the Arts  
TRUE Community CU  
United Way  
Walton Insurance Group  
Warner Elementary School  
YMCA

*Learn to Love Your Hometown*

# Give the Gift of Jackson

*By Val Herr*

Let's be real. The holidays are hard!



Even if you enjoy them, they are tough. Trying to decorate your home, spend time with family, and find the perfect gifts for everyone on your list can be stress-inducing. This year has been dubbed the year of clutter-gree gifts! I've been talking about this for


years: give the gift of an experience while supporting local businesses. Here are my top clutter-free gifts that will hopefully make your holiday shopping more manageable, so you can spend your time enjoying the holidays.

- Concert tickets-Jackson has a lot to offer. Check out the Jackson Symphony Orchestra, the Michigan Theatre, and Jackson College.
- Movie passes to the Michigan Theatre
- Golf passes-With over 20 golf courses in Jackson, there is something for everyone. Check out Experience Jackson for a complete list <https://www.experiencejackson.com/things-to-do/get-outdoors/golf>
- Bowling gift certificates Jax 60

- YMCA passes
- Restaurant gift cards-eat local
- Gift certificates to the arts-Jackson School of the Arts, Essa Arts, Arts 634
- Give the gift of a museum membership-Experience Jackson provides a list of all Jackson County Museums <https://www.experiencejackson.com/things-to-do/arts-culture/museums>
- Give the gift of the Pioneer Wine Trail <https://www.thepioneerwinetrail.com/>
- Think outside the box and hire my favorite food truck Tiki Sam's Pizza, to create a unique, one-of-a-kind, stress-free holiday experience
- Give a Jackson gift box - coffee from Jackson Coffee Company, chocolates from Gilbert's Chocolate, cookies from The Blue Julep, a bottle of wine from a local winery, a loaf of bread from DoughNation Bakery, and some amazing butter from Dancy's Fancy Butter are just some of the incredible options


Don't stress out over finding just the right gift. The perfect gifts are right here in our hometown and are easy to find and purchase. Give the gift of what you love most about Jackson, and it will absolutely be the perfect gift.





**JACKSON COUNTY'S ONLY  
BALANCED  
CALENDAR OPTION**

**HUNT ELEMENTARY  
ENROLL NOW!**





# Make a Big Impact by Shopping Small this Year

By Morgan Riggs,  
Managing Editor

Imagine this: you are strolling through downtown



Jackson on a stunning winter's day. Sunlight is reflecting off of the dusting of snow, illuminating

the upwards of 70 vibrant murals adorning the walls. Scents of roasting coffee glide through the air as you pass by Jackson Coffee Company, and as you round the corner toward Chilango's, your mouth starts to water as you inhale chile and cilantro. Cold air brushes your face as three kids dash by on their way to the YMCA, and the clock tower sounds in the distance: it's noon. Your holiday party is a mere four hours away, and you have yet to get the perfect gift for the exchange. Then, the idea hits you: shop local.

The shops and business owners not only play

an integral role in our local economy but also provide a friendly face and unparalleled shopping experience for individuals in our community. Before you buy this holiday season, consider the following reasons to shop local:

## Creating & Sustaining Jobs

JPMorgan Chase & Co. conducted research on the economic importance of small businesses to the U.S. economy. Through gathering U.S. Census Bureau data, they found that 48.3% of the U.S. workforce is employed by small businesses [1]. By shopping locally, you are supporting job sustainability and, hopefully, growth.

## Inspiring Innovation

Utilizing data from the U.S. Patent Office, researchers found that small businesses in the United States generated 21% of patents in 2015 [2]. By continuing to invent solutions and innovate on a foundational level, small business-

es are helping to solve the problems our world faces.

## Supporting the Local Economy

For every \$100 you spend at a local business, \$68 of your purchase remains local, compared to just \$43 of a purchase made at a national chain [3]. This means that more of your hard-earned money is going into your community, stimulating the economy where you live, work, and play. Additionally, small businesses have been found to donate more than large businesses to causes central to the community. Not only do your dollars stay close to home, but they help.

## Aiding the Environment

Shipping contributes to 3% of greenhouse gas emissions annually [4]. Every time you click 'order' on a website, your purchase has to be transported from the manufacturer to the distributor, through multiple middlemen at times, and finally to your doorstep. This does not account for

the environmental impact of producing the good or gathering the raw materials and transporting them to every intermediate producer along the way. By purchasing goods from your own community, you are reducing your carbon footprint.

