



JACKSON AREA COLLABORATIVE KNOWLEDGE SOURCE



Hot Air Jubilee
Ella Sharp Park
July 18 - 21

- page 2



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Jackson Area Collaborative Knowledge Source. This community resource guide is designed to improve the lives of children and strengthen families in the Jackson community by providing fun and useful information.

Learn more at
www.jacksfamilyguide.com

Stefanie Riggs
Publisher
jacksfamilyguide@gmail.com

Morgan Riggs
Managing Editor

Evan Zigler
Distribution

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FIND US AT ONE OF THESE
AREA BUSINESSES!

- | | |
|---------------------------------|------------------------------------|
| A Frame Above | Jackson Pack N Ship |
| ABC Academy, Lansing Ave. | Jackson Pediatric Associates |
| Academy of the Arts | Jackson Public Elementary Schools |
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| Allegiance Gift Shop | JTV |
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| Bean Elementary School | Little Rainbows Childcare |
| Biggby Coffee, Horton Rd. | Lyle Tarrant Center |
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| Biggby Coffee, West Ave. | Marino's, Spring Arbor |
| Biggby Coffee, Spring Arbor | Maximum Gymnastics |
| Blue Ox Credit Union | McDonald's, 10 locations |
| Book Cottage | McFerran Dentistry |
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| Britches & Bows | Michigan Theatre |
| Caffe' Lilla | Miller Shoes |
| Center for Family Health | Napoleon Elementary |
| Center for Family Health Dental | Next Step Dance Centre |
| Chilango's Burrito Bar | North Star Montessori |
| Chilango's Chop House | Not So Shabby, Oh! So Chic |
| Christoff & Sons Flooring | ORS Fieldhouse (The RAC) |
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| Dr. Davenport, D.D.S. | Spring Arbor Cafe |
| Ella Sharp Museum | Spring Crest Dental Associates |
| Francis Street Primary School | St. Vincent de Paul Stores |
| Funday's Family Fun Cafe | Summit Garden Center |
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| Habitat ReStore | The Jackson School of the Arts |
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| Jackson District Libraries | |
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Jackson Hot Air Jubilee Plans 4 Days of Fun!

From hotairjubilee.com

In 1983 a group of Hot Air Balloon enthusiast who lived in and around Jackson came up with the dream of a family friendly event for the Jackson Community. The Hot Air Jubilee was born. Since then the Jubilee has grown into an event that thousands of people attend every summer. 25-30 Hot Air Balloons come in from around the country to participate in the friendly rivalry of the contests.

The main focus of the Jubilee is the Hot Air Balloons, however that's not all there is to enjoy. Families who come to Ella Sharp Park during the event will be greeted by some longtime Jubilee favorites such as: Craft booths, the Kids Kingdom, Vendors, and an Auto Show. This year being at the park offers a whole new set of opportunities for you to experience the Hurst Planetarium, Ella Sharp Museum, and the Mini Golf Course.

And of course the balloons will take to the sky, weather permitting. We recommend checking our Facebook page for the most current flight information. Please understand that this is an outdoor event and the schedule may need to change due to weather. All balloon launches are weather permitting and the times are subject to change. Our Flight Information page will be kept up-to-date during the event with information on flights.

Schedule of Events Thursday, July 18

4:00 pm Event Opens - Craft Booths, Concessions, Carnival Open
6:30 pm Media Flight (check Facebook for up-to-date flight info)

Friday, July 19

6:30 am Good Morning Jackson Launch
10:00 am Event Opens - Craft Booths, Concessions, Carnival Open
4:00 - 7:00 pm Kids Kingdom
4:00 - 5:30 pm Entertainment: DJ
5:30 - 6:45 pm Entertainment: Average Joes
6:30 pm Evening Launch (check Facebook for up-to-date flight info)
7:30 - 9:45 pm Entertainment: Chris Beard
Dusk - Night Glow

