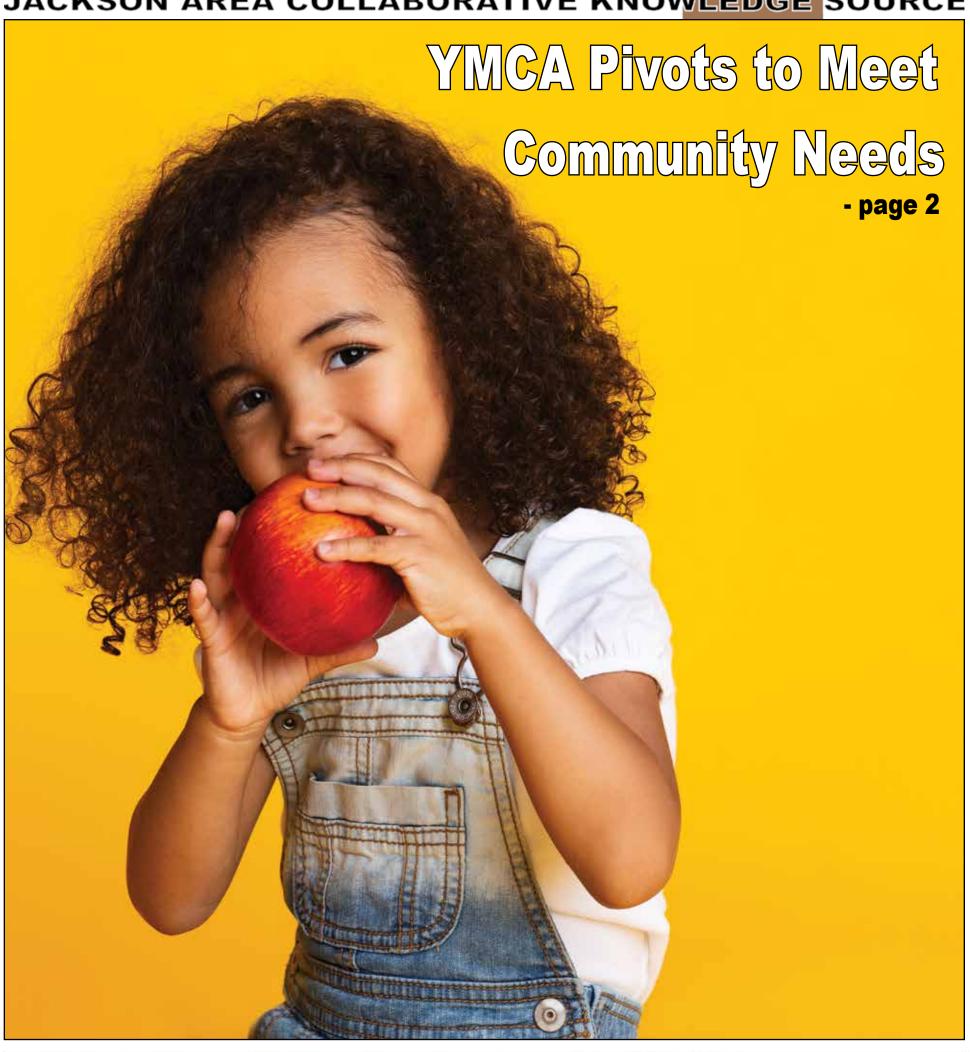
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JACKSON AREA COLLABORATIVE KNOWLEDGE SOURCE





page 2 J.A.C.K.S. Spotlight

#### Welcome to J.A.C.K.S. —

Jackson Area Collaborative Knowledge Source. This community resource guide is designed to improve the lives of children and strengthen families in the Jackson community by providing fun and useful information.

## Learn more at www.jacksfamilyguide.com

Stefanie Riggs
Publisher
jacksfamilyguide@gmail.com

**Morgan Riggs** *Managing Editor* 

**Evan Zigler** *Distribution* 

If your business or organization would like to submit an article for FREE for publication please do so by the 3rd Friday of each month.

Email us at jacksfamilyguide@gmail.com or call 517-474-1422 for advertising information.

It is the responsibility of the submitting business or organization to obtain the proper photo release. The Jackson Area Collaborative Knowledge Source, is a collaborative guide. Stories and articles published herein are not written by us.