## Showcasing Unique Goods

Finding the perfect gift for someone can be grueling at best and seemingly impossible at worst. Often, you may find yourself at a loss for ideas. This is where buying local steps in! You can showcase your town through the good and experiences it has to offer. Delight the dessert-lover with chocolates from AG Chocolates. Charm the children with a toy from Cotton Tales. Intrigue the artist with ballroom dance or art classes from Jackson School of the Arts. Excite the decorator with a custom piece from I've Been Framed or new furniture from Jackson Furniture Outlet. Surprise the 'always cozy' person in your life with the one pair

of fuzzy socks they do not yet own from Lowry's Little Flock Farm. Whoever you are shopping for this season, you can find something for them locally!

No matter why you choose to shop small or shop local, the community you support thanks you. As a local business, J.A.C.K.S. strives to support other area businesses as best we can. For a more comprehensive list, visit [experiencejackson.com](http://experiencejackson.com), the business directory at [co.jackson.mi.us](http://co.jackson.mi.us), or our website, [jacksfamilyguide.com](http://jacksfamilyguide.com).

[1] <https://www.jpmorganchase.com/institute/research/small-business/small-business-dashboard/economic-activity>

[2] <https://www.jpmorganchase.com/institute/research/small-business/small-business-dashboard/innovation>

[3] <https://www.fundera.com/resources/local-shopping-statistics>

[4] <https://blogs.worldbank.org/transport/carbon-revenues-shipping-game-changer-energy-transition>

After beating my own breast cancer, I'm tuned in to helping others with theirs.

# I AM HENRY

**Radio personality Cheron Sanders' breast cancer was discovered during a routine mammogram. She had no symptoms or family history of the disease.**

What she did have was abnormal cells throughout her right breast. To prevent the cancer from spreading, her Henry Ford Health team moved quickly to perform a mastectomy, followed immediately by microsurgery breast reconstruction—Henry Ford is one of few who can perform this joint procedure. After treatment, Cheron created CheronSheroes.com, a website providing women with support during their breast cancer treatment.

**Discover Cheron's story, and learn more about breast cancer screening at [henryford.com/mammography](http://henryford.com/mammography)**

**HENRY  
FORD  
HEALTH**  
Cancer

# Jackson County Animal Shelter's Adoptable Pets: Lincoln & Marvel

Contributed by the  
Jackson County  
Animal Shelter

## Lincoln

Lincoln is a beautiful, white American Staffordshire/Boxer mix with heart-shaped markings on his nose. At just one year old, this handsome guy came in as a stray. While he does well with most other dogs, he is fearful of unknown humans. He will tremble, shake, or retreat to the back of his kennel until he feels comfortable. A calm household with an experienced handler would be the best home for Lincoln. Additionally, he requires someone with patience who can see what a wonderful pup he will be once he comes out of his shell. Dog adoptions require an application that can be found at <https://www.co.jackson.mi.us/DocumentCenter/View/8193/Dog-Adoption-Application-PDF>. Availability date is when the dog becomes



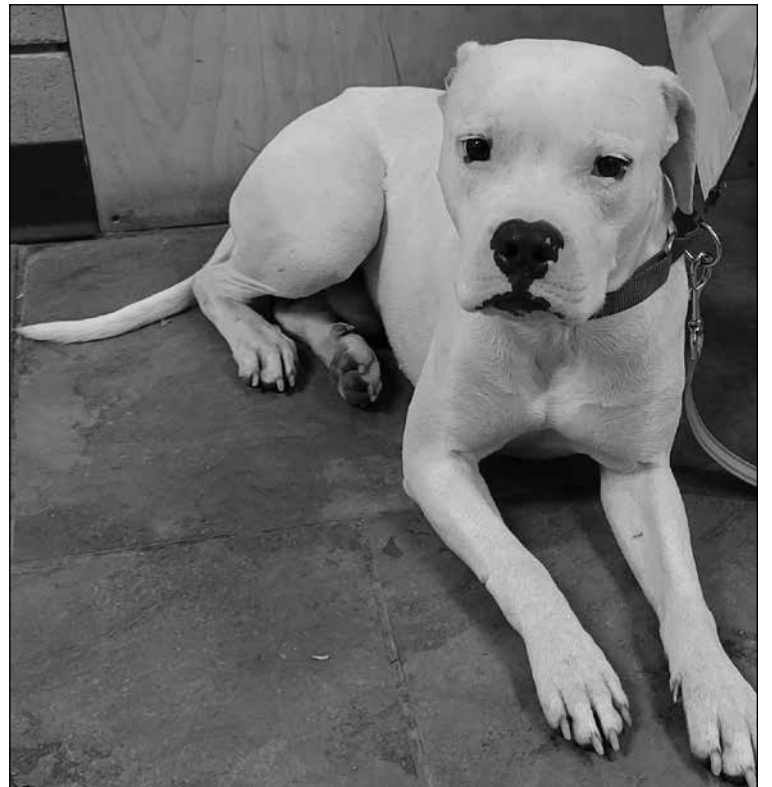
JCAS property; any necessary medical procedures may delay an adoption. A meet & greet with your dog is mandatory, and a cat room walk-through is available to test reaction. Dogs will go to approved applicants; the adoption fee is \$150 for medium/large dogs and \$250 for puppies/small dogs, including vac-

cinations, microchip, and sterilization.