Saturday, July 20

6:30 am Morning Launch (check Facebook for up-to-date flight info)
10:00 am Craft Booths, Concessions, Carnival Open
12:00 pm Auto Show Registration Begins
12:00 - 6:00 pm Kids Kingdom Open
1:00 - 5:00 pm Auto Show
3:00 - 6:00 pm Ella Sharp Museum Open (Admission by donation)
3:30 - 4:30 pm Pilot Meet-and-Greet at Launch Field
4:00 - 5:15 pm Entertainment: DJ
5:15 - 6:45 pm Entertainment: Power Glide
6:30 pm Evening Balloon Launch (check Facebook for up-to-date flight info)
6:00 - 9:00 pm Ella Sharp Patio Open
7:15 - 9:00 pm Entertainment: Kung Fu Diesel
Dusk - Night Glow

Sunday, July 21

6:30 am Morning Launch (check Facebook for up-to-date flight info)



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| Greenfield | Shahan Apartments |
| Hillsdale CAA | Springport Elementary |
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Who Qualifies:

- Children age 3 or 4 by December 1
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Learn to be a Tourist in Your Hometown

Summer is for Ice Cream - Check Out Val's Favorites

By Val Herr

Maybe July will finally be the month we see summer! With all of the rain and below normal temps it's been a challenge to do everything I want to during the summer. One of my favorite things is ice cream from a little ice cream shop. I almost never buy ice cream for home and when I do it always becomes freezer burnt before it gets eaten. But, find me a little ice cream shop and unique flavors of the week and I'm in! Below are a few of my favorite spots. If you have a favorite spot be sure and tag us on Facebook and tell us all about it.

1. **Cascades Ice**

Cream-Cascades Park.

I LOVE this place! Not only do they have the perfect size Pup Cup for my dog, but I recently discovered they have a hot fudge ice cream cake! Yes, you read that correctly. I'm a big fan of Big Boy's hot fudge ice cream cake and I didn't know I could get one anywhere else. Now that I have discovered it, I have to do more than walk over there to burn the calories but it's totally worth it.

2. **Freddies Freeze in Somerset Center.** While it's a little outside of Jackson, trust me and take the drive. They are known for their unique flavors and big portions (and I mean BIG). If you normally order a medium cone, I highly suggest you order a small. You won't be disappointed. As I write this, their flavor of the week is Lemon Bluemoon.

They also offer a variety of food. This can make for a perfect afternoon. Grab some food and ice cream and head to the park.

3. **The Minnow Bucket Bait & Tackle on Ann Arbor Road.** Once you get past the thought of getting your ice cream and fishing bait at the same place you're in for an amazing experience. They have over 40 flavors of soft serve. There is something for everyone!

4. **Swiss Treat on Lansing Ave.** I'm not sure what the difference is in their ice cream, but if you love super creamy and rich flavors this is the place for you. My favorite here is a regular twist. They have my favorite chocolate ice cream on the planet. It's also right by R.A. Green Park (duck pond). Isn't it amazing how many ice

cream shops are located by parks? Grab your ice cream, head to the park and check out the ducks. But remember, bread is bad for ducks and geese, so leave those stale hot dog buns at home.

5. **Frosty King in Horton** rounds out our list. This small but mighty ice cream shop offers great flavors and a great deal. You

will never be disappointed in your selection.

Take time in July for a short drive, walk or bike ride to experience one of the best ice cream treats our amazing town has to offer. This is a great way to unplug and spend quality time with your family. Break out of your routine and Learn to be a Tourist in your own Hometown.





Shop Habitat for Humanity ReStore for your next home project and support the effort to provide safe, decent housing in Jackson county.

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It's a Great Day to be a Viking!

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jpsk12.org



Habitat for Humanity

DIY Old-To-New Ideas

*By Wendy Clow
Executive Director
Habitat for Humanity*



I was in a meeting recently with a group of people whose jobs are in the field of helping low income families with the resources available to help make ends meet. As I was walking to my car after the meeting, I struck up a conversation with one of the other ladies who attended.

While talking, I couldn't help but notice how lovely her eye makeup was. That's exactly what you expected me to say, I know – coming out of a meeting with a serious topic, and I notice another woman's eye makeup. But it was evident that she took time and great care to look nice, and it showed.

I complimented her on her makeup, and she said something that made a ton of sense to me. She said that her job, while fulfilling, is stressful and doesn't provide much opportunity for her to use the creative part of her brain. She uses makeup as her creative outlet.

