



Elevation Dance & Performing Arts

CLASS SCHEDULE SPRING 2026

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:00 PM			-NEW- PETITE BALLET/TAP * (Ages 3-6) MM		
3:30 PM		BALLET IV - POINTE ** (90 min) MM			
4:00 PM	-NEW- PETITE ACRO/JAZZ * (Ages 3-6) MM	HIP HOP I * LS	HIP HOP II ** MM (Ages 11-18)	BALLET I-II ** MM	TAP III *** MM
5:00 PM		LYRICAL II ** IA (Ages 11-18)	MUSICAL THEATER ** (Ages 8-18) MM	LYRICAL I * MM	JAZZ III *** MM
		TAP / JAZZ I-II * LS			
6:00 PM			ADULT INT TAP ** MM		ACRO *** (Ages 9+) MM
7:00 PM			ADULT BEG BALLET ** MM		

Teaching Staff
 Meghan McDowell *MM
 Isabella Applegate *IA
 Lauryn Sandoval *LS

* Club Room
 ** Jr. Ballroom
 *** Main Ballroom

* all classes are 60 minutes unless specified