



# Elevation Dance & Performing Arts

## CLASS SCHEDULE FALL 2025

| TIME    | MONDAY                                                         | TUESDAY                                 | WEDNESDAY                                                     | THURSDAY                        | FRIDAY                      |
|---------|----------------------------------------------------------------|-----------------------------------------|---------------------------------------------------------------|---------------------------------|-----------------------------|
| 3:00 PM |                                                                |                                         | <small>NEW</small><br>PETITE BALLET/TAP *<br>(Ages 3-6)<br>MM |                                 |                             |
| 3:30 PM |                                                                | BALLET IV - POINTE **<br>(90 min)<br>MM |                                                               | BALLET I-II **<br>MM            |                             |
| 4:00 PM | <small>-NEW-</small><br>PETITE ACRO/JAZZ *<br>(Ages 3-6)<br>MM | HIP HOP I *<br>LS                       | HIP HOP II **<br>MM                                           |                                 | TAP III ***<br>MM           |
| 4:30 PM |                                                                |                                         |                                                               | BALLET III **<br>(90 min)<br>MM |                             |
|         |                                                                |                                         |                                                               | LYRICAL I *<br>SM               |                             |
| 5:00 PM |                                                                | LYRICAL II **<br>(Ages 11+)<br>IA       | MUSICAL THEATER **<br>(Ages 8+)<br>MM                         |                                 | JAZZ III ***<br>MM          |
|         |                                                                | TAP / JAZZ I-II *<br>LS                 |                                                               |                                 |                             |
| 6:00 PM |                                                                |                                         | ADULT INT TAP **<br>JB                                        |                                 | ACRO ***<br>(Ages 9+)<br>MM |
| 7:00 PM |                                                                |                                         | ADULT BEG BALLET **<br>MM                                     |                                 |                             |

### Staff

Meghan McDowell \*MM  
 Julia Bender \*JB  
 Isabella Applegate \*IA  
 Lauryn Sandoval \*LS  
 Sarah Michelsen \*SM

\* Club Room

\*\* Jr. Ballroom

\*\*\* Main Ballroom

\* all classes are 60 minutes unless specified