That conversation made me think about the issue of "noncreative" people needing a creative outlet. Fortunately, DIY and shabby chic are "in". Weekend projects to create "new" décor for your house, or handmade gifts can be the perfect outlet for reconnecting with your creative self and stepping away from the real world for a few hours.

There's no shortage of inspiration for creativity to be found with a simple google search. Here are three ideas I found that show examples of what can be done with items purchased from Jackson Habitat's ReStore.

In each image, the item on the left is an actual product found at the ReStore. The item on the

right is inspiration for what could be done with them (and the source URL I found online).

Rustic Mirror Framed by Twine (homebnc.com/best-diy-mirror-ideas)



I love the look of the twine-framed mirror. Another idea this gave me is to substitute the twine with wine corks – in abundant supply at my house.

Shabby Chic Dresser (thegraphicsfairy.com/shabby-chic-dresser-matching-bedside-table-set-reader-feature)



This project could be a bit more time-consuming and detail-specific due to the painting, sanding, and graphics features. Perhaps a project like this would be best for the non-beginner DIYer, but what an accomplished feeling you'd get

when it's finished! I LOVE the graphics/vintage look of this piece.

Colorful Chair/Bench (designed and created by a ReStore volunteer)



The ReStore always has an abundance of various chairs in stock, and they sell for CHEAP. A regular ReStore volunteer took three of them, used a colorful paint scheme, and then attached them with a board to create a unique bench. This would be great for the mudroom/entryway of your home, or on the front porch.

I hope you were able to take some inspiration from these three ideas. A walk-through of the ReStore or any other resale shop in Jackson is sure to spark more if you engage the creative side of your brain.

Wendy Clow is the Executive Director of Greater Jackson Habitat for Humanity. Her favorite hobbies are reading and fitness. She lives in Jackson with husband, Scott Clow, two step children and two fur children: a beagle named Cletus and a mixed Beagle/Rottweiler named Harley. Wendy also has two adult children: Shelby, who is a CT tech at Henry Ford Allegiance Health, and Jake, who is a Michigan State Trooper in the Ludington area.

Imagine Planet Adds *Ambystoma Mexicanum* to the Family

Contributed by Imagine Planet

Our most recent additions to our animal family is a pair of axolotls. This name comes from the Aztec language, nahuatl. Pronounced (ACK-suh-LAH-tuhl), these fascinating animals are found in cool mountain lakes near Mexico City.

The axolotl (*Ambystoma mexicanum*) is a type of salamander. Salamanders, like frogs, are amphibians and normally spend part of their life in water and part on land. The axolotl is an exception to this and is an example instead of neotony, which means it keeps into adulthood its tadpole-like dorsal fin, which runs almost the length of its body, and its feathery external gills, which protrude from the back of its wide head, both features common in larval salamanders. In other words, they never grow up! They do sexually mature by 1-2 years old, they just look like babies.

They average 9 inches long and they usually live 5-6 years, although some sources say they can live up to 15 years.

The axolotl is carnivorous, consuming small prey such as worms, insects, snails, crustaceans, and small fish in the wild. Axolotls locate food by smell, and will "snap" at any potential meal, sucking the food into their stomachs with vacuum force. They also can sense electrical fields and use visual and chemical cues.

The axolotl is only native to Lake Xochimilco and Lake Chalco in the Valley of Mexico. Lake Chalco no longer exists, having been drained as a flood control measure, and Lake Xochimilco remains a remnant of its former self, existing mainly as canals. These lakes are at an average of 7500 ft above sea level.

Accustomed to being a top predator in its habitat, this species has begun to suffer from the introduction of large fish into its lake habitat. Natural threats include predatory birds such as herons and other axolotls.

Populations are in decline as the demands of nearby Mexico City have led to the draining and contamination of much of the waters of the Xochimilco Lake complex. They are also popular in the aquarium trade, and roasted axolotl is considered a delicacy in Mexico, further shrinking their numbers. They are considered a critically endangered species.



