

Adventure Clubs Camp Packing List

Editable family car-camping checklist with hot/sunny and cold/rainy weather sections.



Adventure Guide Essentials

Pack	Item	Qty	Notes
☐	Trip plan / itinerary and emergency contacts		
☐	Printed map + offline map downloaded to phone		
☐	Compass or GPS device		
☐	First-aid kit sized for the group		
☐	Headlamp for each person + spare batteries		
☐	Whistle for each child		
☐	Multi-tool		
☐	Repair kit: duct tape, cord, zip ties, patch kit		
☐	Power bank + charging cables		
☐	Weather radio or satellite communicator for remote areas		
☐	Sunscreen, SPF lip balm, insect repellent		
☐	Small notebook + pencil		
☐	Trash bags / Leave No Trace bags		

Camp Shelter & Sleep

Pack	Item	Qty	Notes
☐	Family tent + footprint / groundsheet		
☐	Tent stakes + mallet		
☐	Rainfly		
☐	Cots		
☐	Sleeping bag for each camper		
☐	Sleeping pad / air mattress for each camper		
☐	Pillows		
☐	Extra blankets for cold nights		
☐	Camp chairs		
☐	Tarp or shade shelter + poles / guylines		
☐	Doormat or small ground mat		

Clothing - Adult & Kids

Pack	Item	Qty	Notes
☐	Moisture-wicking shirts		
☐	T-shirts		
☐	Pants		
☐	Branded Apparel		
☐	Vests		
☐	Hiking pants / shorts		
☐	Warm fleece or insulated layer		
☐	Rain jacket / shell		
☐	Underwear + extra socks		
☐	Sleepwear		
☐	Hiking shoes / boots		
☐	Camp shoes / sandals		
☐	Sun hats		
☐	Warm hats + gloves if temperatures may drop		
☐	Swimsuits / water shoes if needed		
☐	One complete spare outfit per child in a dry bag		

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Camp Kitchen & Food

Pack	Item	Qty	Notes
☐	Camp stove + fuel		
☐	Lighter + waterproof matches		
☐	Cook pot / skillet		
☐	Kettle or coffee setup		
☐	Plates / bowls / cups		
☐	Forks / spoons / kid utensils		
☐	Sharp kitchen knife + cutting board		
☐	Can opener / bottle opener		
☐	Cooler + ice / ice packs		
☐	Water jugs / containers		
☐	Reusable water bottle for each person		
☐	Meals + easy kid-friendly snacks		
☐	Coffee / tea / cocoa		
☐	Cooking oil, salt, seasonings		
☐	Paper towels / camp towel		
☐	Biodegradable soap + sponge		
☐	Wash basin / collapsible tub		
☐	Food storage bins		
☐	Bear-safe food storage where required		
☐	Dutch Oven		
☐	Coffee Mug		

Comfort & Kids' Gear

Pack	Item	Qty	Notes
☐	Child-size daypacks		
☐	Favorite comfort item / stuffed animal		
☐	Books, cards, travel games		
☐	Nature journal + crayons / pencils		
☐	Binoculars		
☐	Glow sticks or camp lantern for supervised use		
☐	Kid-size sunglasses		
☐	Extra snacks within easy reach		
☐	Wet wipes		
☐	Small towel		
☐	Car activities for the drive		
☐	Optional: bikes / scooters + helmets		
☐	Beach Towel		

Safety

Pack	Item	Qty	Notes
☐	Check campground rules, fire restrictions, and weather before departure		
☐	Fire extinguisher or fire blanket		
☐	Bucket for extinguishing campfires where fires are allowed		
☐	Emergency water + extra food		
☐	Emergency blankets		
☐	Backup car key		
☐	Reflective vest		
☐	Local ranger / campground contact information		
☐	Appropriate wildlife precautions for the area		

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Hygiene & Personal Care

Pack	Item	Qty	Notes
☐	Toothbrushes + toothpaste		
☐	Hand sanitizer		
☐	Toilet paper		
☐	Trowel if dispersed camping		
☐	Camp toilet / waste bags if required		
☐	Wet wipes		
☐	Quick-dry towels		
☐	Soap / shampoo as needed		
☐	Personal medications		
☐	Basic toiletries		
☐	Feminine hygiene products if applicable		
☐	Eye Glasses		

Car & Campsite Setup

Pack	Item	Qty	Notes
☐	Full tank of fuel / EV charging plan		
☐	Spare tire + jack + lug wrench		
☐	Tire pressure gauge		
☐	Jumper cables or jump pack		
☐	Basic vehicle tool kit		
☐	Tow strap		
☐	Windshield washer fluid		
☐	Camp table		
☐	Lantern + extra batteries		
☐	Extension cord / adapter for powered sites if needed		
☐	Clothesline + clips		
☐	Storage totes		
☐	Small broom / dustpan		

Sun & Hot Weather

Pack	Item	Qty	Notes
☐	UPF sun shirts / lightweight long sleeves		
☐	Wide-brim sun hats for father and kids		
☐	Sunglasses with UV protection		
☐	Broad-spectrum SPF 30+ sunscreen		
☐	SPF lip balm		
☐	Extra drinking water beyond normal supply		
☐	Electrolyte drink mix / electrolyte snacks		
☐	Insulated water bottles		
☐	Shade canopy / tarp		
☐	Cooling towels or bandanas		
☐	Lightweight breathable clothing		
☐	Portable battery fan		
☐	After-sun lotion / aloe		
☐	Sunshade for parked vehicle		
☐	Plan strenuous activities for cooler morning/evening hours		

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Cold & Rainy Weather

Pack	Item	Qty	Notes
☐	Waterproof rain jacket for each camper		
☐	Waterproof rain pants		
☐	Warm base layers		
☐	Fleece / insulated mid-layers		
☐	Warm hat / beanie		
☐	Water-resistant gloves		
☐	Extra warm socks		
☐	Waterproof hiking boots / shoes		
☐	Gaiters if conditions are very wet or muddy		
☐	Pack covers / waterproof dry bags		
☐	Extra tarp for covered cooking / gathering area		
☐	Tent seam sealer / repair supplies		
☐	Extra blankets or insulated camp quilt		
☐	Tent heater (only if manufacturer-approved for tent use; follow ventilation and clearance instructions)		
☐	Hand warmers		
☐	Thermos for warm drinks		
☐	Extra towels / absorbent camp cloths		
☐	Plastic bags for wet or muddy clothing		
☐	Cold-weather sleeping bags appropriate to forecast lows		
☐	Long Underwear		

Optional Adventure Gear

Pack	Item	Qty	Notes
☐	Hiking poles		
☐	Fishing gear + licenses		
☐	Paddling gear + properly fitted PFDs		
☐	Climbing / technical gear appropriate to the activity		
☐	Camera		
☐	Star chart / stargazing app		
☐	Hammock		
☐	Field guides for plants, birds, or wildlife		
☐	Above Ground or Propane Fire Pit		

Before You Leave Home

Pack	Item	Qty	Notes
☐	Share itinerary with a trusted person		
☐	Confirm campsite reservation / permit		
☐	Check road and trail conditions		
☐	Check fire restrictions		
☐	Check forecast and overnight lows		
☐	Download maps and entertainment for offline use		
☐	Charge phones, lights, and battery packs		
☐	Pre-cool the cooler		
☐	Pack food securely		
☐	Do a final headcount and gear check		
☐	Get Campfire Permit		

Website note: Adapt this checklist to the destination, season, forecast, campsite rules, children's ages, and planned activities.