## <u>TheAssist@theassist.life</u> <u>Confidential Client ASSISTment Form</u>

Name:		Date:	
Address:		Phone:	
Postal Code:		Email:	
Date of Birth:		Referred by:	
Would you like to receive updates via email?			
Primary Concerns:		Level: 1(hardly notice symptoms) to 10 (symptoms are unbearable)	
Medications/Remedies/Supplements & Reason for taking:			
Significant Accidents/Injuries:			
Please place an X beside any conditions that apply (past or present):			
Cancer	Varicose Veins		Allergies:
Heart Disease	H/L Blood Pressure		Surgery:
Diabetes	Paralysis		Genetic Disorders:
Stroke	TMJ Dysfunction		Phobias:
Epilepsy	Arthritis		

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## Place an X beside any symptoms that you experience:

Headache Heavy feeling in limbs Cold in hands and feet Faintness/Dizziness Blurriness of vision Lower Back pain Tightness in Jaw Constipation Shoulder/neck pain Weak body parts Loose Bowel Carpel tunnel syndrome Smoking (#/day ) Movements Menstrual Irregularities Nervousness Irritated Bowel Other: Poor Appetite Pains in heart/chest Excessive Urination Indigestion Are you pregnant?

Excessive Urination Indigestion
Grinding of Teeth Insomnia
Fatique

## Place an X beside any areas below that you would like improvement in:

Ability to reach ideal Negative self-talk, self-Increase learning sabotage weight ability Belief in ability to Personal magnetism Beneficial, achieve goals Strengthen memory/ relationships Ability to relax concentration Prosperity (attract Ability to use dreams Breaking old habits what you choose) as mental tool for Release negative Attitude and skills at problem solving events work Eliminate Self-Esteem Ability to align body/ procrastination mind for self-healing Youthful Vitality Ability to take action

Below, please describe what you would like to accomplish with these treatments?