Axolotls in captivity are used to investigate many biological puzzles including that of regeneration of limbs. Nearly all modern laboratory animals can be traced back to 33 animals shipped to Paris in 1864.

Imagine Planet will be having theme weeks starting on Saturdays this summer. We kick off July with fossils on July 6th and the following weekdays, then move on to building and engineering on July 13th. On July 20th our special tribute to Apollo 11 will be kicking off astronomy week. On July 27th we stay on Earth with ocean life and on August 3rd we will have another favorite, Chemistry Day! Come see us at the Learning Fair on July 11th, from 12 pm to 7 pm and July 12th, from 10 am to 5 pm at Northwest Elementary School. We are also open our regular hours Monday through Thursday and Saturday from 11 am to 6 pm. Keep your eyes open and see the world around you!

My Beautifully Inspired Mess

Red, White & Blue

By Kelli Schweizer



Happy July everyone! I can't believe that our summer is basically half way over already! It just always seems to

go SO quickly! My family has had a super busy few weeks so our craft and activity this month were meant to be fast and easy with minimal work on the parent's end! I know we can all appreciate that! In fact, we did this craft in February for Valentine's Day - but it is such a hit in the Schweizer house, we decided to create a 4th of July version! Plus we made a yummy, fairly healthy patriotic treat for the kiddos to make!

4th of July Necklaces

Materials Used:

- Paper straws (we used red, white and blue and some with Stars and Stripes!)
- String (we used butchers twine)
- Scissors
- Bowl (to hold all of the straw pieces)

How To:

Step 1: Cut paper straws down into smaller pieces (I made 4 pieces out of one straw.) Put all of the cut pieces into bowl and mix around.

Step 2: Cut string long enough to wear as a necklace. Tie one end so nothing will fall off while stringing the straw pieces.

Step 3: String the straw pieces. My daughter wanted to make a specific pattern and my son just grabbed whatever pieces he could and put them on in no special order.

Step 4: Once string is full, tie ends together and wear your necklace! SO easy!

Patriotic Flag Treat Materials & Ingredients Needed:

- Graham Crackers
- Whipped Topping (we used Cool Whip)



- Strawberries
- Blueberries
- Knife
- Plate

How To:

Step 1: Rinse fruit & cut strawberries into a few thin slices.

Step 2: Place one graham



Photos by Kelli Schweizer

cracker sheet onto plate and spread whipped topping on the top of graham cracker.

Step 3: Place strawberries in two or three rows across the whipped topping, leaving a little room in top left corner.

Step 4: Place a few blueberries in the top left corner.

Step 5: Yum! Enjoy your tasty treat!

Kelli is a stay at home mom with three children. Before becoming a stay-at-home mom, she was an Account Executive for Mlive Media Group. Now you'll find her enjoying being a mother and photographer.

Building Resiliency in Children

By Jessica Pingle, Ed.S.

Community Action Agency

As children grow and develop, it is likely they will experience varying degrees of stress and adversity. Despite a parent's best efforts, all kids experience challenges—kids get sick, move to new schools, encounter bullies, take tests, cope with grief, lose friends, and deal with divorce. These obstacles might seem small, but to a child they can be all consuming. But here's the good news, all children are capable of overcoming these challenges. Resiliency, the ability to bounce back from adversity, helps children navigate these stressful situations. When children have the skills and confidence to work through their problems, they learn that they are strong and capable of overcoming difficult situations.

Resilience and the Brain

When we experience stress or adversity, our bodies go through a series of changes to make us stronger, faster, and more alert. Our heart rate increases, blood pressure goes up, and stress hormones get released. This is good—in the short term. However, when the stress is ongoing, these changes can actually harm us by weakening the immune system (which is why children get sick during exams), the body, and the brain. Stress can also cause the prefrontal cortex (the control tower of the brain responsible for attention, problem solving, impulse control, and regulating emotion) to shut down. Resilience is needed to activate the prefrontal cortex and calm the response center of the brain. Without it, it

is almost impossible to find a solution to stress, challenge, or adversity.