## Marvel

Marvel is a male, black-and-white tuxedo cat. His stunning markings may captivate you, but his adorable goatee is what will win your heart. He is two years old and came in as a stray. When he arrived, he wasn't quite sure what to think about everything at the shelter, and he was initially quite shy. Now he is with

other cat friends, hanging out most of the time in his cat condo. Meet him today at the Jackson County Animal Shelter, 3370 Spring Arbor Rd., Jackson, Michigan. Cat Adoption Fees are \$60 for one cat and \$80 for two, including applicable tests, vaccines, and spaying/neutering. Any necessary medical procedures may slightly postpone an adoption. Visiting the shelter is always best, but you can also use the adoption form at <https://www.co.jackson.mi.us/DocumentCenter/View/8194/Cat-Adoption-Application-PDF>. All completed forms can be faxed to 517-780-4750 or emailed to [animalshelter@mijackson.org](mailto:animalshelter@mijackson.org). See our website for more information at [mijackson.org/579/Animal-Shelter](http://mijackson.org/579/Animal-Shelter), and find us on Facebook or view all pets on [Petango.com-Shelter](http://Petango.com-Shelter) Details. Current Shelter Hours are M, Tu, W, F, 10:00-4:30, Thu 10-7, Sat 10-4.



## 4 Reasons to Consider Adopting a Pet

**Family Features** - More than 23 million American households added a four-legged family member over the last three years, according to data from the American Society for the Prevention of Cruelty to Animals. Through these trying times, pets have been a key source of comfort and joy – even improving pet parents' overall well-being.

It's no wonder that – according to Mars Petcare's "Pets for Better Wellbeing" report – more than one-third of non-pet owners are considering adopting a pet in the next 3-5 years, and 61% of them said they'd turn to shelters or rescues. It's a major decision for families and pets, as hundreds of thousands of cats and dogs are still waiting in shelters to find their forever homes.

To learn more about the positive impact of pet ownership, and to find out how you can support animal shelters and pets in your community, visit [BetterCitiesforPets.com/2022Report](http://BetterCitiesforPets.com/2022Report). If you're still deciding whether to add a four-legged family member, consider these four benefits:

### Improve Your Well-being

Few things compare to the joy of coming home to a loyal companion. Whether it's a dog greeting you at the door or a cat purring contently in your lap, your pet is there to offer unconditional love. In fact, the survey revealed 92% of pet owners feel their relationship with their pets have improved both their mental and physical well-being over the last

three years.

### Serve as Your Social Sidekick

More pet owners are including their pets in their everyday routines, whether at work or during their leisure time. In fact, 85% of pet owners working from home all or part of the time said it's important to spend at least part of their workday at home with their pets. People are also looking to hit the road with their pets by their side, as 52% said they're likely to bring their pets while traveling.

### Provide Companionship for the Whole Family

A dog is more than just "man's best friend." The research indicated more than 9 in 10 pet owners agree

their pets complete their families or households, and they are a key part of how the family spends quality time together. When it comes to children, adults said they feel pets make a positive impact by providing companionship (75%) and teaching children about responsibility (69%).

### Support Your Local Shelter

If you're ready to add a pet to your family, consider adopting from a local shelter. Eighty-four percent of pet parents who adopted from shelters felt a boost in mental well-being from doing so. Adding a pet to your home can also support shelters in your community that are struggling to care for all the cats and dogs in need of forever homes.

LIVE LOCAL  
COMMUNITY  
COVERAGE





# Jackson Parks Group Lights Up Neighborhood Parks for the Holiday Season

By Aaron Dimick,  
President,

*People for the Parks and Trails*

Five neighborhood parks are looking “merry and bright” this holiday season thanks to a local non-profit organization. People for the Parks and Trails (PPT) worked with the City of Jackson to install lights in Betsy Butterfield Park, Elnora Moorman Plaza, Ganson Street Park, Austin Blair Park, and Kiwanis Park.

Volunteers installed lights with the Parks and Recreation Department’s permission throughout November, with the displays turning on after Thanksgiving Day. PPT collaborated with the Kiwanis Club of Jackson to put up lights and holiday decor at Kiwanis Park off N. Elm Avenue.

The non-profit is focused on improving Jackson’s parks and trails through volunteering, fundraising, and advocacy. 2022 was a busy year for People for the Parks and Trails, with the group completing volunteer projects at seven

parks, two pedestrian trails, and one cemetery. PPT also donated two new trash cans to the City’s MLK Equality Trail to help reduce litter and pet waste along the trail.