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Jackson County Chamber

**Jackson District Libraries** Jackson Furniture Outlet Jackson Pack N Ship Jackson Pediatric Associates Jackson Public Elementary Schools Jackson Symphony Orchestra Kibby Cobb Market Lifeways Lyle Torrant Center Marino's, Parnall Marino's, Spring Arbor Maximum Gymnastics McDonald's, 10 locations McFerran Dentistry Michigan Center Elementary Schools Michigan Theatre Miller Shoes Napoleon Elementary Next Step Dance Centre North Star Montessori Not So Shabby, Oh! So Chic ORS Fieldhouse (The RAC) Paragon Charter Academy Parlour of Jackson Parma Elementary School Personal Images Spa & Salon Picture This Jackson Polly's Country Markets Queen's Elementary School Recovery Technology Salvation Army Simple Flooring Solutions Spring Arbor Cafe Spring Crest Dental Associates St. Vincent de Paul Stores Summit Garden Center The Blue Julep Bakery The Jackson School of the Arts The V Spa Beauty Club Trinity Lutheran S **United Way** Vito's Espresso Walton Insurance Group Warner Elementary School

# S1 OFF A KID'S MEAL Redeemable only at Culver's of Jackson 3471 O'Neill Dr • 517-787-5550 Culver's of Ann Arbor 5910 Jackson Rd • 734-741-1111 culvers.com

# Jackson YMCA Expands COVID-19 Community Outreach

By Bonnie Gretzner Communications and Marketing Director, Jackson YMCA

Jackson, MI – Although the doors of the Jackson YMCA are closed, a small group of staff has remained to handle essential duties including distributing meals and emergency personal

needs items. The Y distributes items outdoors from 11 a.m. to 1 p.m. weekdays in the Franklin and Wesley street alley downtown; items are available free of charge to all who need them. Among the Y community outreach efforts:

- The Jackson YMCA is participating in the Jackson COVID-19 Action Network (JCAN) as an emergency needs donation and distribution site.
- In partnership with Jackson Public Schools, the Y is distributing approximately 2,100 meals per week to school-age children.
- With financial support from our Jackson Y members and the United Way and Jackson Community Foundation's COV-ID-19 relief fund, the YMCA is serving about 100 families per week with personal needs and nonperishable foods through the drive-

through.

- Through a collaboration with the Compassionate Ministries of Jackson County, the Y is serving approximately 100 nonperishable meals weekly to families.
- To promote mental and physical wellness through programming, the



Y is releasing free virtual exercise classes led by certified Jackson Y trainers to benefit those who lack access to safe outdoor spaces for physical activity or members who wish to see a familiar face; classes are available on the Y's YouTube channel: Jackson, Michigan YMCA.

"Within days of closing, remaining Y staff and volunteers pivoted to expand services to meet the evolving needs of our community," said Jackson YMCA CEO Shawna Tello. "Nutrition and exercise are essential to healthy spirit, mind and body. Jackson families can get food and

personal items at the Y rather than making trips to multiple destinations. We are utilizing Jackson Y instructors to release videos for those who benefit from guided exercise and making calls to potentially vulnerable members. We want everyone in Jackson to know: We are here for

you!"

For information about the Y call 517-782-0537, email Covid 19@jacksonymca.org or visit www.JacksonYMCA.org. For JCAN visit www.cityofjackson.org/913/JCAN-Community-Resources

#### About the Jackson YMCA

Since 1896 the Jackson YMCA has worked to provide opportunities for individuals of all walks of life. The Y serves men and women of all ages, religions and economic backgrounds through programs focused on youth development, healthy living and social responsibility. Across the U.S., 2,700 Y's engage 22 million men, women and children - regardless of age, income or background to nurture the potential of children and teens, improve the nation's health and well-being, and provide opportunities to give back and support neighbors.









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Emergency Closure Meals Sites for Jackson County School-Age Children

# Breakfast, Lunch & Dinner!

#### March 16, 2020 - June 6, 2020

During the State mandated closure of Michigan schools, we want to assure our community that we are working to address some of the needs that have come to light. Jackson Public Schools recognizes that students are in need of healthy meals each day. To that end, we have put together a list of sites where meals will be available for children. At this time, the USDA has lifted the requirement that meals must be eaten on site. Families will be asked to come to the service point and given meals. Each day we will hand out one lunch and one dinner for the day and one breakfast for the next day per child. On Fridays, we will provide 3 lunches, 3 breakfasts, and 3 Dinners per child to help sustain them over the weekend. All meals will be distributed in individual bags.