Strategies to Build Resilience

Resist the Urge to Fix It

Raising tiny humans into healthy, thriving big ones isn't about removing adversity out of their way, but rather, building their resilience. Parents can help their children build resilience by teaching them how to problem solve. While your first reaction when you see your child experiencing discomfort might be to jump in and help, this can actually be more harmful than good, as it actually weakens your child's resilience. Children need to experience discomfort to learn how to work through it. Exposure to stressors early on (that children can manage), will ensure that they are more able to deal with stressors later on in adulthood. There is evidence that these early stressors can cause positive changes to the prefrontal cortex (the 'calm down, you got this,' part) that will protect them against future stressors.

Emotionally Connect with Your Child

All children need one adult that is irrationally crazy about him or her. Children learn to cope in the context of loving and caring relationships. It's in these relationships that your child's developing brain, body, and immune system are protected against the negative effects of stress. Spend time each day connecting with your child. The most powerful minutes each day are when your child first wakes up, when they first get home from school, and

right before they go to bed. Use those minutes to connect. Hug your child. Tell them how proud you are of him or her. Pat them on the back. Behind every child that believes in himself, is a parent that believed in him first.

Label Emotions

Stress often comes with big emotions. One of the best ways to work through these emotions is to label them. Labeling our feelings helps us to make sense of what we're experiencing. Teach your child that it is okay to feel sad, anxious, scared, etc. and reassure them that these feelings will pass.

Be their Voice

There are so many voices in this world fighting to shape our kids' identity. Positive affirmations are vital to the healthy emotional development of your child. Tell your children who they are. Call out the characteristics you want to see. Start each day by telling them they are loved, smart, strong, capable, brave, kind, important, etc. and have them repeat these affirmations back to themselves—"I am loved. I am smart. I am strong." Our words have power. When we believe we are loved, we act loved. When we believe we are brave, we act brave.

Embrace Mistakes

Teach your child that it is okay to fail. Kids afraid to fail tend to be more anxious than kids who are not. When parents focus on end results, kids get caught up in the pass/fail cycle. Either they succeed or they don't. This causes them to avoid risks. Embracing mistakes (yours included) creates a growth mindset and helps

kids view mistakes as opportunities to learn.

Focus on the Positive- Every Situation Has One

Positive thinking and resiliency go hand in hand. Some children might naturally be more positive than others, but positive thinking can be cultivated. If your child leans more on the negative side, acknowledge the feelings that lead to negative thinking and teach your child to reframe their thoughts in a positive way. Focus on what's left, instead of

what might have been lost.

Exercise and Play

Exercise helps strengthen the brain making it more resilient to stress and adversity. Bicycling, running, even swinging on the swings is a great way for kids to engage in physical activity that builds resilience.

Stress and adversity are unavoidable. But your child doesn't have to be a victim to it. Your child can rise above even the most difficult situations. All they need is a little resiliency.

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Now is the Time to Check Out Jackson School of the Arts!

By Amy Fracker,
Assistant Director
Jackson School of the Arts



I WISH I HAD A MILLION DOLLARS! Don't we all! There are so many things I would do! Travel, get an inground pool, shopping spree! Well - I don't have a million dollars but I can still do so much!

YOU DON'T HAVE TO BREAK THE BANK AT JACKSON SCHOOL OF THE ARTS

Class fees are based on your income. We have a sliding fee scale and scholarships available.

We charge a \$15 rental fee for costumes - don't need to worry about what you do with the costume after recital, and many more ways to get quality arts

without breaking the bank.

Our Core Values

- Quality and Professional Integrity: operating at a high standard in all things.
- Personal Growth: building strong character in our student dancers, actors and artists.
- Innovative Teaching: learning from best practices and focusing on each child's individual capabilities.
- Partnerships: working collaboratively to achieve our goals and support the community.
- Community Engagement: taking the arts into the community as a means to enable all children to experience the arts.
- Community Building: bridging our cultural differences through the arts.

I love that we have a set of core values. It guides us in everything that we do. We are the leading arts organization in Jackson and we take the role very seriously. We know the impact of the arts. The Arts can help restore joy and stability in troubled lives and ease the tensions in schools that are disrupted by violence and bullying. The arts help students get better grades and achieve higher scores on tests. All that being said - the arts are just FUN!