Volunteers expanded the number of light projects they did this year after lighting up two parks last year. A Christmas in July fundraiser was held this summer so PPT could purchase lights and accessories for the parks. “We thank everyone who has helped make such a positive project happen for the community,” said PPT President Aaron Dimick. “These lights add a lot of holiday cheer to our neighborhoods and shows everyone that Jackson is a welcoming community that cares about our public spaces.”

People for the Parks and Trails plan on leaving the lights on through the first week of Jan. Residents wanting to get involved with volunteer projects can submit an interest form through PPT’s website, [peoplefortheparks.org](http://peoplefortheparks.org). Donations are also accepted through the website to support volunteer work. The group is active on Facebook, Instagram, and Twitter and regularly posts updates on group activities.



 **SWIM WITH SANTA  
AT THE YMCA**

**FREE Community  
Event**

**Friday, December 16  
5:30pm–7:30pm**



**Children under age 8 MUST be  
accompanied by a  
parent/guardian IN THE POOL**

127 W. Wesley St. Jackson, MI 49201 ♦ 517.782.0537 ♦ [JacksonYMCA.org](http://JacksonYMCA.org)



# Empty Boxes

*Contributed by Trista Rink,  
Children's Program  
Manager*

Have you ever heard someone say their kids enjoyed playing with a box and wondered why? How? Often as we grow, our imagination seems to shrink. A box, to many adults, is to be broken down, thrown away, burned, used to store items in, or to move items from place to place. These are all very practical uses for a box, but an object that appears as a functional tool to an adult can appear as a wondrous thing to a child.

Children still have lovely imaginations, especially when they're encouraged. A box can be a castle, a race car, a rocket ship, a magic portal, a television, or a secret clubhouse. As you can guess, the list goes on and on. You can paint on a box, draw on a box, cut holes in a box, tape boxes together, poke holes in a box, or glue items onto a box.

While a child may be having fun with the boxes, many important processes are happening simultane-

ously. Fine motor skills can be developed as they draw on the box. Large motor skills can be developed as they move the box from place to place, turning it onto its side or upside down. Social skills can develop as they invite others into their play, constantly changing the rules of who's allowed into their special place. Literacy skills can develop as they take their favorite stuffed animal into their new home to read to or even make a sign naming their creation. Mathematical skills can develop as they measure the areas or even describe differences in the size of the boxes they have and need.

This month, I encourage you to look at a box and imagine the possibilities of that box before you throw it away. Take it a step further and ask your child what the box could be. Once your imagination is taking off, join your child in playing with the box. Keep in mind, one of the best gifts is simply quality time spent together.



**Picture a Bright Future - **APPLY NOW!****

*Multiple locations in Jackson & Hillsdale*

**NEW!**  
SNAP benefits are now accepted for eligibility!

**Who Qualifies:**

- Families receiving SNAP, TANF-FIP, SSI, or low family income
- Foster children
- Children with disabilities
- Families experiencing homelessness

**Community Action Agency**  
Head Start & Early Head Start

Learn about our programs for the rest of the family at [www.caajlh.org](http://www.caajlh.org)

Community Action Agency is an equal opportunity employer and provider.

**JACKSON:** (517) 888-3768  
[greatstartjackson.org](http://greatstartjackson.org)

**HILLSDALE:** (517) 257-9287  
[greatstarthillsdale.com](http://greatstarthillsdale.com)

**Field trips, swimming, rock climbing and MORE!**

**WINTER BREAK DAY CAMP**

**Get unplugged and enrolled in our winter camp today!**

**Dates:**  
Week 1 / Dec. 26-30, 2022  
Week 2 / Jan. 2-6, 2022  
**Time:** 8:30 am - 5:00 pm  
**Weekly Rate:** Members \$149, Community \$199  
**Ages:** 5-14  
**Register:** Sign up in person or online at [JacksonYMCA.org](http://JacksonYMCA.org)

**Financial Assistance is available**

**Jackson YMCA**  
127 W. Wesley St.  
Jackson, MI 49201  
517.782.0537

**FOR YOUTH DEVELOPMENT™**  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

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to enroll today.