#### We will serve meals: Monday - Friday from March 16 - June 5, 2020

10:45 AM – 11:15 AM	Griswold School (1407 3rd St)	10:45 AM – 11:15 AM	Fox Fire Apts.
11:30 AM – 12:00 PM	Abbey Villa Apts.	11:30 AM – 12:00 PM	Canterbury Apts.
12:30 PM – 1:00 PM	South Ridge Apts.	12:30 PM – 1:00 PM	2200 Wildwood (next to Dollar General)
1:15 PM – 1:45 PM	Blair Park Apts.	1:15 PM – 1:45 PM	New Covenant Church 2405 W. Washington
2:00 PM – 2:30 PM	Jackson Magazine 515 S. West Ave	2:00 PM – 2:30 PM	Loomis Park

In addition, families may come to several other sites in town (rain or shine) to pick up breakfast, lunch, and dinner meals:

#### **ALL SITES ARE NOW SERVING DINNER!**

Shahan Apts. (by the office) from 12:00
 PM - 1:00 PM

South Bus Route

- Chalet Terrace Apts. (by the office)
   from 12:15 PM 1:15 PM
- Second Baptist Church parking lot from 12:00 PM - 1:00 PM
- St. John's UCC on Mechanic St. from 12:00 PM – 1:00 PM
- YMCA Downtown from 11:00 AM –
   1:00 PM

Hunt 1143 N. Brown Street 11:00 AM 1:00 PM (Double doors by Gym)

North Bus Route

- Middle School at Parkside (Cafeteria entrance) from 11:00AM – 1:00 PM
- Frost Elementary (in the back at the bus circle) from 11:00 AM – 1:00 PM
- Bennett Elementary School (back door by the service entrance) from 11:00 to 1:00 PM

We appreciate our community partners and thank them for their help in time of need. If you have questions about the Emergency Closure Meal Program, call the JPS Food Service Office at (517) 841-2690 or contact Brant Russell at <a href="mailto:brant.russell@jpsk12.org">brant.russell@jpsk12.org</a>. This Institution is an equal opportunity provider.

# **Jackson Unites to Meet Community Needs During COVID-19 Pandemic**

By Aaron Dimick, City of Jackson and JCAN Public Information Officer



T h e community is coming together to respond to the impacts of coronavirus (CO-

VID-19). Following the Local State of Emergency declaration from City of Jackson Mayor Derek Dobies on March 17, a section of Jackson County's emergency response was activated to care for human service needs. Around the same time, the Jackson COVID-19 Action Network (JCAN) was taking shape.

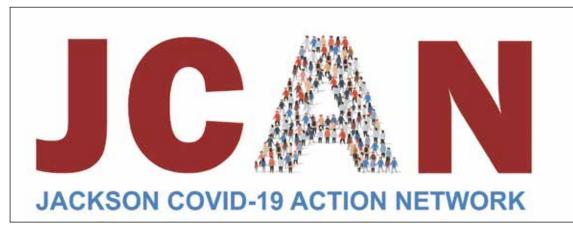
JCAN is now working with the county's emergency response to meet the needs of the community. The group consists of representatives from more than two dozen local government agencies, organizations, businesses, resident-lead non-profits, community groups, and volunteers. JCAN is focused on ensuring all Jackson County

residents have access to food, shelter, information and other basic needs.

Several initiatives have Jackson been launched to raise funds, obtain supplies, and organize volunteers. JCAN is currently supported through a fund established by the United Way of Jackson County and the Jackson Community Foundation. As of April 24, the fund has raised more than \$283,326 for the JCAN effort from community donations. So far, \$99,298 from that fund has been allocated to local non-profits for COVID-related work and to distribute supplies. Nearly 60,000 items have been distributed to local families in need. Those items include diapers, baby formula, food, personal care products, and cleaning products.

For those who would like to support these response efforts, monetary donations are accepted online by visiting uwjackson.org and going to the "Donate" section.