If you would like to find out more about Jackson School of the Arts and all the wonderful classes we are going to offer in the fall join us for one of our open houses.

JULY 25, 2019
5:30-7:00

AUGUST 14, 2019
5:30-7:00

Join us and try a dance class - do an art project - shop in our store and have a sweet treat! It's a great time to see what Jackson School of the Arts is all about!



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COVERAGE

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A Sincere Thank You!

The Jackson County Rose Festival would like to recognize the following for their valuable contributions to the 2019 Rose Parade & Party in the Park.

Without you we could not bring this long-standing tradition to the Jackson Community.

If you would like to volunteer next year, we want to hear from you at jcrosefestival@outlook.com

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Jackson Coffee
Ella Sharp Park Golf Course
Richmond Agency
Kelly Fuels
Parkside Middle School
Tom Dirlham
Ella Sharp Museum
Steve Berkemeier
Parade Volunteers
Rose Festival Board

New Recreation Activities Added to Horace Blackman Park

By Aaron Dimick,
Public Information Officer,
City of Jackson



Fun for the whole family can now be found in a popular park in Downtown Jackson.

The City of Jackson Parks and Recreation Department has completed the installation of new recreation activities in Horace Blackman Park.

You've heard of a see-saw, but what about a We-saw? The park now has its very own We-saw! Its unique design and gentle rocking motion invites kids and families of all ages and abilities to participate in the fun. The We-saw is wheelchair accessible, and provides opportunities for collaborative play and teamwork. The We-saw can be found in the section of the park outside First Congregational Church.

The other new activity is sure to put music in the air! Large interactive chimes that invite people to make music have also been installed. The chimes are located near sidewalks, which make them wheelchair accessible. It can be found in the section of the

park along W. Michigan Avenue, across from the Jackson Symphony Orchestra Hall.

Parks and Recreation Director Kelli Hoover says her department is excited to bring activities that would typically be found in neighborhood parks to the downtown area. "A wide variety of festivals and concerts take place in Horace Blackman Park. We're excited to offer more activities in the park, especially something that will be fun for all ages," Hoover said.

Across N. Jackson Street from Horace Blackman Park is Bucky Harris Park, where the city is planning on installing a community fire pit and swing set later this summer.



"A wide variety of festivals and concerts take place in Horace Blackman Park. We're excited to offer more activities in the park, especially something that will be fun for all ages."

- Kelli Hoover



**It's a
Great Day
to be
a Viking!**

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**ENROLL
TODAY!**

Julie Baker

Julie.baker@jpsk12.org

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Fun in the Sun Without the Run

By Victoria Beaman
Owner, The V Spa



Don't shy away from beach and pool parties! It's July 4th!! Time to celebrate without having to worry about mascara smudges and runny lipgloss!

Here are some tricks to help you look great without having to reapply all of your makeup after a quick dip.

Look for longwearing or waterproof mascara like Victoria Cosmetics SuperWear Masacra. Another option would be eyelash extensions which are all the rave right now and can save lots of time in the morning.

Also, skip eyeliner and mascara on the lower lashes. It's likely to smear in the moist under-eye area. Try using Luxury Liquid Eyeshadow by VicToria Cosmetics on your upper eyelid only for soft translucent color that will stay put all day without creasing and keep eyelids looking polished.

Keep eyeliner fresh and vibrant with a Water Resistant Gel Liner in Adorn. A beautiful bronzed brown that will light up any eye color. Pair with Luxury Liquid Eyeshadow for illuminating your eyes.

Salty sea water and chlorinated pool water can

dry out your skin and lips. Always remember to keep your lips protected and moisturized. Use a lip balm (preferably one with SPF) and consider switching to a moisture-rich lipstick, moisturizing long last lip color like VicToria Cosmetics Liquid Lips will keep your lips with a healthy, beautiful color all day without any smudging or bleeding. Or try Vibran C lip treatment with SPF 15 for a soft lip with sheer color.

Enjoying a swim doesn't mean you have to avoid makeup entirely! Apply HD Invisible Blotting Powder by VicToria Cosmetics to "set" your foundation and keep it from running in hot and humid weather. After a dip, towel-dry and reapply as necessary. Application instantly removes any shine, excess oil and refreshes makeup.