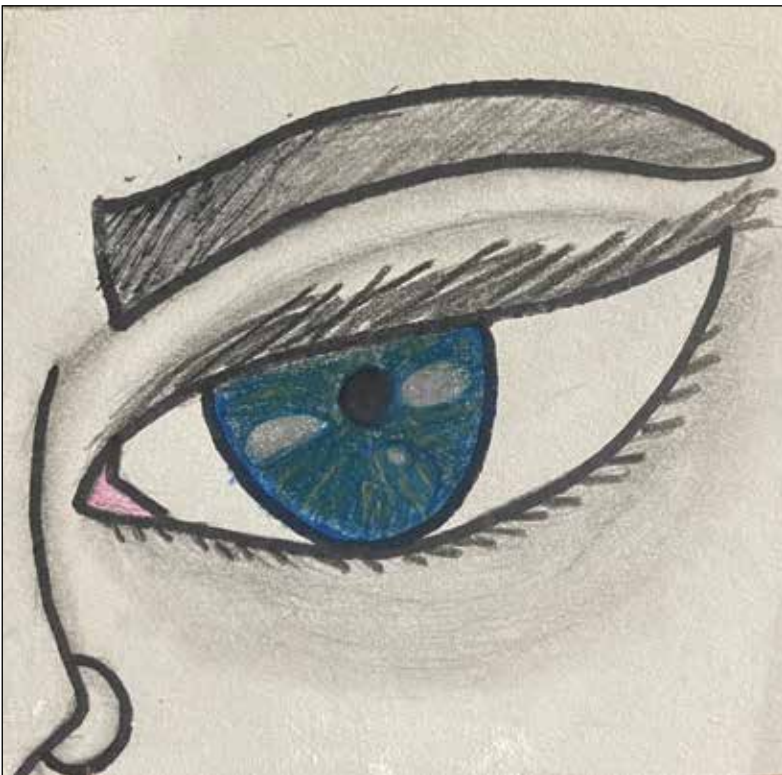
**Return to learn.**



# Northwest Student Poetry

*Contributed by Nick Gaffney,  
Northwest Schools*

My name is Nick Gaffney, and I teach English Literature and Composition at Northwest High School. Through working and talking with the students at Northwest, I've discovered that there are outstanding poets, storytellers, artists, and essayists at the school. The work of these brilliant students is so outstanding that I felt compelled to share it, and the Jackson Area Collaborative Knowledge Source helps to make that possible each month.



*Hello readers, my name is Austin Huffman, and this is my poem and artwork. They depict someone's blue eyes and how I see them. This poem comes from the heart, so thank you all for taking the time to read it.*

## Blue Eyes *By Austin Huffman*

The eyes he wore were like a sea filled with emeralds hidden like the  
glitter that shines stuck underneath the bold blue waves,  
nobody but me notices how his eyes sparkle with joy as he laughs,  
his eyes could also be like a treacherous thunderstorm on the seven  
deadly seas  
to others, his eyes turn darker, and the waves fly as if a tsunami  
were coming  
as if the deep dark waters were holding something  
a golden treasure chest carrying a secret, perhaps,  
it makes shivers crawl through the spines of his victims like the cold  
freezing the tundra at night,  
they don't see through the darkness of his eyes like I do  
within the thunderstorm, I can see the flashes of his passion which  
is the lightning held closely inside  
they don't see the bright shining sea creatures that are freckled  
throughout the flying dark waters,  
they can't see the treasure holding his hopes or dreams  
they can't even see the northern lights spread around the icy cold  
tundra.  
Every part of his eye holds a special feeling,  
the look is so powerful it could make the world stop holding every-  
thing still as if everything was timeless,  
but nobody looks deep enough into his eyes to notice the good,  
kind, and caring heart he holds within,  
nobody but me.