A donation site for supplies has been established at the City of Jackson's



Boos Community Center. The center is located in Loomis Park at 210 Gilbert St. Donations are accepted Monday through Friday from 12 p.m. to 7 p.m. and Saturday from 10:00 a.m. to 12:00 p.m. Items will sit for several days in a secure area and regularly wiped down to prevent the spread of COVID-19. The following items are being accepted: Baby formula, baby wipes, diapers and pull-ups, tampons/pads, hand sanitizer, toilet paper, sanitizer wipes, toiletries, over the counter meds, laundry soap, bleach.

Residents who need help should call the 211 help line to get connected to assistance from JCAN and other community resources. JCAN is also looking for volunteers to assist with response efforts. Anyone interested in volunteering should also call 211 if they're interested in volunteering.

City of Jackson Public Information Officer Aaron Dimick is leading communication efforts for JCAN. He says this united response shows the best of the comduring troubling munity times. "The Jackson community is putting together an emergency response like we've never seen before. While our local organizations and volunteers lead the way, we're also asking for people all over Jackson County to lend a helping hand so we can keep up with growing demands of those in need," Dimick said.

JCAN will continue to update the community on new response initiatives and services when they're available. More information about JCAN can be found by visiting cityofjackson.org/ coronavirus.

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Learn to Be a Tourist in Your Hometown

# Start a Wish Jar for When the World Opens Again

By Val Herr



Well everyone, ľm still here home as ľm sure many you are. First of all to every-

one working on the front lines THANK YOU. To everyone staying home and staying safe THANK YOU. It took me a while to figure out what to write for a second month in a row about being a tourist in your own hometown when we can't go anywhere. We are craving ice cream from a local place that should be opening, a trip to our favorite

garden center or a walk in the park. All of these will happen before we know it and may even happen before you read this article. But if they don't, here is my version of learn to be a tourist in your own hometown #2020.

Start a wish jar, a wish board, a wish list. Have every member in your household participate and ask them what are the top 3 or 5 things you would do/ go to right now if we could. Have everyone write down their wishes-decorate them-make them look pretty just like a wish should look. Then keep them in a special place and add to them. Everytime someone says I wish we could go

visit grandma and grandpa have them create their wish and add it to the collection. Now you have your perfect list of what everyone wants to do when this is over.

Here is my families wishes:

My husband: go to a Tigers game, go to a local brewery, enjoy dinner at a restaurant's patio.

My son: go to a restaurant with friends, go to a movie and return to classes at Jackson College.

Myself: visit my mom and dad and give them a hug, go shopping just to look around and eat out with friends.

These wishes don't



have to be hard; they just have to be a reminder of what we are missing and a plan for what we will do

when this is over.

I hope you are all safe and that we can be together soon.

# Imagine Planet's Sugar Gliders & Facebook Videos

While Imagine Planet is closed to the public at the present time (check our Facebook page for updates), the McKim family is busy taking

care of all the animals and making videos to post on our Facebook page. Videos so far involve reading books on a variety of subjects to the animals- if you watch the one with the ball python, be sure to watch till the end- he gets a little antsy by the end. It's hard to read with a snake over your eyes! One thing that has happened is that we have a new baby sugar glider. Its eyes are closed still and it is just coming out of its mother's pouch.

Imagine Planet has its very own colony of sugar gliders! Their scientific name is Petaurus breviceps. Sugar gliders are fascinating animals and look

very similar to the flying squirrel, a native of Michigan. Humans are actually more closely related to flying squirrels than sugar gliders are, as the sugar glider is a marsupial! Yes, its closest relative in North America is our very own Virginia

opossum. The sugar glider is a native of Aus- get eggs or mealworms. A favorite treat is raw tralia, like most marsupials, and has a pouch to carry babies in, just like a kangaroo.



Like the Virginia opossum, sugar gliders are omnivores, eating insects, meat, fruit, and vegetables. They also drink nectar. Our colony enjoys chicken, mixed vegetables, mixed fruit and Bolthouse smoothies. Occasionally they

unsalted almonds.

Our little family has five members. The origi-

nal three were donated along with their cage in the spring of 2016. Since then we have had a few babies and a few losses. Female sugar gliders are pregnant for 15 to 17 days, and the tiny babies crawl to the pouch where they stay attached to the nipple for 60 days. Their eyes open at 80 days after birth and they leave the nest at 110 days.

