



Elevation Dance & Performing Arts

CLASS SCHEDULE FALL 2025

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:00 PM			-NEW- PETITE BALLET/TAP * (Ages 3-6) MM		
3:30 PM		BALLET IV - POINTE ** (90 min) MM		BALLET I-II ** MM	
4:00 PM	-NEW- PETITE ACRO/JAZZ * (Ages 3-6) MM	TAP / JAZZ I - II * LS	HIP HOP II ** MM		TAP III *** MM
4:30 PM				BALLET III ** (90 min) MM	
				LYRICAL I * SM	
5:00 PM		LYRICAL II ** (Ages 11+) IA	MUSICAL THEATER ** (Ages 8+) MM		JAZZ III *** MM
		HIP HOP I * LS			
6:00 PM		-NEW- ADULT BEG BALLET ** LS	ADULT INT TAP ** JB		ACRO *** (Ages 9+) MM
7:00 PM					

Staff

Meghan McDowell *MM
 Julia Bender *JB
 Isabella Applegate *IA
 Lauryn Sandoval *LS
 Sarah Michelsen *SM

* Club Room

** Jr. Ballroom

*** Main Ballroom

* all classes are 60 minutes unless specified