Before heading out make sure to use a makeup setting spray like Model in A Bottle to secure a long lasting makeup application that is unbeatable and bullet proof in any weather conditions. Available at VicToria Cosmetics.

Try eyelash extensions to keep eyes fresh and youthful this summer and enjoy huge discounts for the month of July.

Full set of classic extensions with Cairah only \$95!

Or Full set of volume extensions with Victoria for \$145! \$100 off

Go to www.VSpa.me for booking options! Dis-



count will be applied at checkout so no worries! Just book your appt and we will take care of the rest.

Book your appt by July 4th and receive a free aftercare product for your new, beautiful extensions.

Look for products, beauty and wellness services at VSpa! 4491 S. Jackson Rd

Happy holiday! XXOO

Victoria

As one of Michigan's premier makeup artists, Victoria has brought a wealth of knowledge about natural beauty to the Jackson area. With all genres of work under her belt, she continues to enhance her given talent with on-going education, as well as guest teaching at local aesthetic and cosmetology schools.

On Trend

Summer Concert Fashion

By Apricot Lane Jackson

Whether you are going to a weekend-long music festival, seeing your favorite popstar or kicking back country style – we have you covered for summer concert fashion! There are SO many great festivals and shows coming to Michigan this year! Here are a few of our favorite things to rock your look while rocking out...

The Jumpsuit

The Jumpsuit is so versatile and looks great on most body types. It makes choosing what to wear super easy! Put it on and you are good to go. Try pairing it with a cute hat and a comfy sandal for that cool summer vibe.

Off the Shoulder Tops

Not only trendy, off the shoulder tops can help keep you cool while rocking out to your fav artist. Feel sexy while baring just a bit of skin! Add a fun necklace to pull the whole thing together!

Denim Shorts

Instant classic. Pair with your fav band tee, a billowing blouse or casual tank. You can be practical and wear cute sneakers or kick it up a notch and try some stud or fringe ankle boots!

The Mini Dress

A good mini dress is a must have this summer! Not only great for a concert but date night as well. So chic. Pair it with a state-



Photos contributed by Apricot Lane

ment necklace or a fringed bag to pull the whole look together.

We hope to see you in details, we will be opening soon in the Westwood Mall. Watch Facebook for more

J.A.C.K.S.

If your business or organization would like to submit an article for FREE publication, please do so by the 3rd Friday of each month.

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A Very Harry Day and Night of Magic and Muggles

Contributed by
Kids ‘N’ Stuff

Kids ‘N’ Stuff Children’s Museum is proud to be hosting its third annual A Night of Magic and Muggles and A Very Harry Day! Wondrous fun awaits you as the museum is transformed into your favorite destinations from the Harry Potter books and movies such as Hogsmeade, Diagon Alley, and Hogwarts.

A Very Harry Day features family fun throughout Kids ‘N’ Stuff. Enjoy magic shows, scavenger hunts, kid-friendly butterbeer, browsing the shops in Diagon Alley, and so much more! A Very Harry Day runs from 10am-4pm on Saturday, August 10. Admission is \$2 per person. Check the schedule on our website or on the Facebook event to be there in time for your house parade, Hogwarts High Tea, the Magic of Science, and live music with Satiricus Mockery, Professor of Parody!

From 6-9 pm Friday, August 9, A Night of Magic and Muggles returns! This evening event is for fun-loving folk 18 years and older. Participants are encouraged to dress as their favorite Harry Potter characters and partake in activities like Hogwarts classes, Quidditch pong tournament, Triwizard Tournament Escape Room, shopping in Diagon Alley, food from the Leaky Cauldron,

and for our guests 21 and over, boozy potions from the Slytherin Alchemist! Tickets are \$15 for nonmembers and \$12 for members and go on sale June 24 at noon.

Kids ‘N’ Stuff is seeking Potter-crazy volunteers for this event, so if you are interested in leading activities and playing charac-


ters, contact Audrey Dean at audrey@kidsnstuff.org or call (517) 629-8023.