**K105.3**  
JACKSON'S HIT MUSIC

**Morning Show**  
with  
**Jenny Lewis**  
6am-9am Weekdays

**95.9**  
**THE POWER COW**

**Captain Steve**  
10am-2pm  
Weekdays

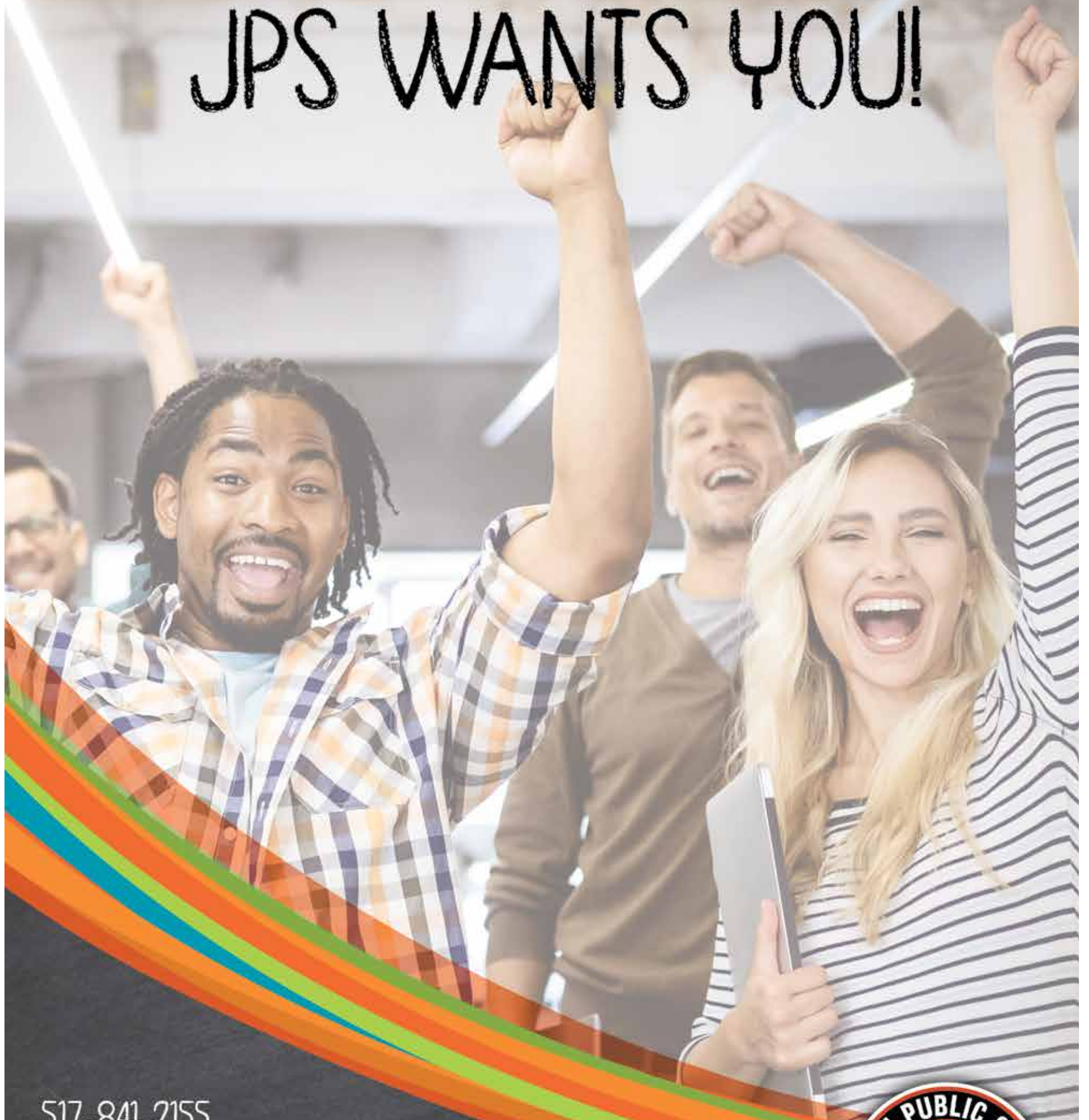
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45-12TH GRADE

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**STUDENT LOAN FORGIVENESS!**



BASED ON  
COMPLETION OF  
CONTRACTUAL  
AGREEMENT



College & Career Access Center, December Scholarships

The Barbara Lotze Scholarship for Future Physics Teachers

Eligibility:  
Applicants must declare their intent to prepare for, and engage in, a career in physics teaching at the high school level and must, at the time the scholarship funds are received, be:

- a U.S citizen, pursuing undergraduate studies at an accredited two-year college, four-year college or a university. (or a high school Senior accepted for such enrollment).
- pursuing, or planning to pursue, a course of study leading toward a career in teaching Physics.

Applications can be submitted online and will be considered for recommendation to the Board of Directors at each AAPT Winter Meeting. Applications containing all required materials (see website for details) will be considered for recommendation at the winter meeting of the AAPT Board of Directors.

Award: \$2,000  
Deadline: December 1, 2022  
Application: <https://www.aapt.org/programs/grants/lotze.cfm>

**Car Covers \$1000 Scholarship**  
Eligibility:  
Any student enrolled in an undergraduate or graduate degree program in Fall 2022 or Spring 2023 at any accredited American college, university, or trade school.

Description: Some people obsessively keep their cars clean. Others take their cars to the shop every time they hear a strange noise. Those with expensive cars may even get a cheaper car for their daily driving and only drive their luxury vehicle on special occasions. We're looking for your thoughts on the best ways to make a car last forever. A \$1,000 scholarship will be awarded for a winning essay on the topic "How to Make Your Car Last Forever"

Award: \$1,000  
Deadline: December 15, 2022  
Application: <https://www.carcovers.com/resources/scholarship/>

**Burger King Scholarship**  
Eligibility:  
• Candidate must be liv-

ing in the United States, Canada or Puerto Rico

- Must be graduating high school Seniors (U.S. and Puerto Rico), graduating from grade 12 (Canada) or graduating from home school education in the U.S., Puerto Rico or Canada
- Must have a cumulative high school grade point average of 2.5 or higher on a 4.0 scale, or the equivalent
- Plan to enroll full-time, without interruption, for the entire 2022-23 academic year at an accredited two- or four-year college, university or vocational-technical school in the U.S., Canada or Puerto Rico

Description:  
The BURGER KING McLAMORE Foundation is a U.S. based 501(c)(3) public nonprofit that believes without education you limit your potential to be your own way. It is our mission to create brighter futures by empowering individuals and feeding potential through education and emergency relief.

