



CANNA-VEDA

*INTEGRATING AYURVEDIC MEDICINE with the
WISDOM OF CANNABIS*

UNDERSTANDING THC, CBD, CBG, & TERPENES

Presented by Joanna Matson-Tandberg,

Certified Cannabis Clinician; Pace Provider Ayurvedic practitioner, AWC; Ayurvedic Raja
& Hatha Yoga instructor, 1000 hours

OVERVIEW & PURPOSE

To inform and inspire health care professionals to explore a powerful agent of healing that has been suppressed from public understanding for almost 100 years.

To teach about the human Endo-cannabinoid system which regulates all other bodily systems, including the immune system, so that healthcare practitioners have the confidence to discuss and successfully recommend cannabis as a supplemental therapy to integrate with an Ayurvedic, Naturopathic, Allopathic, Massage or other health and wellness protocol.

EDUCATION STANDARDS

1. Ayurvedic Overview of the Doshas, Gunas and Daily Routines
2. EndoCannabinoid Overview and Explanation
3. Therapeutic Use of Cannabis both internally and externally

OBJECTIVES

1. To educate and inspire therapists, counselors and practitioners of the importance of including cannabis therapies in all of their client protocols.
2. To give them the confidence to explore this topic and to share and teach what they learn.
3. To offer a powerful healing tool for all types of healer for their own personal needs, and that of their clients and patients.

TOPICS

OVERVIEW OF THE TRAINING

1. History Cannabis Sattiva as a medicine
2. Understanding of Cannabis through the lens of Ayurveda
3. Piercing the Veil: History of Prohibition and global anti-cannabis Propaganda
4. Endocannabinoid System and Functions within the human body
5. Terpenes, Cannabinoids, and the chemistry of cultivars and essential oils
6. Treating disease and disorders with Cannabis and Ayurveda
7. Dosage and Risk factors

ACTIVITY

During this 7 day CannaVeda Yoga retreat, participants will be fully immersed, both experientially and through books, handouts and lectures, of the importance of integrating cannabis conversations and therapies into the many different healing modalities available - Ayurveda, Chinese Medicine, Massage, Naturopathy, Herbalism, Nutrition, etc.

CREDIT

16 total hours of Credit