







Wilderness Survival Skills

Learn how to survive an "unplanned" stay in the wilderness

June 5th 2025 (Thursday) 7:00PM to 8:30PM Location: The Desert Rat 172 N. Bluff St, St. George.

Free 90 minute program

Sponsored by The Desert Rat

Some of the topics & skills we cover during this program:

- How survival situations can occur
- Priorities in a survival situation
- How to address each priority
- Brief discussion of Wilderness First Aid
- Heat and Cold related issues, signs & symptoms
- Personal Shelter Systems (we cover a variety of shelter systems)
- Emergency Shelter set-up's
- Fire making methods
- Methods of signaling for rescue / How to aid Search and Rescue in finding your location
- Finding water and making it safe to drink
- Emergency Navigation Direction Finding
- How to build an organized, complete and comprehensive Wilderness Survival Kit
- The "10 Essentials" incorporated into a Wilderness Survival Kit
- We cover several important skills that you will find extremely useful for all your "outdoor" adventures
- While we touch on "Primitive Skills", our focus is on modern survival methods using gear that you can easily learn to use and can be found at your local backpacking store or on-line.

Presenter: Keith Farrar, has taught wilderness survival, outdoor skills and primitive skills to National Park Service and California State Park volunteers and employees for the past 15 years. Keith also has taught First Aid/CPR and BLS for the American Heart Association as well as Stop the Bleed and the California Epinephrine Auto-Injector program.