Deadline: December 15, 2022  
Award: Range from \$1,000 to \$50,000  
Application: <https://scholarshipamerica.org/scholarship/burger-king-scholars-program/>

**Eastern Michigan University Presidential Scholarship Competition**  
Details: Eastern Michigan's Presidential Scholarships are awarded competitively using the application process detailed below. Qualified students apply to receive our largest academic award. In addition to completing the application process, interested prospective students will need to meet the following criteria:

- Be officially admitted to EMU as a traditional incoming Freshman for Fall 2023

Applicants must have at least a 3.5\*\* cumulative GPA and 25 composite ACT or 1200 SAT

Visit campus on or after January 1, 2022 (Approved visit programs include official campus visits and virtual visits)

- Complete application information (detailed below) by December 15, 2022.
- Students must register for the Presidential Scholarship by December 15, 2022.

\* Registration will become available in August 2022.

- Once registered, you will receive an email with our required supplemental application.

Award: Full Ride (valued at approximately \$73,600 over four years.)  
Deadline: December 15, 2022 - Early Application Suggested!  
Application: <https://www.emich.edu/admissions/undergraduate/psc.php>

**Foreclosure.com Scholarship Program:**  
Requirements:  
• Minimum 800 words  
• Maximum 2,000  
Essay Topic:  
You've likely heard the famous quote before, "Those who do not learn history are doomed to repeat it." The United States housing market can be unpredictable, volatile and cyclical. We've seen recent "ups" like the early 2000s and major "downs" like the Savings & Loan Crisis of the late 1980s and the devastating Foreclosure Crisis several years ago. Knowing what we now know, what measure(s) would you suggest (or what protections would you put in place) to prevent another housing disaster that would preserve homeownership and ultimately the national economy?

Consider all levels of the market, including consumer (home buyers / sellers / owners), lenders (banks) and government (policies / bills / programs) as you map out an original, forward-thinking plan to avoid (at the very least minimize) mistakes from the past. Or, conversely, is another housing disaster simply inevitable? Provide factual evidence (references are strongly encouraged) to support your original plan / argument.

Award: Top award is \$5,000. Second through fifth place will receive \$1,000 each  
Deadline: December 15, 2022 at 11:59 p.m. ET  
Application: <http://www.foreclosure.com/scholarship>

**Minority Scholarship in Classics and Classical Archaeology**  
Eligibility:  
The Committee on Diversity in the Profession of the Society for Classical Studies (SCS) invites applications from minority undergraduate students from across North America for a

scholarship to be awarded for Summer 2023. The purpose of the scholarship is to further students' study of classics or classical archaeology with opportunities not available during the school year.

Eligible proposals might include, but are not limited to, participation in classical summer programs or field schools in the Mediterranean or language training at institutions in the U.S., Canada, or Europe.

Description:  
Candidates will be judged on the basis of:

- Their academic qualifications, including demonstrated ability in fields that prepare a student for further study in Classics or archaeology
- The quality of their proposal
- Demonstration of financial need.

Requirements:  
• A letter describing your career goals and plans for summer 2023, with a prioritized list of programs to which you will apply. How would the proposed program help you achieve your future goals? Examples include, but are not limited to, completing a major or minor in Classics; preparing for post-baccalaureate work or graduate study; preparing to teach at the K-12 level or to enter a profession related to Classics or archaeology in, for example, museums, libraries, or publishing- The application must be supported by two letters of recommendation. At least one letter of recommendation must include a statement indicating that this is an appropriate candidate for the purposes of this scholarship.
- One page summary of the projected or actual budget
- An official transcript

Award: a maximum award of \$4,500  
Deadline: December 20, 2022  
Application: <https://classicalstudies.org/awards-and-fellowships/minority-scholarship-classics-and-classical-archaeology>

**The Top Ten List Scholarship**  
Eligibility:  
• Must be at least 13 years of age.  
• Must be a legal United States resident.  
• Must be a resident of

one of the 50 United States or the District of Columbia.

- Must be enrolled in an accredited post-secondary institution of higher education by Fall 2024.

Description:  
There are many scholarships and colleges that want to know the number one thing you want people to know about you. Just one? That's it? "But, I'm amazing," you say. We hear you, and we know that it's tough to narrow down your awesomeness into one measly reason.

So, inspired by David Letterman and his top ten lists, we created the Top Ten List Scholarship. With so many awards based on grades and extracurricular activities, this unique scholarship gives you the chance to show us what's truly special and different about you. Get creative, be serious, or tug at our heart strings.

Award: \$1,500  
Deadline: December 31, 2022  
Application: <https://www.unigo.com/scholarships/our-scholarships/top-ten-list-scholarship>

**Zack Zolin Scholarship Foundation**  
Eligibility:  
The applicant can be a high school senior athlete who will start college next year or a current college student athlete continuing their college education in a Junior college or 4-year university.