Sugar gliders require a specialized diet, have scent glands that are fairly pungent, are nocturnal, and require a lot of space. They are not an animal that can be ignored, left for a weekend, or left with pellets to eat. As with any animal, please do your research before

getting one on an impulse.

Come play with our little family of sugar glider friends instead when we reopen. In the meantime, stay safe and connect with us through our Facebook page!





ENROLL Today: 844.252.7268 www.MISCMV.org page 6 J.A.C.K.S. Education

# June List of Scholarships from the College & Career Access Center

Contributed by College & Career Access Center

Scholarships are extremely important to the college funding process, as they are a source of money that is awarded to the student. Unlike student loans, these funds represent dollars that do not require repayment. In dedication to our mission, the CCAC will assist students in exploring all possible options. Our advisors research local, state, and federal scholarships from a broad variety of scholarship resources. We seek out unique opportunities based upon each student's eligibility. We take into consideration criteria such as: academic performance, financial need, and major concentration. We also look for scholarships that base awards on the unusual. Writing contests, fun competitions, and talent based contests provide creativity in college funding.

You may visit this site for a monthly list of scholarships and their respective deadlines. You may also schedule an appointment with any of our advisors to research options as well as discuss individual concerns.

# Automotive Women's Alliance Foundation Education Scholarship

Eligibility: Scholarships are awarded to female, North American citizens, with a passion for a career or advancement in the automotive and its related industries. While AWAF members and family members are encouraged to apply, we also encourage applicants who are not affiliated with the organization to apply. To be eligible for a scholarship, applicants should be already accepted to or enrolled in an accredited collegiate program, with a 3.0 or higher GPA and a citizen within North America.

Description: Scholarships are awarded quarterly to the women that solicit passion and drive for the automotive industry. It is our hope that with these scholarships, we can lessen the burden on students and allow them to focus on gaining knowledge and development in automotive related fields and thus enhance their potential career path and the future of the industry.

Award: \$2,500

Deadline: For Fall 2020, scholarships are awarded quarterly - students can apply at any time. Application: https://awafoundation.org/Scholarships

#### Ramblers Scholarship for LGBTQI Student Athletes

Eligibility: An eligible applicant is:

- an athlete
- an open and self- identified lesbian, gay, bisexual, transgender, queer, or intersex person; or a demonstrated and committed ally;
- a graduating high school student who plans to attend a recognized college or university in the United States OR is an already matriculated undergraduate college student; and
- between the age of 15and 21-years-old (depending on age at time of high school graduation)

Description: Established in 2016, the New York Ramblers Scholarship supports young student athletes who self-identify as lesbian, gay, bisexual, transgender, queer, or intersex (LGBTQI) or as demonstrated and committed allies. Awardees will receive a one-time scholarship, paid directly to their school, covering tuition fees. Up to two scholarships of \$2,500 each will be awarded publicly each summer.

Award: \$2,500
Deadline: June 1, 2020
Application: https://
nyramblers.com/scholarship/

#### Jane Austen Society of North America (JASNA) Essay Contest

Eligibility:

The contest is open to students world-wide in three divisions:

- High School: students (including home-schooled) enrolled at the high school level during the contest year.
- College/University: students enrolled in at least six credit hours of course work at a junior college, college, or university during the contest year.
- Graduate School: students enrolled during the contest year in at least three credit hours of graduate course work at a college or university leading to an advanced degree.

\*Membership in JASNA

is not required to enter the JASNA's upcoming Annual contest.

General Meeting (Transpor-

Description: JASNA conducts an annual student Essay Contest to foster the study and appreciation of Jane Austen's work. Several hundred students compete for scholarship awards each year.

Essay Topic: In 2020, the Essay Contest will connect Jane Austen's novels to her Juvenilia. The latter are short pieces she wrote as a young teenager—brief stories, plays, and chapters of novels. Many of the works are laugh-out-loud funny and feature memorably naughty young ladies who have inspired this year's essay topic: female "villains" in Austen's novels.

Award: \$1,000 scholarship and free registration and two nights' lodging for

JASNA's upcoming Annual General Meeting (Transportation to the conference is not provided.)