Registration for A Night of Magic and Muggles will open at noon on June 24. Register online at www.kidsnstuff.org or call (517) 629-8023. Kids ‘N’ Stuff Children’s Museum is located at 301 S. Superior Street in Albion, MI.


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Teen Expo Returns to Jackson YMCA

Family Friendly Event with Henry Ford Allegiance Health Offers Student Sports Physicals, Vendor Booths, Prizes and More

By BonnieGretzner, Jackson YMCA

Teen Expo 2019, held Aug. 8 from 4-7 p.m. at the downtown Jackson YMCA, features sports physicals and a fun-filled event. For \$20, students can get their sports physicals for the upcoming school year and then stay for the family friendly expo. This second-annual event features vendor booths, giveaways and free ice cream from Frosty Boy.

"Student-athletes will need to get their sports physicals for the upcoming school year, so we decided to make it easy and convenient for teens and their parents at the Teen Expo," said Henry Ford Allegiance Sports Medicine Supervisor Suzanne Harmon. "Making sure students are healthy and in good shape is one way to protect against injury once they hit the field."

This free community event features:

- Student sports physicals for \$20 (parents must be present to sign sports physical forms; cash or check accepted)
- Free ice cream
- The chance to win big giveaways: Detroit Pistons tickets; Driver's Education courses (Segment I and II) and a YMCA membership.

More than 20 vendors from Henry Ford

What: Teen Expo 2019

When: Thursday, August 8, 4 - 7 p.m.

Where: Jackson YMCA, 127 W. Wesley St., downtown Jackson

Expo includes: Student sports physicals for \$20, free ice cream, giveaways, vendor booths and much more.

Cost: FREE and open to the public

For more information: Call the Jackson YMCA at 517.782.0537 or visit HenryFord.com/TeenExpo.

Allegiance Health and the community will be on hand. In addition to information on health, nutrition, relationships, and driver education, the vendor booths will include local retailers and organizations – all targeted to teens.

"We were thrilled with the success of the event last year and are honored to once again partner with Henry Ford Allegiance Health," said Jackson YMCA CEO Shawna Tello. "The expo is a great way for families to get their students' physicals before the school year starts and also to learn about many of the services available in Jackson and what the Y has to offer."



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Montessori Education

Kids Go Wild for 4th of July Watermelon Wands

By Barb Barnes
North Star Montessori
Founder, Director, and
Montessori Educator



Montessori kids are makers and doers. Here at North Star Montessori, we spend time cooking every month. Kids learn valuable kitchen skills like pouring, chopping, mashing, rolling, and cutting. Lots of practice in the kitchen helps children to master life skills and increases their self-confidence while also encouraging their independence. And the best part is, they love to try the healthy foods that they use in their creations.

Cool down this fourth

of July with Watermelon Wands!

- Supplies:
- Watermelon
 - Blueberries
 - Star cookie cutter
 - Wooden skewers

Cut ½ to 1 inch rounds of watermelon. Have your child use the cookie cutter to cut out star shapes. Next count out the blueberries together as your child puts them on the wooden skewers. These tasks, such as cutting the watermelon and threading the blueberries on the skewers, help preschoolers work on their fine motor skills, while also enjoying a tasty treat! These moments spent together will create great memories and lots of tasty recipes that will become a part of your family's traditions in the kitchen.



Bring in this coupon for

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Saturday, August 10

10 am to 4 pm

check out www.kidsnstuff.org/programs for more details

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- ▶ **Jackson High Health Center**
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Open 7:30 a.m. – 4 p.m. Monday-Friday
- ▶ **Parkside Health Center**
2400 Fourth St.
Open 7:30 a.m. – 4 p.m. Monday-Friday
- ▶ **Northwest Community Health Center**
R.W. Kidder Middle School
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- ▶ **Northeast Health Center**
1024 Fleming Ave.
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**Call 517-748-5500 today
to make an appointment.**

GIFT \$100 CARD



Check this out!

You could win a gift card!

Each month, the names of two students who had a sports physical at a Center facility that month will be drawn randomly. In **May**, two **\$150** cards will be awarded; in **June**, two **\$100** cards; and in **July**, two **\$75** cards.

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