Description:  
The Zack Zolin Scholarship Foundation was created to honor and remember Zack Zolin who loved football and overcame life's obstacles to play the game. The foundation's mission is to provide scholarships to collegiate student athletes. We will target those who might not be given opportunities at the higher collegiate level but are committed and passionate to their sport.

The scholarship money will be paid directly to your student account at your college and may be used for student athletes to pay towards their tuition, books, housing, or sports related expenses.

Award: Varies  
Deadline: December 31, 2022  
Application: <https://www.zzscharship.com/scholarships>



# Artemis 1 is Out of this World

By Jean McKim,  
Imagine Planet

This December, Imagine Planet is looking forward to expanding! However, due to the upcoming move, we will no longer be having our grand reopening on December 30th. There is much to be done, and you can stay up-to-date on our progress through our Facebook page!

At this time, we do not intend to close during the move, and we will remain open during the holiday season. The exceptions include December 24th, 25th, 31st, and January 1st. Our hours will also stay the same, daily 12–5 pm, all days other than Wednesdays and Sundays. Don't worry! We come in daily to feed the animals and ensure that they are healthy, happy, and well cared for!

If you are looking for something fun to do this month, come check out our information about the Artemis 1 Moon Mission! The pictures are truly out of this world! This powerful rocket will return to Earth on December 16th after six weeks in space. The goal of the Artemis program is to return humans to the Moon, renewing our presence. Those of us who remember when Apollo 11 landed the first people on the Moon (I was 7) can recall the amazement of watching humans on another space object. First, the Moon and then to Mars. After our expansion, we will have room to have a dedicated area for space activities and information. We may even be able to have programs to observe and learn about the night

sky with our telescope!

In the month of December, Meta (Facebook) will be matching donors who sign up for monthly donations. Please consider being a monthly recurring donor - small amounts add up. Also, remember to shop locally and give back to the many small businesses that make up our community. If you want to shop small and find a fun gift, our gift shop has many items, all \$15 or less. Let us help you fill those holiday needs!

If you'd like to give back in a different capacity, our animals love toys and will greatly appreciate your donations. Just make sure they are non-toxic and designed for pets.

Have a safe and happy holiday season! We hope to see you soon!



## Jackson Catholic Schools Early Education December Activities

By Kelli Schweizer,  
Jackson Catholic Schools

Developing fine motor skills at an early age is very important, helping with things such as eating, writing, and getting dressed. Below are some fine motor activities that are great for preschoolers and kindergarteners and fun for the whole family this holiday season.

### Pinecone Christmas Trees

Paint pinecones green to resemble a mini tree. Use small items like beads, yarn, and puff balls to decorate each pinecone. This takes a lot of hand-eye coordination and flexibility in the hands and fingers. They are great handmade gifts to give during the holidays!

### Torn Paper Christmas Tree

Tearing up small pieces of paper is an

excellent way for your little one to work on their fine motor skills. Have your child tear red and green pieces of construction paper and set them aside. Draw (or print out) a blank tree outline that your child can then glue their torn pieces of paper onto.



### Gift Wrapping Station

Have a lot of scrap pieces of wrapping paper that will not work for any other gifts you need to wrap this year? Save them and set up a gift-wrapping station just for your little one! Find small objects

around your home that they can wrap up. Just be prepared to use a lot of tape; it's their favorite part!

If you are interested in learning more about Jackson Catholic Schools and our Early Childhood Education, please contact Lucian Leone at [lleone@myjacs.org](mailto:lleone@myjacs.org)

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# Create a Heart-Healthy Holiday Menu

(Family Features) The traditions of the holidays often include family-favorite meals and seasonal sweets, but enjoying those beloved treats doesn't always mean giving up health-conscious eating.

This year, before you decide what to prepare for holiday get-togethers, consider the benefits of recipes like this Apple Coffee Cake that follow heart-healthy eating plans. One such plan, the Dietary Approaches to Stop Hypertension (DASH) plan, offers benefits for the heart and helps prevent and treat high blood pressure, too.

Developed by the National Heart, Lung, and Blood Institute (NHLBI), DASH takes a flexible, balanced approach to eating that can help boost your health for the long haul.

It requires no special foods and instead provides daily and weekly nutritional goals.

It can lower two major risk factors for heart disease – high blood pressure and high LDL (bad) cholesterol levels, according to NHLBI-funded research.

It can help you lose weight if you follow the plan and increase your physical activity, research shows.

If combined with reductions in salt and sodium, it often provides greater health benefits than the eating plan does alone.

To learn more and find DASH-friendly recipes, visit [nhlbi.nih.gov/DASH](http://nhlbi.nih.gov/DASH).





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