Second Place: \$500 scholarship - Third Place: \$250 scholarship: Deadline: June 1, 2020

# Duck Brand Duct Tape "Stuck at Prom" Scholarship 2020

Eligibility:
The Contest is

The Contest is open to any participant who meets the following requirements:

- An "Eligible Participant": is a legal resident of, and physically located in, the United States, District of Columbia, Puerto Rico, and all U.S. territories and possessions (excluding Maryland, Vermont, Colorado)
- is a legal resident of, and physically located in, Canada (excluding the Province

of Quebec)

• is 14 years of age or

Coronavirus Update:

Our Duck Tape® fans mean the world to us and we're committed to keeping you safe. So, this year no need to wear your one-of-akind creation to prom - get crafty at home and share your Duck Tape® promwear virtually. Need more information? Check out our updated Stuck at Prom® Contest rules for details. Create and wear your original & unique promwear using Duck® brand duct tape and/or Duck® brand crafting tape

Award: \$500 up to \$10,000 Deadline: June 8, 2020

Application: http://stuck-atprom.com/



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# How to Make the Most of Online Learning

(BPT) - The flexibility to learn and earn a degree online allows students nationwide - from full-time employees to single parents and more - to achieve goals while managing family and life. Millions of students study online today, and those numbers are only increasing.

While online education provides students with a range of opportunities, it also can present challenges of learning in a new environment. Arizona State University staff and students who teach and study online offer their tips to help ensure your success.

#### Set yourself up for success

Before starting a degree program online, plan ahead. Give yourself space and time to study, as well as technology tools to do your best

#### Give yourself space

"A quiet workplace without any interruption from roommates or family is necessary for success in an online course," advises the university's director of student services, Joseph Innovation alumni Alicia Gil-Chapman. Ium said her first task at the

If your space isn't completely quiet, noise-canceling headphones can help you focus. For shared spaces, let roommates or family know when you're in study mode.

#### Check your tech

Lauren Permoda, program coordinator for ASU Online, recommends using a desktop or laptop for all your studies, as a tablet or phone may not be the best tools for most tasks.

Familiarize yourself with your school's learning platform and keep information about tech support handy. Ensure that you have multiple browsers (such as Chrome or Firefox) available, as one might work better for some programs than others.

#### Organize your time

Time management is key to learning online, as you must take the initiative and be accountable for your own work, without instructors or parents looking over your shoulder.

Master of Healthcare

Innovation alumni Alicia Gillum said her first task at the beginning of each semester is to review every class syllabus and put due dates for papers, assignments and exams in her calendar - plus reminders a few days ahead of each due date.

"My advice is to start your assignments ahead of time," says Gillum. "It'll be so much less stressful than waiting until the last minute to do it."

Miranda Gaona, who's graduating with her Master's in Digital Audience Strategy this month, says she treats every online class like an in-person class, scheduling it in her calendar as an important appointment. Gaona also sets reminders and alarms for study time - building in breaks for snacks and resting.

#### Communicate

Stay connected to your instructors, classmates and school community. Take advantage of opportunities to collaborate, share insights and ask questions. Goana says she joins social media groups and participates in

class discussions as much as possible.

Add your instructors' virtual office hours in your calendar, so you know when they'll be available. Email instructors or use class discussion boards to ask questions or offer comments. Instructors like seeing student engagement and participating will improve your overall experience.

Master of Art in Sociology student Drew McDowell also recommends communicating regularly with your "offline" support network your friends, family and/or coworkers who may need to be patient as you devote more time to completing your coursework.

#### Find the right program for you

If you haven't begun your studies, or you're looking to transfer, find a program that meets your needs. Research universities that offer the degree or certification program you're looking for online, and that are specifically designed and have dedicated resources to work with online

learners.

Find an accredited degree program associated with a reputable university that offers the same curriculum and instructors as ground schools. U.S. News and World Report provides helpful rankings of universities and degree programs.

Look for a program offering a support system. For example, ASU's 360 Life Services program is one of the first university programs to provide a comprehensive support system for online students. It offers clinical and personal care, as well as legal and financial assistance - plus success coaches who work with students to help them meet their academic goals.

#### Be persistent

When things get challenging, remember the reasons why you're pursuing your education. Post verbal or visual reminders near your workspace to keep your goals top of mind.

To learn about ASU Online's more than 200 degree programs, visit ASUOnline. asu.edu.



Education page 8 J.A.C.K.S.

# How to Decode Your College Financial Aid Offers

(BPT) - This time of year, high school seniors and parents are on the edge of their seats waiting for college acceptance letters - and to learn how much school will cost. Like many families during this unprecedented time, how parents and students approach paying for college may be evolving. One important document that will help with the college decision-making process is the financial aid offer. And now, decoding it is more important than

First, you filled out the Free Application for Federal Student Aid (FAFSA). Each year, you should fill out the FAFSA as early as possible (it's available for the new academic year on Oct. 1).

#### What happens after the FAFSA?

After your FAFSA is processed, you can view your Student Aid Report (SAR) - not to be confused with the financial aid offer letters from each school you designated on the FAFSA. The SAR summarizes the information from your FAFSA and should be checked for accuracy. It will state your Expected Family Contribution (EFC), which helps determine eligibility for federal student aid. If you need to correct the SAR, go to studentaid.gov.

After your child starts receiving letters of acceptance from schools, you'll receive financial aid offer letters from those schools, usually around March or April.

#### What's on financial aid offer letters?

You may find your child's financial aid offers confusing. You're not alone. In a recent College Ave Student Loans parent survey conducted by Barnes & Noble College Insights, 42% of parents who received a letter found aspects of the aid offer letters confusing, and 68% agreed that the terms and layout of these letters varied from school to

school, making it hard to compare

One tool you can use to compare offers: Finaid.org/calculators/ awardletteradvanced.phtml.

#### Cost of attending school

Cost of attendance (COA) is an estimate of tuition and fees, room and board, and some other costs. Some letters use the term "net price" or "net cost" to describe the cost of attending for the academic vear. It includes tuition, plus oncampus housing and dining. Many costs may or may not be listed,

If your child indicated interest in work-study on the FAFSA and qualifies for a work-study program, he or she can work part-time on campus to help cover expenses. This is money that does not need to be repaid.

#### **Federal loans**

On the financial aid offers, you'll likely see loans for the student and/ or parent. These loans will need to be repaid. For loans in the student's name, the payments typically begin after the student leaves school. The amount students can borrow is lim-

#### an aid offer in the study and appealed it, 61% were successful in

getting money from the school.

What if all costs aren't covered?

aid may find the total cost isn't cov-

ered. In the College Ave Student

Loans parent survey conducted by

Barnes & Noble College Insights.

68% of parents said paying for

100% of college was an unattain-

school appealing your aid package

in light of family circumstances. Of

the 21% of parents who received

**Additional options** 

You can write a letter to the

Even families who qualify for

\* Private loans

able goal.

To cover the gap between financial aid and college costs, College Ave Student Loans are customized to fit the individual needs of each student and family. Compare loan options and begin your application at CollegeAveStudentLoans.com.

\* Live at home

On-campus room and board can be a substantial portion of college expenses.

\* Attend community college

Many community colleges have transfer agreements with 4-year institutions. Some students can take courses at a lower cost in the first 1 to 2 years, then transfer to their desired school to complete their degree. Have a clear plan and make sure credits will transfer if this sounds like the path for you.

College Ave Student Loans simplifies the student loan experience. CollegeAveStudentLoans. Visit com/tools/calculator to explore the best ways to save money and see estimated monthly loan payments.



such as books, clubs, athletic and student activity fees, plus travel to and from school.

#### **Scholarships and grants**

If your child was awarded a federal grant (such as a Pell grant) or scholarships from the college or university, they will be listed on your offer letter. These do not need to be repaid and are applied directly to the school's tuition.

**Work-study programs** 

ited and depends on factors such as the year in school.

The most common type of student loans are Direct Loans, which offer low fixed interest rates, and you may or may not be charged interest while in school depending on your financial need. Parent PLUS loans are an option parents can use to help children pay for college. Repayment on Parent PLUS loans typically starts right away, not after the student leaves school.



My Beautifully Inspired Mess...

# Money in May!

By Kelli Schweizer



We have officially decided to take a trip to Disney 2018, which prompted my hus-

band and me to start saving every penny (literally.) I thought it would be fun to get the kids involved. Not only did they each make their own special bank, we have definitely used this as a learning opportunity! From counting the money, using a little addition and subtraction, to creating an individual goal to reach by the time we go to Disney so they can use their very own money on a special souvenir.

This month we made three different types of banks! Each one only took a few materials and were super easy to create! The variations of these are endless so use my ideas as a guide and create your own unique bank!

**DIY Banks** Materials used: Empty Pringles can(s) Mason jar Spray paint Construction paper Tape **Stickers** Markers Scissors

#### Pringles Bank #1 -**Painted**

How to:

Bend in half and cut a slit. Fold the other way and cut again creating an X. This X counter! needs to be large enough to push coins through.

Step 2: Spray paint empty can. I used spray paint I already owned. We did this outside for the best ventilation. Your kids could also hand paint them! Let dry.

Step 3: Decorate. We used markers.

Step 4: Add money! (The

#### Pringles Bank #2 - Paper

How To:

Step 1: Remove lid. Bend in half and cut a slit. Fold the other way and cut again creating an X. This X needs to be large enough to push coins through.

Step 2: Wrap a piece of construction paper around the can tightly and seal with tape. The piece of construction paper should be a near perfect match for the Pringles can!

Step 3: Decorate! My 4 year old drew Mickey ears on this one!

#### **Mason Jar Bank**

Step 1: Be sure glass is empty and clean of any debris.

Step 2: Spray paint empty jar. I used spray paint I already owned. We did this outside for the best ventilation. Your kids could also hand paint them! Let dry.

Step 3: We did not add a lid to this one so we are able to add change easily Step 1: Remove lid. when we empty our pockets in the evening. This one will be left on our kitchen

Happy \$aving!





Photos courtesy of Kelli Schweizer

Sophie Schweizer carefully places her creative touches to her savings bank.

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# Henry Ford Allegiance Health Celebrates Discharge of 100 COVID-19 Patients

Ford Allegiance Health reached a major milestone last night. Since accepting its first COVID-19 patient in mid-March, the local hospital now reports having discharged 100 patients who have been successfully treated for COVID-19.

"In challenging times like these, we must recognize these life-affirming victories," said Henry Ford Allegiance Health President and CEO Paula Autry. "We are elated when any patient recovers, but

the level of threat CO-VID-19 poses to the patient and to our community makes each victory that much more satisfying when the battle is won."

"Our first positive COVID-19 patient was admitted on March 16, and it's been a non-stop effort on the part of our team ever since to care for each and every patient with great determination and resolve," said Wendy Boersma, DNP, Vice President and Chief Nursing Officer at Henry Ford Allegiance Health. "We owe а tremendous debt of gratitude to our front-line employees and those working behind-the-scenes keep operations running smoothly. There is no question their collective effort has saved an incredible number of lives."

As of 12 p.m. on Friday, May 1, Henry Ford Allegiance Health reports 34 individuals in their acute care hospital have tested positive for COVID-19, and an additional one inpatient individual has pending test results.

#### **About Henry Ford Allegiance Health**

Henry Ford Allegiance Health (HFAH) is a 475-bed health system in Jackson, Michigan. HFAH complements traditional acute care services with primary and community-based support patients across the health continuum at every stage of life. With its Level II Trauma Center, Henry Ford Alcomprehensive care for severely injured patients. As a teaching hospital, Ford Allegiance Henry Health continually looks to the future with its Center for Health Innovation & Education and Graduate Medical Education program. Through its Health Improvement Organization (HIO), HFAH is also a national leader in forming community partnerships that innovatively address wellness and prevention

MI—Henry legiance Health provides needs across the region. other healthcare retail. Visit HenryFord.com/Allegiance to learn more.

#### **About Henry Ford Health System**

Under the leadership of President and CEO Wright L. Lassiter, III, Henry Ford Health System is a \$6 billion integrated health system comprised of six hospitals, a health plan, and 250+ sites including medical centers, walk-in and urgent care clinics, pharmacy, eye care facilities and

Established in 1915 by auto industry pioneer Henry Ford, the health system now has 32,000 employees and remains home to the 1,900-member Henry Ford Medical Group, one of the nation's oldest physician groups. An additional 2,200 physicians are also affiliated with the health system through the Henry Ford Physician Network.

Henry Ford is also one of the region's major academic medical centers,

receiving more than \$90 million in annual research funding and remaining Michigan's fourth largest NIH-funded institution. Also an active participant in medical education and training, the health system has trained nearly 40% of physicians currently practicing in the state and also provides education and training for other health professionals including nurses, pharmacists, radiology and respiratory technicians.

